

# Woodie's DIY / AAI Track & Field League Final

Tullamore Harriers Stadium 20th August 2011

## 100 m - Men Division One

Wind : +2.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	28	O'Donoghue, Jer	Riocht A.C.			10.88
2	52	Elliot, Kieran	Sligo A.C.			11.21
3	27	Doherty, Keith	Tallaght A.C.			11.33
4	25	Lynch, Cormac	Clare County			11.39
5	51	Whyte, Darragh	Galway City Harriers A.C.			11.40
6	26	Lynch, Patrick	Tipperary County			11.77
7	53	Sheridan, Ian	Olympian Y.A.C.			11.89
	54	Eniff, Basit	Kildare County			

## 200 m - Men Division One

Wind : +0.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	Kervick, Dara	Tipperary County			21.61
2	52	Elliot, Kieran	Sligo A.C.			22.52
3	54	Mc Carthy, David	Kildare County			22.56
4	53	Coyle, John	Olympian Y.A.C.			22.94
5	51	Whyte, Darragh	Galway City Harriers A.C.			23.04
6	25	Lynch, Cormac	Clare County			23.04
7	28	Mc Cabe, Ciaran	Riocht A.C.			23.25
8	27	Morris, Sean	Tallaght A.C.			23.57

## 400 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	54	Mc Carthy, David	Kildare County			49.06
2	51	Kelly, Roman	Galway City Harriers A.C.			51.29
3	25	Boland, Mark	Clare County			52.19
4	27	Healy, Eddie	Tallaght A.C.			52.71
5	53	Deery, Shaun	Olympian Y.A.C.			58.88
	26	Kervick, Dara	Tipperary County			DNS
	28	Cremin, Ger	Riocht A.C.			DNS
	52	Carroll, Tommy	Sligo A.C.			DNS

## 800 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	52	Carroll, Tommy	Sligo A.C.			1.55.87
2	27	Kutjavin, Artjom	Tallaght A.C.			1.56.55
3	25	Keane, Michael	Clare County			1.59.50
4	51	Costello, Eddie	Galway City Harriers A.C.			2.02.18
5	26	Maher, James	Tipperary County			2.06.72
6	54	Murphy, Eoin	Kildare County			2.13.63
7	53	Deery, Shaun	Olympian Y.A.C.			2.21.40
	28	O'Connor, Joe	Riocht A.C.			DNS

## 1500 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	52	Carroll, Tommy	Sligo A.C.			3.55.40
2	27	Fitzpatrick, Thomas	Tallaght A.C.			3.55.87
3	25	Fahy, Jason	Clare County			3.58.05
4	51	Fallon, Keith	Galway City Harriers A.C.			3.59.77
5	26	Hughes, William	Tipperary County			4.17.43
6	54	Smyth, Andrew	Kildare County			4.18.60
7	53	Dunlop, Martin	Olympian Y.A.C.			4.41.64
	28	O'Connor, Tim	Riocht A.C.			DNS

## 5000 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	27	Connolly, Sean	Tallaght A.C.			15.16.51
2	51	Bidwell, Matt	Galway City Harriers A.C.			15.26.61
3	52	Kelly, David	Sligo A.C.			15.56.72
4	25	Murphy, Brian	Clare County			16.03.46
5	28	O'Callaghan, Donal	Riocht A.C.			16.12.89
6	54	Roche, Patrick	Kildare County			16.81.66
	26	Murphy, Brian	Tipperary County			DNS
	53	ANother, O	Olympian Y.A.C.			DNS

## 110 m Hurdles - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	28	Cremin, Ger	Riocht A.C.			16.71
2	27	Curran, Patrick	Tallaght A.C.			16.82
3	53	Sheridan, Ian	Olympian Y.A.C.			18.48
4	51	Hebron, Anthony	Galway City Harriers A.C.			19.54
5	25	Courtney, David	Clare County			20.18
6	52	Mc Glynn, Kevin	Sligo A.C.			21.12
	54	Allen, Luke	Kildare County			DNS
	26	Carey, Michael	Tipperary County			DNS

#### 400 m Hurdles - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	52	Mc Dermott, Dermot	Sligo A.C.			58.51
2	51	Hebron, Anthony	Galway City Harriers A.C.			59.98
3	27	Curran, Patrick	Tallaght A.C.			59.40
4	53	Bradley, Ciaran	Olympian Y.A.C.			62.70
5	25	Chasser, Rory	Clare County			62.98
	28	Cremin, Ger	Riocht A.C.			DNS
	54	Griffin, Jamie	Kildare County			DNS
	26	ANother,	Tipperary County			DNS

#### 3000 m Steeplechase - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	27	Fitzpatrick, Thomas	Tallaght A.C.			9:41.18
2	25	Mc Ginley, Brian	Clare County			9:53.94
3	52	O'Connor, Killian	Sligo A.C.			10:05.01
4	54	Burke, Conor	Kildare County			10:20.94
5	28	O'Connor, Joe	Riocht A.C.			10:24.51
6	51	Kelly, Alan	Galway City Harriers A.C.			10:37.80
7	26	Carey, Michael	Tipperary County			11:09.21
	53	Dunlop, Martin	Olympian Y.A.C.			DNS

#### 3000 m Walk - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	Lynch, Evan	Tipperary County			13:53.53
2	54	King, Bobby	Kildare County			15:15.50
	25	ANother,	Clare County			DNS
	27	Pointin, Declan	Tallaght A.C.			DNS
	28	Brosnan, Seamus	Riocht A.C.			DNS
	51	ANother,	Galway City Harriers A.C.			DNS
	52	Boal, Conal	Sligo A.C.			DNS
	53	Quinn, Brendan	Olympian Y.A.C.			DNS

#### High Jump - Men Division One

Place	No	Name	Club	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85
1	51	Muntean, Igor	Galway CH	-	-	-	-	-	-	-	-	O	O	O	XO
2	27	Morris, Killian	Tallaght A.C.	-	-	-	-	-	O	O	O	XO	O	O	XXX
3	26	O'Dwyer, Shane	Tipperary County	-	-	-	-	-	-	O	-	XO	XO	O	XXX
4	28	Mc Cabe, Ciaran	Riocht A.C.	-	-	-	-O	O	O	O	O	XX-			
5	53	Bradley, Ciaran	Olympian Y.A.C.	-	-	O	O	O	O	XO	XXX				
6	25	Boland, Mark	Clare County	-	-	O	O	O	XO	-					
7	52	Somers, Seamus	Sligo A.C.	O	O	O	O	XXO	XXX						
8	54	Griffin, Jamie	Kildare County	O	O	O	XXX								

