

**60m SPRINT RESULTS**

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/10</b>	1	Naomi Ikpotokin	St. Michaels		<b>U/10</b>	1	Timmy Byrne	St. Abbans	
	2	Patience Chinda	St. Michaels			2	Leon Delaney	Oughaval	
	3	Ashling Cawley	St. Abbans			3	Fionn O'Sullivan	St. Abbans	
<b>U/12</b>	1	Chloe Keenan	Emo Rath		<b>U/12</b>	1	Jack Fennelly	St. Abbans	
	2	Novell Bunjokojohnson	St. Michaels			2	Eoin Cawley	St. Abbans	
	3	Sarah Coyle	Mountmellick			3	Adam Buggy	St. Abbans	
<b>U/14</b>	1	Helen Ikpotokin	St. Michaels		<b>U/14</b>	1	Mathew Buggy	Oughaval	
	2	Doyin Shobowale	Mountmellick			2	Oisín Jago	Oughaval	
	3	Grainne Lalor	Rosenallis Kilcavan			3	Jake Coss	Mountmellick	
<b>U/16</b>	1	Ruby Millet	St. Abbans		<b>U/16</b>	1	Brian Tshilumba	Ballyfin	
	2	Sophie Fortune	Emo Rath			2	Tom Buggy	St. Abbans	
	3	Sarah McMahon	Ballyroan Abbeyleix			3	Curtis Lee	Mountmellick	

**200m SPRINT RESULTS**

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/18</b>	1	Dervla Scully	Oughaval	27.74	<b>U/18</b>	1	Jack Fortune	Emo Rath	24.50
	2	Kiahara Dempsey	Mountmellick	28.74		2	Donal Hetherinton	Emo Rath	25.18
	3	Laura Stapleton	Oughaval	28.95		3	Adam Holden	Mountmellick	25.51

**60m HURDLES RESULTS**

			GIRLS			BOYS			
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/15</b>	1	Helen Ikpotoikin	St. Michaels	10.54	<b>U/15</b>	1	Cannice Whearty	Oughaval	9.66
	2	Grainne Lalor	Rosenallis Kilcavan			2	Brian Tshilumba	Ballyfin	
	3	Emily O'Neill Delaney	Emo Rath			3	Curtis Lee	Mountmellick	
<b>U/17</b>	1	Daena Kelly	St. Abbans	9.48	<b>U/17</b>	1	Eoin Keenan	Emo Rath	9.83
	2	Dervla Scully	Oughaval			2	Lee Mullen	Emo Rath	
	3	Kiahara Dempsey	Mountmellick			3	Donal Hetherington	Emo Rath	

**DISTANCE RESULTS**

			GIRLS 350m			BOYS 350m			
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/11</b>	1	Naomi Ikpotoikin	St. Michaels	1.05.98	<b>U/11</b>	1	Niall Lawlor	Rosenallis Kilcavan	1.04.14
	2	Lucy Conroy	Rosenallis Kilcavan	1.08.41		2	Leon Delaney	Oughaval	1.10.03
	3	Chelsea Lee	Mountmellick	1.10.25		3	Timmy Byrne	St. Abbans	1.11.08
			GIRLS 600m			BOYS 600m			
<b>U/13</b>	1	Seoige English	St. Abbans	1.54.99	<b>U/13</b>	1	Jack Fenlon	St. Abbans	1.54.16
	2	Amy Brennan	St. Abbans	2.00.55		2	Mathew Buggy	Oughaval	1.54.90
	3	Ellen Conroy	Rosenallis Kilcavan	2.03.25		3	Blake Kemmy	Oughaval	1.57.97

