

60m SPRINT RESULTS

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/9	1	Ella Dunne	Oughaval		U/9	1	Ade Solanke	St. Michaels	
	2	Jane Hyland	Rosenallis/Kilcavan			2	Brian Chinda	St. Michaels	
	3	Cara English	St. Abbans			3	Daniel Downey	Portlaoise	
U/11	1	Naomi IkpotoKin	St. Michaels		U/11	1	Evan English	St. Abban's	
	2	Patience Chinda	St. Michaels			2	Jack Milton	St. Abban's	
	3	Novelle Johnson	St. Michaels			3	Timmy Byrne	St. Abban's	
U/13	1	Loren Kelly	Mountmellick		U/13	1	Matthew Buggy	Oughaval	
	2	Heather Murphy	St. Michaels			2	Luke Buggy	Oughaval	
	3	Seoighe English	St. Abban's			3	Blake Kemmy	Oughaval	

100m SPRINT RESULTS

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
U/15	1	Helen IkpotoKin	St. Michaels		U/15	1	Canice Whearty	Oughaval	
	2	Ciara Harrington	St. Abban's			2	John Hughes	Rosenallis/Kilcavan	
	3	Doyin Shobowale	Mountmellick			3	Jake Coss	Mountmellick	

LONG JUMP RESULTS

GIRLS						BOYS					
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE		
U/9	1	Ava Rowan	St. Abban's	1.55m	U/9	1	Brian Chinda	St. Michaels	3.02m		
	2					2	Daniel Downey	Portlaoise	2.97m		
	3					3	Jack Keenan	Ballyfin	2.77m		
U/10	1	Patience Chinda	St. Michaels	3.35m	U/10	1					
	2	Naomi Ikpotoikin	St. Michaels	3.29m		2					
	3	Eabha Kehoe	St. Abban's	3.14m		3					
U/11	1	Moya Brennan	St. Abban's	3.43m	U/11	1	Evan English	St. Abban's	3.51m		
	2	Katie Brennan	St. Abban's	3.42m		2	Jack Fennell	Portlaoise	3.12m		
	3	Chelsea Lee	Mountmellick	3.24m		3	Timmy Byrne	St. Abban's	2.91m		
U/13	1	Amy Brennan	St. Abban's	3.70m	U/13	1	Matthew Buggy	Oughaval	4.08m		
	2	Seoighe English	St. Abban's	3.49m		2	Blake Kemmy	Oughaval	3.61m		
	3	Kora Davis	Ballyfin	3.25m		3	Luke Buggy	Oughaval	3.56m		
U/15	1	Doyin Shobowale	Mountmellick	4.30m	U/15	1	Canice Whearty	Oughaval	4.28m		
	2	Sarah Graham	St. Abban's	4.05m		2	John Hughes	Rosenallis/Kilcavan	3.81m		
	3	Ciara Harrington	St. Abban's	3.84m		3	Ronan Hyland	Rosenallis/Kilcavan	3.51m		

HIGH JUMP RESULTS									
GIRLS									
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/12	1	Moya Brennan	St. Abban's	1.09m	U/14	1	Emma McCann	Rosenallis/Kilcavan	1.25m
	2	Grace Meade	Portlaoise	1.04m		2	Seoighe English	St. Abban's	1.20m
	3	Sarah Coyle	Mountmellick	0.99m		2	Helen Ikpotokin	St. Michael's	1.20m
U/16	1	Caragh Maher	St. Abban's	1.40m	U/18	4	Doyin Shobowale	Mountmellick	1.20m
	2	Sarah Graham	St. Abban's	1.38m		1	Daena Kealy	St. Abban's	1.60m
	3	Ciara Harrington	St. Abban's	1.35m		2	Maebh Maher	St. Abban's	1.40m
RELAY TEAM WINNERS									
GIRLS 4 x 100m									
Age	Pos.	CLUB	Age	Pos.	CLUB				
U/18	1	St. Abban's	U/18	1	Emo Rath				
	2			2					
	3			3					
BOYS 4 x 100m									
Age	Pos.	CLUB	Age	Pos.	CLUB				
U/18	1	St. Abban's	U/18	1	Emo Rath				
	2			2					
	3			3					

TURBO JAVELIN RESULTS

GIRLS			BOYS						
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/11	1	Eva Keogh	St. Abban's	11.30m	U/11	1	Evan English	St. Abban's	11.85m
	2	Katie Brennan	St. Abban's	10.90m		2	Daniel Downey	Portlaoise	10.60m
	3	Danielle O'Driscoll	St. Abban's	9.76m		3	Timmy Byrne	St. Abban's	8.34m
					3	Cillian Whearty	Oughaval	8.34m	