#### Long Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	53	Coyle, John	Olympian Y.A.C.	6.15	6.14	6.43	6.24			6.43
				+3.4	+2.6	+0.0	+1.2			+0.0
2	54	Mc Carthy, David	Kildare County	5.94	6.01	6.26	5.18			6.26
				+2.5	+1.7	+2.8	+3.7			+2.8
3	26	O'Dwyer, Shane	Tipperary County	6.06	-	6.13	-			6.13
				+1.1		+2.6				+2.6
4	28	Griffin, Thomas	Riocht A.C.	6.07	5.94	6.07	5.78			6.07
				+1.6	+1.2	+1.6	+2.2			+1.6
5	27	Doherty, Keith	Tallaght A.C.	6.07	X	X	5.93			6.07
				+2.3			+1.4			+2.3
6	25	Bulman, Lunga	Clare County	X	5.96	5.70	6.04			6.04
					+1.8	+3.4	+2.5			+2.5
7	52	Bourke, Colm	Sligo A.C.	5.87	X	X	X			5.87
				+1.6						+1.6
0	51	Dooley, Kevin	Galway City Harriers A.C.							

## Triple Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	26	Prout, Shane	Tipperary County	13.33	13.10	13.04	X			13.33
				+2.5	+1.5	+2.1				+2.5
2	51	Muntean, Igor	Galway City Harriers A.C.	12.32	12.17	12.34	12.75			12.75
				+0.8	+2.3	+0.8	+2.0			+2.0
3	53	Sheridan, Ian	Olympian Y.A.C.	11.52	11.31	11.56	11.47			11.56
				+1.0	+2.7	+3.7	+2.8			+3.7
4	52	Murtagh, Aaron	Sligo A.C.	10.84	X	X	11.10			11.10
				+1.7			+0.0			+0.0
5	54	Griffin, Jamie	Kildare County	X	10.06	10.88	10.92			10.92
					+1.0	+1.6	+0.3			+0.3
6	25	Courtney, David	Clare County	9.40	9.77	9.50	X			9.77
				+0.5	+0.3	+1.0				+0.3
7	27	Uchenna, Uwechue	Tallaght A.C.	9.65	-	-	-			9.65
				+0.3						+0.3
0	28	Reidy, Thomas	Riocht A.C.							

## Pole Vault - Men Division One

Place	No	Name	Club	2.00	2.20	2.40	2.60	2.80	0.00	
1	27	Curran, Patrick	Tallaght A.C.	-	-	O	-	-	O	
2	25	Courtney, David	Clare County	O	O	XO	-	XXX		
3	28	Mc Carthy, Daniel	Riocht A.C.	O	O	XXO	XXX			
	26	ANother,	Tipperary County							
	51	ANother,	Galway City Harriers A.C.							
	52	Somers, Seamus	Sligo A.C.							
	54	ANother,	Kildare County							
	53	Coyle, John	Olympian Y.A.C.	XXX						

## Shot Putt - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	27	Gassowski, Michael	Tallaght A.C.	12.52	13.03	12.56	13.11			13.11
2	25	Cleary, Eamon	Clare County	10.06	-	10.08	10.19			10.19
3	53	Quinn, Brendan	Olympian Y.A.C.	9.56	-	9.49	8.49			9.56
4	28	Mc Cabe, Ciaran	Riocht A.C.	8.48	-	-	-			8.48
5	52	Reynolds, Stephen	Sligo A.C.	-	8.23	8.21	7.94			8.23
6	54	Kenny, Michael	Kildare County	-	-	7.74	8.18			8.18
7	51	Glynn, Brendan	Galway City Harriers A.C.	6.20	6.75	6.57	6.79			6.79
0	26	O'Dwyer, Tadhg	Tipperary County							

## Discus - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	27	Gassowski, Michael	Tallaght A.C.	31.19	31.41	31.93	35.76			35.76
2	54	Kenny, Michael	Kildare County	-	31.96	29.76	28.61			31.96
3	25	Cleary, Eamon	Clare County	29.63	-	28.77	28.75			29.63
4	53	Barlow, Lee	Olympian Y.A.C.	-	22.80	27.60	26.80			27.60
5	28	Cremin, Ger	Riocht A.C.	24.98	-	24.31	23.71			24.98
0	51	Breathnach, Sean	Galway City Harriers A.C.							
0	52	Reynolds, Stephen	Sligo A.C.							
0	26	Mullins, Jason	Tipperary County							

## Javelin - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	51	Breathnach, Sean	Galway City Harriers A.C.	45.04	49.81	47.59	47.61			49.81
2	25	Bulman, Lunga	Clare County	-	46.32	-	-			46.32
3	53	Barlow, Lee	Olympian Y.A.C.	-	42.59	41.31	-			42.59
4	27	Morris, Sean	Tallaght A.C.	31.82	36.32	34.54	-			36.32
5	28	Cahill, Stephen	Riocht A.C.	31.15	32.23	31.36	-			32.23
6	26	Prout, Shane	Tipperary County	28.89	31.37	27.23	25.10			31.37
7	52	O'Connor, Killian	Sligo A.C.	14.32	-	17.00	15.31			17.00
0	54	Moore, Eoin	Kildare County							

## Hammer - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	52	Reynolds, Stephen	Sligo A.C.	39.90	-	-	38.03			39.90
2	28	Hand, Shane	Riocht A.C.	33.23	-	36.79	36.16			36.79
3	27	O'Donoghue, Killian	Tallaght A.C.	-	29.93	-	29.19			29.93
4	53	Quinn, Brendan	Olympian Y.A.C.	18.56	21.94	21.72	23.29			23.29
5	54	Kenny, Mick	Kildare County	16.86	18.43	18.00	18.84			18.84
0	51	ANother,	Galway City Harriers A.C.							
0	25	ANother,	Clare County							
0	26	ANother,	Tipperary County							

## 56lb Distance - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	51	Breathnach, Sean	Galway City Harriers A.C.	7.86	8.18	X	X			8.18
2	28	Hand, Shane	Riocht A.C.	-	4.99	4.48	5.48			5.48

3	54	Kenny, Mick	Kildare County	4.63	4.16	4.65	4.66	4.66
4	53	O'Donnell, Martin	Olympian Y.A.C.	3.92	4.31	4.07	4.26	4.31
0	52	Gallagher, Joseph	Sligo A.C.					
0	25	ANother,	Clare County					
0	26	O'Dwyer, Tadgh	Tipperary County					
0	27	O'Donoghue, Killian	Tallaght A.C.					