**DISTANCE RESULTS**

<b>GIRLS 800m</b>				<b>BOYS 800m</b>					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/15</b>	<b>1</b>	Sarah Delaney	Ballyroan Abbeyleix	2.40.06	<b>U/15</b>	<b>1</b>	Canice Whearty	Oughaval	2.36.66
	<b>2</b>	Rebecca Fenlon	St. Abbans	2.41.39		<b>2</b>	Brian Tshilumba	Ballyfin	2.43.06
	<b>3</b>	Niamh McDonald	Ballyroan Abbeyleix	2.46.09		<b>3</b>	Oisín Jago	Oughaval	2.44.79
<b>GIRLS 800m</b>				<b>BOYS 800m</b>					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/17</b>	<b>1</b>	Cara Maher	St. Abbans	2.32.36	<b>U/17</b>	<b>1</b>	Cian Kelly	St. Abbans	2.08.18
	<b>2</b>	Orla Fennelly	Oughaval	2.40.23		<b>2</b>	Adam Holden	Mountmellick	2.19.87
	<b>3</b>	Katie Walsh	Portlaoise	3.10.00		<b>3</b>	Tom Buggy	St. Abbans	2.21.97
<b>GIRLS 800m</b>				<b>BOYS 800m</b>					
Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.	Age	Pos.	ATHLETES NAME	CLUB	TIME SECS.
<b>U/19</b>	<b>1</b>	Lauren Kealy	St. Abbans	2.36.54	<b>U/19</b>	<b>1</b>	Fionn Marum	Portlaoise	2.14.69
	<b>2</b>	Maebh Maher	St. Abbans	2.31.35		<b>2</b>	Cathal Grennan	Rosenallis Kilcavan	2.17.90
	<b>3</b>	Aoibhean Lawlor	Rosenallis Kilcavan	2.47.82		<b>3</b>			

### LONG JUMP RESULTS

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/12	1	Chloe Keenan	Emo Rath	3.55	U/12	1	Adam Buggy	St. Abbans	3.64
	2	Katie Brennan	St. Abbans	3.33		2	Luke Buggy	Oughaval	3.39
	3	Faye McEvoy	Ballyroan Abbeyleix	3.10		3	Eoin Cawley	St. Abbans	3.38
U/18	1	Kiahara Demspey	Mountmellick	4.47	U/18	1	Jack Fortune	Emo Rath	5.50
	2	Laura Stapleton	Oughaval	4.30		2	Eoin Keenan	Emo Rath	5.38
	3	Sekinat Shobowale	Mountmellick	3.77		3	Mathew Rossiter	St. Abbans	5.06

### HIGH JUMP RESULTS

GIRLS				BOYS					
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/15	1	Sarah Graham	St. Abbans	1.30	U/15	1	Canice Whearty	Oughaval	1.25
	2	Sarah McMahon	Ballyroan Abbeyleix	1.25		2	Brian Tshilumba	Ballyfin	1.20
	3	Jessie Brennan	Ballyroan Abbeyleix	1.15		3			
U/17	1	Daena Kelly	St. Abbans	1.68	U/17	1	Eoin Kennan	Emo Rath	1.65
	2	Dervla Scully	Oughaval	1.50		2	Cian Kelly	St. Abbans	1.60
	3	Cara Maher	St. Abbans	1.50		3	Mathew Rossiter	St. Abbans	1.55
U/19	1	Maebh Maher	St. Abbans	1.55	U/19	3	Adam Holden	Mountmellick	1.55
	2	Lucy O'Neill	St. Abbans	1.40		1	Fergal Scully	Oughaval	1.81
	3					2	Cian Burke	St. Abbans	1.65

## SHOT PUTT RESULTS

SHOT PUTT RESULTS					
GIRLS					
Age	Pos.	ATHLETES NAME	CLUB	Distance	
<b>U/14</b>	<b>1</b>	Emma McCann	Rosenallis Kilcavan	8.00	
	<b>2</b>	Siobhan McEvoy	Rosenallis Kilcavan	7.90	
	<b>3</b>	Doyin Shobowale	Mountmellick	7.88	
<b>U/16</b>	<b>1</b>	Ruby Millet	St. Abbans	9.39	
	<b>2</b>	Sarah Graham	St. Abbans	8.30	
	<b>3</b>	Katie Walsh	Portlaoise	7.23	
<b>U/18</b>	<b>1</b>	Nicole Kehoe Dowling	St. Abbans	12.10	
	<b>2</b>	Kiahara Dempsey	Mountmellick	8.49	
	<b>3</b>	Dervla Scully	Oughaval	5.67	
BOYS					
Age	Pos.	ATHLETES NAME	CLUB	Distance	
<b>U/14</b>	<b>1</b>	Shane Buggy	St. Abbans	8.79	
	<b>2</b>	Oisín Jago	Oughaval	8.16	
	<b>3</b>	Ben Holden	Mountmellick	6.81	
<b>U/16</b>	<b>1</b>	Coady Tunstead	St. Abbans	12.63	
	<b>2</b>	Tom Buggy	St. Abbans	11.85	
	<b>3</b>	Brian Tshilumba	Ballyfin	7.74	
<b>U/18</b>	<b>1</b>	Eoin Keenan	Emo Rath	10.30	
	<b>2</b>	Coady Tunstead	St. Abbans	10.03	
	<b>3</b>	Mathew Rossiter	St. Abbans	8.70	

