

RELAY CROSS COUNTRY TEAM RESULTS					
GIRLS 4 x 250m			BOYS 4 x 250m		
Age	Pos.	CLUB	Age	Pos.	CLUB
U/9	1	St. Abbans Cara English Ciara Milton	U/9	1	Rosenallis Kilcavan Daithi Peake Eoghan Lalor
	2	Ballyfin Aoibheann O'Rourke Róisín Brennan		2	Oughaval Leon Delaney Tadhg Roberts Harry Browne Denis Browne
	3	Oughaval Charlotte Fee Rebecca Luttrell		3	Portlaoise Fionn Cuddy Harrison Marshall Darragh Brady Tom Cawley
GIRLS 4 x 500m					
Age	Pos.	CLUB	Age	Pos.	CLUB
U/11	1	St. Abbans Ciara Malone Ava Kehoe	U/11	1	St. Abbans Jack Milton Evan English Ben Reid Timmy Byrne
	2	Mountmellick Chelsea Lee Holly Jago		2	Rosenallis Kilcavan Darragh Hughes Conor Whelan Niall Lalor Aron Lawlor
	3	St. Michaels Eleanor Fardy Patience Chinda		3	Oughaval Cillian Whearty Conor McCaul Cormac Deegan Eamon Browne
GIRLS 4 x 500m					
Age	Pos.	CLUB	Age	Pos.	CLUB
U/13	1	Rosenallis Kilcavan Orla Whelan Amy McKane	U/13	1	St. Abbans Adam Buggy Jack Fenlon Liam Murray Eoin Cawley
	2	St. Abbans Amy Brennan Maeva Gallagher		2	Rosenallis Kilcavan Jimmy Hyland Cathal McEvoy Odhran Dunphy Rory Lalor
	3	St. Michaels Poppy Hackett Kate Connolly		3	Oughaval Matthew Buggy Buggy Luke Conor Whearty Aaron Foley

RELAY CROSS COUNTRY TEAM RESULTS					
GIRLS 4 x 500m			BOYS 4 x 500m		
Age	Pos.	CLUB	Age	Pos.	CLUB
U/15	1	St. Abbans	U/15	1	Oughaval
	2	St. Michaels		2	Rosenallis Kilcavan
	3	Ballyfin		3	
		Ciara Harrington Sarah Graham Helen Ikpotoikin Jade Coogan Róisín Bland Katie Corcoran			Oisín Jago Noah Delaney Jimmy Hyland Grainne Lalor
		Becky Fenlon Aoife Gallagher Abbey Whitelegg Grainne Cotter Ciara Phelan Megan Adams			Conor Whearty Matthew Buggy Ronan Hyland Ellen Conroy
GIRLS 4 x 500m			BOYS 4 x 500m		
Age	Pos.	CLUB	Age	Pos.	CLUB
U/17 U/19	1	St. Abbans	U/17 U/19	1	Mountmellick
	2			2	St. Abbans
	3			3	Oughaval
		Maeve Maher Laura Graham			Adam Holden Carl Deans Jamie Pender Kaelan Mulhall Fergal Scully Séan Sheridan
					Curtis Lee Niall Bracken David Baldwin Tom Buggy Conor Donlon Cathal Connaughton

SENIOR MENS 10K

TEAM SCORES (Team of 6)

Pos.	ATHLETES NAME	CLUB	NO'S	TIMES	1	2	3	4	5	6	WINNING CLUBS	POINTS	PLACE
1	Colin Maher	Ballyfin	3169	30.54							St. Abbans		
2	Stephen Lawlor	St. Abbans	3071	31.30							Stephen Lawlor		
3	Cormac Kelly	St. Abbans	3060	32.17							Cormac Kelly	28	1st
4	Stephen Hunter	St. Abbans	3059	32.27							Stephen Hunter		
5	John Fenlon	St. Abbans	3039	32.43							John Fenlon		
6	Danny Lawlor	St. Abbans	3004	33.03							Danny Lawlor		
7	Tony Reilly	Portlaoise	3376	33.07							Colm Burke		
8	Colm Burke	St. Abbans	3002	33.16							Portlaoise		
9	Brian Kelly	St. Abbans	3043	33.26							Tony Reilly		
10	Riobaird Miller	Ballyfin	3170	33.29							Aengus Burke		
11	Séan Proctor Geoghegan	St. Abbans	3072	34.00							James Hamm	95	2nd
12	Aengus Burke	Portlaoise	3374	34.08							Cyril Cuddy		
13	Colin Coyne	St. Abbans	3041	34.18							Patrick Marshall		
14	James Hamm	Portlaoise	3307	34.27							Richie Reid		
15	Mark Hackett	St. Michaels	3841	34.44							St. Abbans		
16	Ciaran Fitzpatrick	Ballyfin	3171	34.54							Brian Kelly		
17	Martin McDonald	Ballyroan Abbeyleix	3908	35.18							Séan Proctor Geoghegan		
18	Cyril Cuddy	Portlaoise	3372	35.33							Colin Coyne	104	3rd
19	Tom Dunne	Ballyroan Abbeyleix	3914	35.48							Conor Barry		
20	Liam Buggy	Ballyfin	3173	35.54							Liam Byrne		
21	Patrick Marshall	Portlaoise	3378	36.18							James Nolan		
22	Conor Barry	St. Abbans	3003	36.30									
23	Richie Reid	Portlaoise	3373	36.32									
24	Liam Byrne	St. Abbans	3042	36.33									
25	James Nolan	St. Abbans	3029	36.34									
26	David Lawlor	St. Abbans	3007	36.37									