#### 4 x 100 m - Men Division One

Place	Club	Team	Time
1	Riocht A.C.	Cremin, Ger Griffin, Thomas Mc Cabe, Ciaran O'Donoghue, Ger	44.35
2	Tipperary County	Kervick, Dara Lynch, Patrick O'Dwyer, Shane Prout, Shane	44.55
3	Tallaght A.C.	Casey, Alan Doherty, Keith Mc Cabe, Sean Morris, Sean	45.44
4	Olympian Y.A.C.	Coyle, John O'Donnell, Martin O'Donnell, Patrick Sheridan, Ian	45.71
5	Galway City Harriers A.C.	Dobey, Ronan Kelly, Ronan Kyne, Sean Whyte, Darragh	46.01
6	Sligo A.C.	Bourke, David Elliot, Kieran Mc Dermott, Dermot Mc Glynn, Kevin	46.26
7	Kildare County	Brady, Paul Eniff, Basit Mc Carthy, David	49.29
	Clare County	Boland, Mark Flynn, William Lynch, Cormac Lynch, Darragh	DNS

#### 100 m - Women Division One

Wind : +0.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Kilduff, Sharon	Clonliffe Harriers A.C.			12.51
2	22	Devlin, Mary	City of Derry			12.80
3	17	Dwyer, Victoria	Raheny Shamrock A.C.			13.04
4	21	Brennan, Katie	St. Abbans A.C.			13.23
5	20	Lynch, Eimear	Tipperary County			13.44
6	24	Wall, Triona	West Waterford A.C.			16.19
	18	Wickham, Denise	Wexford County			DNS
	23	Burns, Emily	Sligo A.C.			DNS

#### 200 m - Women Division One

Wind : +2.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Kilduff, Sharon	Clonliffe Harriers A.C.			25.39
2	21	Millet, Nessa	St. Abbans A.C.			25.97
3	17	Drumgoole, Aisling	Raheny Shamrock A.C.			26.25
4	20	Lynch, Eimear	Tipperary County			27.24
5	22	Doogherty, Claire	City of Derry			27.97
6	18	Wickham, Denise	Wexford County			30.69
7	24	Wall, Triona	West Waterford A.C.			32.90
	23	Mc Hugh, Rianne	Sligo A.C.			DNS

## 400 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Mc Callion, Ciara	Clonliffe Harriers A.C.			55.58
2	17	Eviston, Siobhan	Raheny Shamrock A.C.			56.12
3	18	Furney, Orla	Wexford County			61.61
4	21	O'Gorman, Sinead	St. Abbans A.C.			62.86
5	22	O'Brien, Jenni	City of Derry			63.82
6	20	Grace, Mary Margaret	Tipperary County			65.97
7	24	Norris, Kaylee	West Waterford A.C.			73.38
	23	Kilgallon, Rachel	Sligo A.C.			DNS

## 800 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	Eviston, Siobhan	Raheny Shamrock A.C.			2.12.60
2	19	Alexander, Eleanor	Clonliffe Harriers A.C.			2.13.92
3	23	Kilgallon, Rachel	Sligo A.C.			2.21.16
4	22	Mc Daid, Amy	City of Derry			2.24.47
5	21	Kelly, Sinead	St. Abbans A.C.			2.34.10
6	18	Nic Aogain, Shauna	Wexford County			2.35.99
7	20	Stanley, Cheryl	Tipperary County			2.37.11
8	24	Wall, Norma	West Waterford A.C.			2.78.69

## 1500 m - Women Division One

Wind :

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	O'Donnell, Isseult	Raheny Shamrock A.C.			4.51.47
2	19	Mc Ginley, Orna	Clonliffe Harriers A.C.			4.55.75
3	20	Carragher, Alvy	Tipperary County			4.57.08
4	21	Brennan, Ailish	St. Abbans A.C.			5.14.89
5	24	Wall, Norma	West Waterford A.C.			5.16.15
6	22	Mc Ginley, Jackie	City of Derry			5.21.95
7	18	Nic Aogain, Shauna	Wexford County			5.42.42
	23	Hodgins, Shannon	Sligo A.C.			DNS

## 3000 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Reilly, Louise	Clonliffe Harriers A.C.			10.04.43
2	17	Roche, Fiona	Raheny Shamrock A.C.			10.09.38
3	24	Veale, Kate	West Waterford A.C.			10.20.92
4	22	Campbell, Marina	City of Derry			10.42.52
5	20	Carragher, Alvy	Tipperary County			10.45.94
6	21	Brennan, Ailish	St. Abbans A.C.			12.01.12
	18	Higgins, Jenny	Wexford County			DNF
	23	Reddin, Anna	Sligo A.C.			DNS

## 100 m Hurdles - Women Division One

Wind : +2.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	24	Houlihan, Lisa	West Waterford A.C.			15.52
2	17	Brown, Zoe	Raheny Shamrock A.C.			16.18
3	19	Begley, Elaine	Clonliffe Harriers A.C.			16.19
4	20	Kennedy, Colleen	Tipperary County			16.27
5	22	Mc Cay, Emma	City of Derry			16.42
6	18	Moloney, Sinead	Wexford County			17.45
7	23	Mulvanney, Louise	Sligo A.C.			18.11
	21	Miller, Alison	St. Abbans A.C.			DNS

## 400 m Hurdles - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Millet, Nessa	St. Abbans A.C.			63.71
2	19	Woods, Sarah	Clonliffe Harriers A.C.			65.62
3	18	Furney, Orla	Wexford County			68.33
4	22	Mc Cay, Emma	City of Derry			70.33
5	17	Bernard, Louise	Raheny Shamrock A.C.			70.50
6	23	Mulvanney, Louise	Sligo A.C.			72.60
7	20	Trehy, Hannah	Tipperary County			75.37
8	24	Collins, Claire	West Waterford A.C.			86.63

## 1500 m Walk - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	24	Veale, Kate	West Waterford A.C.	6.49.61
2	18	Mooney, Marie	Wexford County	7.38.51
3	20	Hennessy, Siobhan	Tipperary County	8.44.45
4	19	Bechtina, Snezana	Clonliffe Harriers A.C.	9.45.20
5	17	Flynn, Kayla	Raheny Shamrock A.C.	9.57.67
	22	A'Nother,	City of Derry	DNS
	23	Mullen, Marie	Sligo A.C.	DQ

#### High Jump - Women Division One

Place	No	Name	Club	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60
1	24	Collins, Claire	West Waterford A.C.	-	-	-	-	O	O	O	XXX
2	22	Doougherty, Claire	City of Derry	-	-	-	-	-	O	XXO	XXX
3	20	Bartley, Aoife	Tipperary County	-	-	O	O	O	XO	XXX	
4	17	Dwyer, Victoria	Raheny Shamrock A.C.	-	-	-	-	O	XXX		
5	21	Buggy, Saragh	St. Abbans A.C.	-	O	O	XO	XO	XXX		
6	18	Corcoran, Catherina	Wexford County	-	-	XO	XO	XO	XXX		
7	19	Mc Ginley, Orna	Clonliffe Harriers A.C.	O	XO	XO	XXX				
	23	Ruane, Aileen	Sligo A.C.								

