

LAOIS CREDIT UNIONS CROSS COUNTRY
Danesfort, Ballyroan - 3rd January '10

Girls U.10 – 4 x 250 Relay

1st Emo/Rath Emma Lawlor, Aoife Mooney, Chloe Langford & Gillian Keenan.
2nd Emo/Rath Niamh Crowley, Rebecca Balfe, Emily Gleeson & Niall Egan.

Boys U.10 – 4 x 250 Relay

1st Emo/Rath Eoin Keenan, Jack Owens, Brian Ryan & Eddie Allen.

Girls U.12 – 4 x 500 Relay

1st Emo/Rath Nicole Allen, Donni Allen, Aoife Mooney & Niamh English.

Boys U.12 – 4 x 500 Relay

1st Emo/Rath Liam Crowley, Finbar Crowley, Brian Ryan & Eoin Keenan.

Girls U.14 & 16 – 4 x 500 Relay

1st **St. Abbans** Jane Kelly, Sharon Kelly, Siobhan Nash & James Moore.

Junior Men 3K – 9 Ind. & 2 Teams

1. Stephen Attride 10.12 S/A 2. Stephen Lawlor 10.23 S/A 3. Brian Kelly 10.37 S/A 4. Colm Maher 10.53 B/F 5. James Nolan 11.15 S/A 6. Chris Finn 11.31 P/L 7. Connor Hogan 12.42 B/F 8. Connor Lewis 12.58 B/F 9. David Lewis 13.02 B/F

Team

1st **St. Abbans** 1, 2, 3 & 5 = 11 pts. (Stephen Attride, Stephen Lawlor, Brian Kelly & James Nolan)
2nd Ballyfin 4, 7, 8 & 9 = 28 pts. (Colm Maher, Connor Hogan, Connor Lewis & David Lewis).

Senior Women 3K – 7 Ind. & 1 Team

1. Claire Phelan 11.56 S/A 2. Mary Mulhare 12.05 P/L 3. Ailish Brennan 12.12 S/A 4. Colette English 13.21 S/A 5. Breda McDonald 14.07 P/L 6. Mairead O’Kane 14.18 S/A 7. Ann Nichol/Waugh 16.14 S/A

Team

1st **St. Abbans** 1, 3, 4 & 6 = 14 pts. (Cl. Phelan, Ailish Brennan, Colette English & Mairead O’Kane)

Senior Men 10K – 36 Ind. & 5 Teams

1. Michael Mulhare 32.51 P/L 2. Dan Mulhare 33.38 P/L 3. Tony Reilly 36.10 P/L 4. Colm Burke 36.58 S/A 5. Aengus Burke 37.10 P/L 6. Martin McDonald 37.17 P/L 7. Riobard Miller 37.23 B/F 8. Noel Marum 37.32 P/L 9. Harry Lupton 37.58 P/L 10. P. J. Carroll 38.42 P/L 11. Jimmy McCormack 38.47 P/L 12. John Quinn 38.55 S/A 13. David Finn 39.01 B/F 14. Paul Brennan 39.03 P/L 15. Ciaran Keenan 39.21 B/F 16. Connor Barry 39.45 S/A 17. Colm McEvoy 40.06 S/A 18. Patrick Marshall 40.29 S/A 19. Joe Conway 40.37 B/F 20. Shane Delaney 40.44 B/F 21. Kevin Doyle 40.46 B/F 22. Stephen Bland 41.06 B/F 23. Colin Coyne 41.28 S/A 24. Mick O’Connor 41.38 S/A 25. Pavel Debakonski 41.55 P/L 26. Stephen O’Toole 43.23 B/F 27. Paul Ging 43.31 B/F 28. Dan Allen 43.40 B/F 29. Kevin White 44.04 B/F 30. Niall Kavanagh 44.58 P/L 31. Alo Maher 45.16 B/F 32. Niall English 46.27 S/A 33. David Keenan 48.44 B/F 34. Bill Deveraux 49.22 S/M 35. Gavin Kavanagh 51.46 P/L ??

Team

1st Portlaoise ‘A’ 1, 2, 3, 5, 6 & 8 = 25 pts.
(Micheal Mulhare, Dan Mulhare, Tony Reilly, Aengus Burke, Martin McDonald & Noel Marum).
2nd **St. Abbans** 4, 12, 16, 17, 18 & 23 = 90 pts.
(Colm Burke, John Quinn, Connor Barry, Colm McEvoy, Patrick Marshall & Colin Coyne).
3rd Ballyfin ‘A’ 7, 13, 15, 19, 20 & 21 = 95 pts.
(Riobard Miller, David Finn, Ciaran Keenan, Joe Conway, Shane Delaney & Kevin Doyle).
4th Portlaoise ‘B’ 9, 10, 11, 14, 25 & 30 = 95 pts.
(Harry Lupton, P. J. Carroll, Jimmy McCormack, Paul Brennan, Pavel Debakonski & Niall Kavanagh).
5th Ballyfin ‘B’ 22, 26, 27, 28, 29 & 31 = 163 pts.
(Stephen Bland, Stephen O’Toole, Paul Ging, Dan Allen, Kevin White & Alo Maher)