JAVELIN RESULTS

GIRLS			BOYS						
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/13	1	Amy Brennan	St. Abban's	14.94m	U/13	1	Blake Kemmy	Oughaval	19.80m
	2	Kora Davis	Ballyfin	14.22m		2	Matthew Buggy	Oughaval	18.28m
	3	Seoighe English	St. Abban's	13.62m		3	Luke Buggy	Oughaval	17.24m
U/15	1	Sarah Graham	St. Abban's	23.11m	U/15	1	Ben Holden	Mountmellick	22.38m
	2	Ciara Harrington	St. Abban's	18.63m		2	Oisín Jago	Oughaval	13.58m
	3	Emma McCann	Rosenallis/Kilcavan	14.71m		3	Canice Whearty	Oughaval	12.40m

SHOT PUTT RESULTS

GIRLS			BOYS						
Age	Pos.	ATHLETES NAME	CLUB	DISTANCE	Age	Pos.	ATHLETES NAME	CLUB	DISTANCE
U/18	1	Elaine Daly	Emo Rath	9.20m	U/18	1	Eoin Keenan	Emo Rath	9.60m
	2	Kiahara Dempsey	Mountmellick	7.80m		2	Matthew Rossiter	St. Abban's	8.82m
	3	Niamh Moore	St. Abban's	6.92m		3	Lee Mullen	Emo Rath	8.27m

SENIOR DISTANCE RESULTS						
SENIOR WOMEN 800m						
Pos.	ATHLETES NAME	CLUB	TIME	Pos.	ATHLETES NAME	CLUB
1	Kiahara Dempsey	Mountmellick		1	Niall Bracken	Mountmellick
2	Charlie Walsh	Portlaoise		2	Carl Deans	Mountmellick
3	Sharon Buggy	St. Abbans		3	Tom Lupton	Portlaoise
SENIOR WOMEN 3000m						
1	Colette Brennan	St. Abban's	12.01	1	Tom Lupton	Portlaoise
2				2	Fionn Marum	Portlaoise
3				3	James Nolan	St. Abban's
SENIOR WOMEN 0/35 3000m						
1	Sharon Buggy	St. Abban's	13.18	1	Dermot Ayres	St. Abban's
2	Carol Brennan	St. Abban's	14.02	2	Liam Byrne	St. Abban's
3				3	Patrick Marshall	Portlaoise
SENIOR WOMEN 0/45 3000m						
1				1	Joe Walsh	Portlaoise
2				2	Dick Mullins	St. Abban's
3				3		
SENIOR MEN 800m						
Pos.	ATHLETES NAME	CLUB	TIME	Pos.	ATHLETES NAME	CLUB
1	Niall Bracken	Mountmellick		1	Tom Lupton	Portlaoise
2	Carl Deans	Mountmellick		2	Fionn Marum	Portlaoise
3	Tom Lupton	Portlaoise		3	James Nolan	St. Abban's
SENIOR MEN 3000m						
SENIOR MEN 0/35 3000m						
1	Dermot Ayres	St. Abban's	9.54	1	Dermot Ayres	St. Abban's
2	Liam Byrne	St. Abban's	10.18	2	Liam Byrne	St. Abban's
3	Patrick Marshall	Portlaoise	10.34	3	Patrick Marshall	Portlaoise
SENIOR MEN 0/45 3000m						
1	Joe Walsh	Portlaoise	12.13	1	Joe Walsh	Portlaoise
2	Dick Mullins	St. Abban's	13.30	2	Dick Mullins	St. Abban's
3				3		
SENIOR MEN TEAMS 3000m						
1st	Club	PORTLAOISE		2nd	Club	St. ABBAN'S
		Tom Lupton				Liam Byrne
		Fionn Marum				Dermot Ayres
		Patrick Marshall				James Nolan

SENIOR SHOT PUTT RESULTS

SENIOR WOMEN				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB	Distance	Pos.	ATHLETES NAME	CLUB	Distance
1	Seodhna Hoey	Portlaoise	10.39m	1	Seamus Fitzpatrick	Portlaoise	10.85m
2	Shauna Daly	St. Abban's	9.31m	2	Conor Daly	St. Abban's	9.77m
3	Carol Hughes	Rosenallis/Kilcavan	7.43m	3	John Territt	St. Abban's	9.26m

SENIOR WEIGHT FOR DISTANCE RESULTS

SENIOR WOMEN				SENIOR MEN			
Pos.	ATHLETES NAME	CLUB	Distance	Pos.	ATHLETES NAME	CLUB	Distance
1	Seodhna Hoey	Portlaoise	7.19m	1	Seamus Fitzpatrick	Portlaoise	7.12m
2	Shauna Daly	St. Abban's	7.19m	2	Conor Daly	St. Abban's	5.54m
3	Carol Hughes	Rosenallis/Kilcavan	5.83m	3	Tom Barry	St. Abban's	4.83m

SENIOR WOMEN HIGH JUMP

Pos.	ATHLETES NAME	CLUB	Distance
1			
2			
3			

SENIOR WOMEN 4 x 100m

Pos.	CLUB
1	St. Abbans
2	Rosenallis/Kilcavan
3	

SENIOR MEN 4 x 100m

Pos.	CLUB
1	St. Abbans
2	Emo Rath
3	St. Abbans