#### Long Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	22	Devlin, Mary	City of Derry	5.49	5.56	5.46	5.49			5.56
2	21	Millet, Nessa	St. Abbans A.C.	5.00	X	5.33	-			5.33
3	20	Bartley, Aoife	Tipperary County	X	5.14	4.86	X			5.14
4	19	Bechtina, Snezana	Clonliffe Harriers A.C.	X	4.70	4.73	4.61			4.73
5	17	Sheehan, Meave	Raheny Shamrock A.C.	4.34	4.35	4.38	4.01			4.38
6	18	Reville, Francesca	Wexford County	3.78	4.09	4.23	4.20			4.23
7	24	Norris, Kaylee	West Waterford A.C.	3.10	3.08	X	-			3.10
0	23	Burns, Emily	Sligo A.C.							

#### Triple Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	21	Buggy, Saragh	St. Abbans A.C.	11.86	11.80	X	X			11.86
				+2.2	+0.7					+2.2
2	22	Herron, Jamie	City of Derry	10.08	10.28	9.30	10.27			10.28
				+0.7	+2.5	+0.8	+1.6			+2.5
3	24	Houlihan, Lisa	West Waterford A.C.	10.08	10.03	9.41	9.99			10.08
				+0.9	+2.0	+0.5	+1.6			+0.9
4	20	Healy, Lorraine	Tipperary County	X	X	X	9.75			9.75
							+2.1			+2.1
5	17	Doran, Chloe	Raheny Shamrock A.C.	8.94	9.09	9.03	9.71			9.71
				+1.0	+2.9	+0.7	+1.2			+1.2
6	19	Bechtina, Snezana	Clonliffe Harriers A.C.	9.24	X	8.78	8.85			9.24
				+1.3		+0.9	+2.2			+1.3
7	18	Wickham, Denise	Wexford County	8.61	7.99	-	-			8.61
				+1.9	+0.8					+1.9
0	23	Ruane, Aileen	Sligo A.C.							

#### Shot Putt - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	21	Daly, Shauna	St. Abbans A.C.	9.63	10.03	10.50	9.75			10.50
2	20	Ryan, Caitriona	Tipperary County	10.17	10.30	9.37	9.83			10.30
3	17	Buckley, Helen	Raheny Shamrock A.C.	9.20	9.03	9.58	9.32			9.58
4	18	Mc Guinness, Clara	Wexford County	8.79	9.00	8.93	8.97			9.00
5	19	Lidova, Ange	Clonliffe Harriers A.C.	6.82	7.69	8.06	6.64			8.06
6	24	Kenneally, Michelle	West Waterford A.C.	7.44	7.14	7.67	7.37			7.67
7	22	Donnelly, Maggie	City of Derry	7.10	7.18	7.23	7.40			7.40
8	23	Butler, Rianne	Sligo A.C.	5.79	-	-	-			5.79

#### Discus - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	24	Scanlon, Zoe	West Waterford A.C.	38.09	35.83	36.02	34.75			38.09
2	18	Owens, Emma	Wexford County	31.65	31.31	X	32.13			32.13
3	21	Daly, Shauna	St. Abbans A.C.	X	28.34	28.50	28.33			28.50
4	17	Wall, Becky	Raheny Shamrock A.C.	22.40	24.71	21.40	23.65			24.71
5	20	Healy, Sarah	Tipperary County	24.61	24.49	X	X			24.61
6	19	Byrne, Denise	Clonliffe Harriers A.C.	19.56	15.35	18.51	22.21			22.21
7	22	Katelar, Caitlín	City of Derry	20.73	19.75	X	X			20.73
0	23	Kilgallon, Rachel	Sligo A.C.							

#### Javelin - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	19	Byrne, Denise	Clonliffe Harriers A.C.	35.25	X	34.61	X			35.25
2	24	Scanlon, Zoe	West Waterford A.C.	28.67	29.84	31.39	30.36			31.39
3	21	Daly, Emma	St. Abbans A.C.	27.90	30.80	25.03	28.55			30.80
4	17	Buckley, Helen	Raheny Shamrock A.C.	30.06	29.16	27.95	24.14			30.06
5	22	Katelar, Caitlín	City of Derry	24.86	23.57	X	X			24.86
6	18	Mc Guinness, Clara	Wexford County	24.44	23.01	13.37	23.27			24.44

7	20	Morgan, Caroline	Tipperary County	15.44	19.47	X	20.86	20.86
0	23	Butler, Rianne	Sligo A.C.					

#### Hammer - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	22	Donnelly, Maggie	City of Derry	46.19	44.25	45.95	47.18			47.18
2	18	O'Farrell, Charlotte	Wexford County	42.65	46.40	45.90	46.74			46.74
3	21	Daly, Emma	St. Abbans A.C.	34.22	35.28	35.75	34.35			35.75
4	24	Kenneally, Michelle	West Waterford A.C.	33.22	X	X	34.64			34.64
5	20	Ryan, Caitriona	Tipperary County	26.59	-	27.47	25.81			27.47
6	17	Wall, Becky	Raheny Shamrock A.C.	X	X	X	24.88			24.88
7	19	Mansfield, Frances	Clonliffe Harriers A.C.	14.53	14.88	15.24	14.38			15.24
0	23	Hodgins, Shannon	Sligo A.C.							