**RELAY TEAM WINNERS**

GIRLS 4 x 100m				BOYS 4 x 100m			
Age	Pos.	CLUB		Age	Pos.	CLUB	
U/11	1	St. Michaels		U/11	1	St. Abbans	
	2	St. Abbans			2	Portlaoise	
	3	Portlaoise			3		
GIRLS 4 x 100m				BOYS 4 x 100m			
Age	Pos.	CLUB		Age	Pos.	CLUB	
U/13	1	St. Abbans		U/13	1	St. Abbans	
	2	St. Michaels			2	Oughaval "A"	
	3	Rosenallis Kilcavan			3	Rosenallis Kilcavan	
GIRLS 4 x 200m				BOYS 4 x 200m			
Age	Pos.	CLUB		Age	Pos.	CLUB	
U/15	1	Ballyroan Abbyleix		U/15	1		
	2	Rosenallis Kilcavan			2		
	3	Ballyfin			3		
GIRLS 4 x 200m				BOYS 4 x 200m			
Age	Pos.	CLUB		Age	Pos.	CLUB	
U/17	1	St. Abbans	Mixed Team	U/17	1	Emo Rath	
-	2	Oughaval	Mountmellick	-	2	St. Abbans	
U/19	3	Emo	Portlaoise	U/19	3	Portlaoise	Rosenallis Kilcavan

**SENIOR RESULTS**

LADIES 200m SPRINTS			MENS 200m SPRINTS				
Pos.	ATHLETES NAME	CLUB	TIME SECS.	Pos.	ATHLETES NAME	CLUB	TIME SECS.
1	Lucy O'Neill	St. Abbans	34.09	1	Adam Coss	Mountmellick	25.14
2				2	Cian Burke	St. Abbans	25.40
3				3	Patrick Marshall	Portlaoise	28.64
LADIES 1500m			MENS 1500m				
Pos.	ATHLETES NAME	CLUB	TIME SECS.	Pos.	ATHLETES NAME	CLUB	TIME SECS.
1				1	Cian Kelly	St. Abbans	4.21.96
2				2	Noel Burke	Ballyroan Abbeyleix	4.40.94
3				3	Patrick Marshall	Portlaoise	4.43.01
LADIES SHOT PUTT			MENS SHOT PUTT				
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Nicole Kehoe Dowling	St. Abbans	10.79	1	Seamus Fitzpatrick	Portlaoise	11.69
2	Edel Boland	Mountmellick	6.19	2	John Territ	St. Abbans	9.53
3	Caroline Holden	Mountmellick	5.84	3	Coady Tunstead	St. Abbans	9.26
LADIES LONG JUMP			MENS LONG JUMP				
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Lucy O'Neill	St. Abbans	3.94	1	Cian Burke	St. Abbans	5.37
2				2	Adam Coss	Mountmellick	5.00
3				3			

**NON CHAMPIONSHIP - SHOT PUTT RESULTS**

GIRLS						BOYS					
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance		
U/12	1	Sarah Coyle	Mountmellick	6.30	U/12	1	Aaron Foley	Oughaval	6.96		
	2	Faye McEvoy	Ballyroan Abbeyleix	5.28		2	Eoin Cawley	St. Abbans	6.82		
	3	Ava Foley	Oughaval	4.90		3	Cathal McEvoy	Rosenallis Kilcavan	6.31		
	4	Ellie Boland	Mountmellick	4.36		4	Luke Buggy	Oughaval	5.90		
	5	Poppy Hackett	St. Michaels	4.13		5	Benjamin Kuku	Ballyroan Abbeyleix	5.69		
	6	Katie Brennan	St. Abbans	4.11		6	Blake Kemmy	Oughaval	5.43		
	7	Molly Byrne	St. Abbans	3.96		7	David Coss	Mountmellick	5.42		
	8	Torrie Lee	Mountmellick	3.35		8	Adam Buggy	St. Abbans	5.35		
	9	Katie Baldwin	St. Abbans	2.55		9	Jack Fenlon	St. Abbans	4.93		
						10	Séan O'Sullivan	St. Abbans	3.80		
						11	Rory Lalor	Rosenallis Kilcavan	3.70		
						12	Leon Delaney	Oughaval	3.65		
						13	Niall Lalor	Rosenallis Kilcavan	3.45		