#### 100 m - Men Premier Div.

Wind : +1.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	1	Kavanagh, Daniel	Clonliffe Harriers A.C.			10.89
2	8	Russell, Christopher	Ferrybank A.C.			10.96
3	7	A. Other	Dundrum South Dublin A.C.			11.01
4	5	Davis, Jamie	Raheny Shamrock A.C.			11.02
5	3	Quilligan, David	Leevale A.C.			11.52
6	2	O'Callaghan, Conal	Kerry Athletics			11.29
7	6	Regan, Barry	St. Abbans A.C.			11.30
8	4	Glass, Peter	North Down A.C.			11.30

#### 200 m - Men Premier Div.

Wind : +2.4

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	8	Russell, Christopher	Ferrybank A.C.			21.69
2	1	O'Connor, Patrick	Clonliffe Harriers A.C.			21.70
3	5	Davis, Jamie	Raheny Shamrock A.C.			22.09
4	4	Reynolds, Ben	North Down A.C.			22.16
5	7	Phelan, Patrick	Dundrum South Dublin A.C.			22.47
6	6	Regan, Barry	St. Abbans A.C.			22.79
7	2	Roche, Dylan	Kerry Athletics			22.93
8	3	Owens, Cathal	Leevale A.C.			23.70

#### 400 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	7	Hogan, Nick	Dundrum South Dublin A.C.			48.43
2	5	Kelly, Kieran	Raheny Shamrock A.C.			49.14
3	1	Mackey, Ciaran	Clonliffe Harriers A.C.			49.54
4	6	Byrne, Paul	St. Abbans A.C.			50.19
5	3	O'Sullivan, Thomas	Leevale A.C.			50.71
6	8	Barr, Thomas	Ferrybank A.C.			50.95
7	2	Lynch, Colm	Kerry Athletics			51.09
8	4	Mellon, Andrew	North Down A.C.			51.48

#### 800 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Kelly, Brian	St. Abbans A.C.			1.54.67
2	5	Kelly, Feidhlim	Raheny Shamrock A.C.			1.55.23
3	8	Tuohy, Niall	Ferrybank A.C.			1.55.46
4	4	Dyer, Mike	North Down A.C.			1.55.84
5	7	Healy, Eoin	Dundrum South Dublin A.C.			1.55.85
6	3	Hanrahan, Mark	Leevale A.C.			1.56.36
7	1	Pierce, Eoin	Clonliffe Harriers A.C.			1.57.01
8	2	O'Sullivan, Jack	Kerry Athletics			1.57.82

#### 1500 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	3	Hanrahan, Mark	Leevale A.C.			3.55.81
2	6	Kelly, Brian	St. Abbans A.C.			3.56.35
3	1	Healy, Conor	Clonliffe Harriers A.C.			3.58.56
4	5	Kirwan, Mark	Raheny Shamrock A.C.			3.59.44
5	8	Tuohy, Niall	Ferrybank A.C.			4.02.44
6	7	O'Neill, Breandan	Dundrum South Dublin A.C.			4.02.96
7	4	Budde, James	North Down A.C.			4.03.62
8	2	Murphy, Cian	Kerry Athletics			4.14.08

#### 5000 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	1	Kenneally, Mark	Clonliffe Harriers A.C.	15.02.88
2	7	Sweeney, Joseph	Dundrum South Dublin A.C.	15.11.43
3	5	Dooney, Kevin	Raheny Shamrock A.C.	15.19.16
4	4	Brown, Robin	North Down A.C.	15.31.85
5	8	Connick, Andrew	Ferrybank A.C.	15.35.61
6	3	Maunsell, Thomas	Leevale A.C.	15.35.63
7	2	Murphy, Ed	Kerry Athletics	15.44.43
8	6	Nolan, James	St. Abbans A.C.	17.49.40

#### 110 m Hurdles - Men Premier Div.

Wind : +1.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	4	Reynolds, Ben	North Down A.C.			13.98
2	5	O'Cathain, Ciaran	Raheny Shamrock A.C.			15.20
3	3	O'Halloran, Edmond	Leevale A.C.			15.61
4	1	Fagan, John	Clonliffe Harriers A.C.			15.66
5	6	Kelly, Eoin	St. Abbans A.C.			15.78
6	2	Dennesen, Ben	Kerry Athletics			18.72
7	7	Byrne, Kevin	Dundrum South Dublin A.C.			20.43
	8	Archer, Sean	Ferrybank A.C.			DNS

#### 400 m Hurdles - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	8	Barr, Thomas	Ferrybank A.C.			52.21
2	6	Byrne, Paul	St. Abbans A.C.			52.38
3	1	Fagan, John	Clonliffe Harriers A.C.			54.37
4	7	Kidd, Andrew	Dundrum South Dublin A.C.			57.55
5	4	Elliott, Kenny	North Down A.C.			57.76
6	3	O'Halloran, Edmond	Leevale A.C.			58.18
7	2	Courtney, Eoghan	Kerry Athletics			59.53
8	5	Kelly, Feidhlim	Raheny Shamrock A.C.			60.74

#### 3000 m Steeplechase - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	5	Kirwan, Mark	Raheny Shamrock A.C.			9.25.42
2	1	Flynn, David	Clonliffe Harriers A.C.			9.32.91
3	7	Corbally, Robert	Dundrum South Dublin A.C.			98.41.08
4	6	Lawlor, Stephen	St. Abbans A.C.			10.00.64
5	8	Flynn, Alex	Ferrybank A.C.			10.10.80
6	4	Budde, James	North Down A.C.			10.18.14
7	2	Fitzgerald, Arthur	Kerry Athletics			10.30.14
8	3	Walter, Stephen	Leevale A.C.			11.42.93

#### 3000 m Walk - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	2	Prendiville, Niall	Kerry Athletics			13.53.39
2	3	Hickey, Luke	Leevale A.C.			14.16.44
3	6	Byrne, Declan	St. Abbans A.C.			14.28.60
4	1	Cleary, Ryan	Clonliffe Harriers A.C.			15.14.34
5	5	Mahon, James	Raheny Shamrock A.C.			15.25.13
	4	Brown, Robin	North Down A.C.			DNS
	7	Egan, James	Dundrum South Dublin A.C.			DQ
	8	Cox, Michael	Ferrybank A.C.			DQ

#### High Jump - Men Premier Div.

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05
1	4	Reynolds, Ben	North Down A.C.	-	-	-	-	-	-	-	-	O	O	O	
1	6	Pender, Barry	St. Abbans A.C.	-	-	-	-	-	-	-	O	O	O	O	XXX
3	1	Kilinizow, Marcin	Clonliffe H	-	-	-	-	-	-	O	O	XXO	-	XXX	
4	2	Galvin, PJ	Kerry Athletics	-	-	O	-	O	O	XXO	XXX				
5	5	Buckley, James	Raheny S	-	-	O	O	XO	XO	X-X					
5	8	Barr, Thomas	Ferrybank A.C.	-	O	O	O	XO	XO	XXX					
7	7	Gorey, Neil	Dundrum SD	-	-	O	XXO	XXX							
7	3	Quilligan, David	Leevale A.C.	O	O	O	XXO	XXX							

#### Long Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	3	Quilligan, David	Leevale A.C.	4.88	6.38	6.83	6.73			6.83
				+1.3	+1.4	+0.3	-0.7			+0.3
2	4	Reynolds, Tom	North Down A.C.	X	6.72	6.51	X			6.72
				+1.3	+2.4	+1.5	-1.1			+2.4
3	6	Egan, Francis	St. Abbans A.C.	6.65	6.12	X	6.59			6.65
				+0.2	+1.6		+0.6			+0.2
4	2	O'Carroll, Eoin	Kerry Athletics	6.18	6.27	6.38	X			6.38



				+2.1	+3.1	+1.8			+1.8
5	1	Gorena, Tomas	Clonliffe Harriers A.C.	5.65					5.65
				+1.7					+1.7
6	7	Whyte, Killian	Dundrum South Dublin A.C.	5.63	5.0	5.20	5.33		5.63
				+1.9	+2.5	+2.8	-0.2		+1.9
7	8	Halley, John	Ferrybank A.C.	5.13	5.18	5.48	5.26		5.48
				+2.4	+2.5	+1.2	+0.8		+1.2
8	5	O'Brien, Peter	Raheny Shamrock A.C.	5.39	5.24	-	-		5.39
				+1.4	+2.3				+1.4

#### Triple Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	6	Kelly, Eoin	St. Abbans A.C.	X	14.36	14.61	X			14.61
					+1.9	+0.1				+0.1
2	4	Kennedy, Alan	North Down A.C.	14.54	13.19	14.38	14.46			14.54
				+2.4	+1.6	+2.9	+1.2			+2.4
3	3	Finnegan, Denis	Leevale A.C.	14.27	14.33	14.05	14.37			14.37
				+1.5	+3.5	+2.1	+2.8			+2.8
4	8	Archer, Sean	Ferrybank A.C.	13.15	X	12.69	12.05			13.15
				+1.5		+0.6	+3.5			+1.5
5	1	Dorina, Tomas	Clonliffe Harriers A.C.	12.21	12.05	12.61	X			12.61
				+1.2	+1.7	+1.1				+1.1
6	2	O'Carroll, Eoin	Kerry Athletics	X	X	12.35	X			12.35
						+1.6				+1.6
7	7	Browne, Mikey	Dundrum South Dublin A.C.	12.03	-	11.76	-			12.03
				+1.4		+1.3				+1.4
8	5	O'Donohue, Barry	Raheny Shamrock A.C.	10.68	10.44	10.40	9.85			10.68
				+2.1	+2.4	+2.4	+3.1			+2.1

#### Pole Vault - Men Premier Div.

Place	No	Name	Club	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40	4.00	4.20	4.40	4.60
1	1	David, Donegan	Clonliffe H	-	-	-	-	-	-	-	-	O	O	-	O
2	5	Greene, Stuart	Raheny S	-	-	-	-	-	-	-	-	O	-	O	XXX
3	2	Hogan, David	Kerry Athletics	-	-	-	O	O	O	O	XXX				
4	7	Byrne, Kevin	Dundrum SD	-	-	O	O	O	XO	XXX					
5	6	Delaney, James	St. Abbans A.C.	O	O	O	XO	XO	XXX						
6	8	Tuohy, Niall	Ferrybank A.C.	XO	O	XX									
	3	Killeen, David	Leevale A.C.												
	4	Mc Conville, Brendan	North Down A.C.	XXX											

#### Shot Putt - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Clifford, Daniel	Kerry Athletics	12.35	13.18	13.21	13.14			13.21
2	3	Tierney, David	Leevale A.C.	12.99	12.65	12.85	12.47			12.99
3	4	Mc Conkey, Mike	North Down A.C.	12.61	12.72	-	12.85			12.85
4	1	Hunt, Martin	Clonliffe Harriers A.C.	10.95	-	10.00	10.29			10.95
5	6	Egan, Francis	St. Abbans A.C.	9.92	10.53	9.90	-			10.53
6	5	Fanning, Eoin	Raheny Shamrock A.C.	8.37	8.51	8.37	9.10			9.10
7	7	Byrne, Kevin	Dundrum South Dublin A.C.	7.98	7.35	7.73	7.47			7.98
8	8	Ryan, Billy	Ferrybank A.C.	7.49	7.32	7.49	-			7.49

#### Discus - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Clifford, Daniel	Kerry Athletics	42.06	42.11	45.50	42.76			45.50
2	4	Glass, Peter	North Down A.C.	39.00	42.84	44.69	39.57			44.69
3	1	Kilinizow, Marcin	Clonliffe Harriers A.C.	27.01	34.99	35.02	36.22			36.22
4	6	Kelly, Aidan	St. Abbans A.C.	28.25	32.20	31.20	-			32.20
5	3	Hayes, Brian	Leevale A.C.	27.67	27.88	25.43	28.58			28.58
6	5	Buckley, James	Raheny Shamrock A.C.	-	24.95	-	22.42			24.95
7	7	Connolly, David	Dundrum South Dublin A.C.	23.46	23.82	24.42	23.56			24.42
8	8	Archer, Sean	Ferrybank A.C.	13.26	-	-	-			13.26

#### Javelin - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	4	Mc Conkey, Mike	North Down A.C.	57.71	58.46	55.75	57.54			58.46
2	2	O'Connor, Patsy	Kerry Athletics	45.90	43.65	-	43.24			45.90
3	3	Hayes, Brian	Leevale A.C.	40.08	39.13	41.79	35.44			41.79
4	7	Blakeney, Peter	Dundrum South Dublin A.C.	-	41.62	40.71	39.88			41.62
5	5	O'Sullivan, Tony	Raheny Shamrock A.C.	25.23	32.60	28.34	38.60			38.60
6	6	Kelly, Liam	St. Abbans A.C.	32.85	31.53	-	30.08			32.85
7	1	Tobin, Brian	Clonliffe Harriers A.C.	24.73	-	-	-			24.73
0	8	Rietzeld, Pelle	Ferrybank A.C.							

#### Hammer - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Nagle, James	Kerry Athletics	-	49.40	49.17	51.23			51.23
2	1	Hunt, Martin	Clonliffe Harriers A.C.	50.14	50.47	-	-			50.47
3	6	Kelly, Aidan	St. Abbans A.C.	29.08	-	37.34	-			37.34
4	8	Bouchier, Tom	Ferrybank A.C.	26.64	28.96	31.31	28.95			31.31

5	5	Fanning, Eoin	Raheny Shamrock A.C.	-	24.65	-	-	24.65
6	4	Glass, Stephen	North Down A.C.	-	21.21	-	-	21.21
7	7	Kidd, Andrew	Dundrum South Dublin A.C.	16.57	17.66	16.56	16.20	17.66
8	3	Nagle, Joe	Leevale A.C.	13.22	15.02	15.90	15.46	15.90

#### 561b Distance - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	3	Tierney, David	Leevale A.C.	7.58	7.76	7.70	7.22			7.76
2	6	Fitzpatrick, Seamus	St. Abbans A.C.	6.95	7.52	7.32	7.44			7.52
3	4	Glass, Peter	North Down A.C.	6.61	7.18	-	6.12			7.18
4	2	O'Connor, Alan	Kerry Athletics	6.69	6.59	6.48	6.74			6.74
5	8	Bouchier, Tom	Ferrybank A.C.	6.04	6.08	6.03	5.63			6.08
6	1	Hunt, Martin	Clonliffe Harriers A.C.	4.38	4.39	4.89	5.04			5.04
7	7	Lyons, Ed	Dundrum South Dublin A.C.	4.03	4.00	4.32	4.58			4.58
8	5	Martin, Mick	Raheny Shamrock A.C.	2.13	-	-	-			2.13

#### 4 x 100m - Men Premier Div.

Place	Club	Team	Time
1	Dundrum South Dublin A.C.	Dowling, Joseph Hogan, Nick O'Byrne, Deanna Phelan, Patrick	42.15
2	Leevale A.C.	Killeen, David O'Donovan, Darren Quilligan, David Stack, Paul	42.42
3	Clonliffe Harriers A.C.	Field, Matt Kavanagh, Daniel O'Connor, Patrick Pike, Keith	42.70
4	North Down A.C.	Glass, Peter Graham, Callu, Reynolds, Ben Reynolds, Tom	42.94
4	Raheny Shamrock A.C.	Davis, Jamie Hynes, Michael O'Cathain, Ciaran O'Donohue, Barry Rath, Rob	42.94
6	Ferrybank A.C.	Greene, James Halley, John Kiely, Ben Russell, Christopher	43.32
7	Kerry Athletics	Lynch, Colm O'Callaghan, Conal O'Carroll, Eoin Roche, Dylan	43.90
8	St. Abbans A.C.	Daly, Conor Egan, Francis Regan, Barry	44.47

#### 100 m - Women Premier Div.

Wind : +1.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	Whelan, Niamh	Ferrybank A.C.			11.78
2	9	Mac Neill, Aoife	Dundrum South Dublin A.C.			11.98
3	11	Healy, Joan	Bandon A.C.			12.00
4	10	Sheehan, Jessica	Leevale A.C.			12.84
5	14	Shiels, Lisa	Tir Chonaill A.C.			13.12
6	16	Lydon, Jane	Galway County			13.38
7	15	Steele, Natalie	North Down A.C.			13.77
8	13	O'Sullivan, Hannah	Kerry Athletics			14.13

#### 200 m - Women Premier Div.

Wind : +2.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	Whelan, Niamh	Ferrybank A.C.			23.99
2	11	Healy, Joan	Bandon A.C.			24.46
3	9	Mac Neill, Aoife	Dundrum South Dublin A.C.			24.66
4	10	Neville, Christine	Leevale A.C.			26.31
5	14	Shiels, Lisa	Tir Chonaill A.C.			27.11
6	13	O'Connor, Sinead	Kerry Athletics			27.24
7	15	Mc Neilly, Aimee	North Down A.C.			28.05
	16	Lydon, Jane	Galway County			DNS

#### 400 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Bergin, Claire	Dundrum South Dublin A.C.			54.1
2	13	Crowe, Laura	Kerry Athletics			56.5
3	11	Moynihan, Grainne	Bandon A.C.			56.8
4	10	Mc Sweeney, Claire	Leevale A.C.			57.0
5	16	Hession, Tara	Galway County			62.5
6	12	Van Der Valk, Melina	Ferrybank A.C.			65.2
7	15	Gibson, Rachel	North Down A.C.			65.4
	14	Morris, Brenda	Tir Chonaill A.C.			DNS

#### 800 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	13	Crowe, Laura	Kerry Athletics			2:12.32
2	9	Denny, Sinead	Dundrum South Dublin A.C.			2:14.54
3	10	Finn, Carol	Leevale A.C.			2:16.33
4	15	Craig, Jessica	North Down A.C.			2:20.37
5	12	Behan, Laura	Ferrybank A.C.			2:24.99
6	11	Moynihan, Grainne	Bandon A.C.			2:29.36
7	16	Porter, Linda	Galway County			2:33.13
	14	Mc Gloin, Teresa	Tir Chonaill A.C.			DNS

#### 1500 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Murphy, Hazel	Dundrum South Dublin A.C.			4:32.79
2	10	Quaid, Annette	Leevale A.C.			4:41.88
3	15	Scott, Lauren	North Down A.C.			4:47.87
4	12	Behan, Laura	Ferrybank A.C.			4:48.76
5	13	Dennehy, Brigid	Kerry Athletics			4:55.22
6	11	Crowley, Carmel	Bandon A.C.			4:56.24
7	16	Whiriskey, Caroline	Galway County			4:56.57
	14	Harvey, Jackie	Tir Chonaill A.C.			DNS

#### 3000 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Hutchinson, Ava	Dundrum South Dublin A.C.			9:53.49
2	10	Lizzie, Lee	Leevale A.C.			10:02.54
3	15	Dornan, Roberta	North Down A.C.			10:22.06
4	11	Crowley, Carmel	Bandon A.C.			10:32.72
5	13	Costello, Anna Meria	Kerry Athletics			10:47.93
6	16	Shaughnessy, Laura	Galway County			10:54.38
7	12	Halley, Maria	Ferrybank A.C.			11:27.40
	14	Mc Gloin, Teresa	Tir Chonaill A.C.			DNS

#### 100 m Hurdles - Women Premier Div.

Wind : +2.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	Kiely, Megan	Ferrybank A.C.			15.10
2	11	Howard, Roisin	Bandon A.C.			15.74
3	15	Mc Neilly, Aimee	North Down A.C.			15.90
4	9	Moggan, Grainne	Dundrum South Dublin A.C.			16.08
5	16	Finnegan, Sarah	Galway County			16.83
6	14	Harvey, Louise	Tir Chonaill A.C.			17.91
7	10	Byrd, Katey	Leevale A.C.			18.47
	13	Phelan, Amy	Kerry Athletics			DNS

#### 400 m Hurdles - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Peters, Emma	Dundrum South Dublin A.C.			60.63
2	11	Finn, Orla	Bandon A.C.			64.12
3	12	Kiely, Megan	Ferrybank A.C.			65.53

4	10	Neville, Jessica	Leevale A.C.	66.51
5	16	Finnegan, Rachel	Galway County	66.51
	13	Boyd, Katey	Kerry Athletics	DNS
	14	Harvey, Jackie	Tir Chonaill A.C.	DNS
	15	Craig, Jessica	North Down A.C.	DNS

#### 1500 m Walk - Women Premier Div.

Final	No	Name	Club	Heat	Semi	Final
Place				Time	Time	Time
1	16	Curley, Maeve	Galway County			6.50.81
2	13	Prendiville, Emma	Kerry Athletics			7.34.44
3	11	Tuthill, Colette	Bandon A.C.			7.39.75
4	9	Treston, Bryony	Dundrum South Dublin A.C.			8.28.35
5	10	Philpott, Caroline	Leevale A.C.			10.37.08
6	15	Dornan, Roberta	North Down A.C.			11.30.30
	12	Flynn, April	Ferrybank A.C.			DNS
	14	Rooney, Marie	Tir Chonaill A.C.			DNS

#### High Jump - Women Premier Div.

Place	No	Name	Club	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80
1	9	Ryan, Deirdre	Dundrum SD	-	-	-	-	-	-	-	-	O	O	O	O
				O	X	XX									
2	16	Farrell, Cathriona	Galway County	-	-	-	-	-	-	O	O	O	O	XXX	
3	12	Murphy, Sorchá	Ferrybank A.C.	-	-	-	-	-	O	O	O	XXX			
4	11	Howard, Roisin	Bandon A.C.	-	-	-	-	O	O	XXO	XXX				
5	13	Phelan, Amy	Kerry Athletics	-	O	O	O	O	XXX						
	10	Philpott, April	Leevale A.C.												
	14	Harvey, Louise	Tir Chonaill A.C.												
	15	Mc Neilly, Aimee	North Down A.C.	-	-	XXX									

#### Long Jump - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	14	Mc Loone, Mary	Tir Chonaill A.C.	5.17	5.37	-	5.38			5.38
2	11	Howard, Roisin	Bandon A.C.	4.90	4.97	5.21	-			5.21
3	10	Sheehan, Jessica	Leevale A.C.	4.67	4.87	4.93	5.03			5.03
4	9	Moggan, Grainne	Dundrum South Dublin A.C.	4.84	X	5.02	5.00			5.02
5	13	O'Connor, Sinead	Kerry Athletics	4.57	4.79	4.74	4.92			4.92
6	12	Rogers, Anna	Ferrybank A.C.	4.71	4.58	4.91	4.72			4.91
7	15	Robinson, Clare	North Down A.C.	4.71	4.70	4.68	4.73			4.73
8	16	Mc Donnell, Ashley	Galway County	4.45	4.35	4.26	4.50			4.50

#### Triple Jump - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	14	Mc Loone, Mary	Tir Chonaill A.C.	11.33	11.28	-	-			11.33
2	15	Robinson, Clare	North Down A.C.	10.30	X	10.72	10.51			10.72
3	10	Sheehan, Jessica	Leevale A.C.	10.19	10.64	10.36	10.47			10.64
4	13	O'Connor, Sinead	Kerry Athletics	10.46	10.57	10.19	10.45			10.57
5	9	Moggan, Grainne	Dundrum South Dublin A.C.	10.38	X	X	X			10.38
6	11	Finn, Orla	Bandon A.C.	9.73	9.82	9.89	10.06			10.06
7	16	Finnegan, Sarah	Galway County	9.73	9.72	9.92	9.90			9.92
8	12	Flynn, April	Ferrybank A.C.	9.62	X	9.08	X			9.62

#### Shot Putt - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	11	Mc Sweeney, Laura	Bandon A.C.	11.21	11.36	11.12	11.64			11.64
2	14	Stewart, Geraldine	Tir Chonaill A.C.	10.58	11.19	11.55	X			11.55
3	13	O'Donoghue, Sheila	Kerry Athletics	10.18	10.18	10.13	10.19			10.19
4	12	Kennedy, Cara	Ferrybank A.C.	10.19	X	10.08	X			10.19
5	16	Barrett, Mary	Galway County	8.77	8.08	8.05	9.05			9.05
6	10	Moynihan, Megan	Leevale A.C.	8.55	X	8.69	8.66			8.69
7	15	Kathy, Hetherington	North Down A.C.	8.51	7.84	X	7.00			8.51
8	9	Moore, Lucy	Dundrum South Dublin A.C.	6.57	6.78	7.26	6.63			7.26

#### Discus - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	15	Kathy, Hetherington	North Down A.C.	31.03	34.23	32.91	36.34			36.34
2	13	O'Sullivan, Hannah	Kerry Athletics	32.68	35.07	34.02	34.25			35.07
3	12	Kennedy, Sonia	Ferrybank A.C.	27.78	33.23	30.29	33.14			33.23
4	11	Bradfield, Lynn	Bandon A.C.	27.22	28.16	26.82	26.36			28.16
5	16	Barrett, Melissa	Galway County	20.47	23.65	22.30	23.04			23.65
6	9	Reilly, Niamh	Dundrum South Dublin A.C.	17.75	X	18.23	X			18.23
7	10	Ryan, Sarah	Leevale A.C.	16.25	X	15.15	16.26			16.26
0	14	Rooney, Marie	Tir Chonaill A.C.							

## Javelin - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	10	Murphy, Jenny	Leevale A.C.	35.66	X	-	33.00			35.66
2	11	Roche, Rachel	Bandon A.C.	34.32	31.00	31.14	32.02			34.32
3	9	Reilly, Niamh	Dundrum South Dublin A.C.	26.84	30.89	31.00	27.72			31.00
4	14	Stewart, Geraldine	Tir Chonaill A.C.	25.48	28.53	27.00	23.41			28.53
5	16	Barrett, Melissa	Galway County	21.76	24.00	24.84	24.85			24.85
6	12	Kennedy, Sonia	Ferrybank A.C.	22.88	23.64	23.71	X			23.71
7	13	Boyd, Katey	Kerry Athletics	23.67	23.60	22.83	21.23			23.67
8	15	Gibson, Rachel	North Down A.C.	5.91	8.29	8.27	8.67			8.67

## Hammer - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	12	Kennedy, Cara	Ferrybank A.C.	46.72	51.05	X	X			51.05
2	13	O'Neill, Mairead	Kerry Athletics	X	45.53	44.25	X			45.53
3	11	Mc Sweeney, Laura	Bandon A.C.	X	X	41.85	X			41.85
4	10	Moynihan, Megan	Leevale A.C.	37.77	38.07	38.32	40.20			40.20
5	9	Lambert, Emma	Dundrum South Dublin A.C.	26.69	X	24.94	X			26.69
6	16	Monaghan, Nicola	Galway County	20.44	X	X	18.08			20.44
7	14	Morris, Brenda	Tir Chonaill A.C.	18.30	16.88	17.43	17.42			18.30
8	15	Dornan, Roberta	North Down A.C.	12.13	12.21	13.19	-			13.19