



St. Abban's Athletic Club

Monavea, Crettyard, Co. Laois.

Established 1955



St Stephens Day Road Race- Men's Result

Place	Name	2015	2016	Improvement	Cup	P.B	Year Achieved	PB
1st	Stephen Lawlor	13:40	13:31	00:09		13:40	2016	PB
2nd	John Felon	14:46	13:50	00:56	1st	13:50	2016	PB
3rd	Cormac Kelly	-----	14:04	-----	-----	-----	-----	-----
4th	Brian Kelly	13:59	14:17	(0:18)	-----	13:59	2015	
5th	Cian Kelly	14:57	14:25	00:32	3rd	14:25	2016	PB
6th	Colm Burke	14:55	14:58	(0:03)	-----	13:17	1996	
7th	Sean Geoghan	-----	14:58	-----	-----	14:58	2016	PB
8th	Conor Barry	-----	15:33	-----	-----	-----	-----	-----
9th	Eddie Walsh	17:23	16:38	00:45	2nd	16:38	2016	PB
10th	Shane Delaney	-----	16:40	-----	-----	16:40	2016	PB
11th	T.J Burke	-----	17:50	-----	-----	17:50	2016	PB
12th	Eoin McDonald	16:46	17:08	(0:22)	-----	16:33	2014	
13th	Francis Fleming Jnr	-----	17:11	-----	-----	-----	-----	-----
14th	Peter Balwin	-----	18:44	-----	-----	-----	-----	-----
15th	Francis Fleming Snr	17:23	17:22	00:01	-----	17:22	2016	PB
16th	Tom Buggy	-----	17:31	-----	-----	17:31	2016	PB
17th	Clare Phelan	-----	17:57	-----	-----	-----	-----	-----
18th	Paul McDonald	-----	18:05	-----	-----	-----	-----	-----
19th	Seamus Brennan	-----	19:20	-----	-----	-----	-----	-----
20th	Ger Kelly	21:42	19:29	0:31*	-----	19:29	2016	PB
21st	Anthony Brennan	-----	20:39	-----	-----	-----	-----	-----
22nd	Bernard Graham	-----	20:51	-----	-----	-----	-----	-----
23rd	Ollie Farrell	-----	20:51	-----	-----	-----	-----	-----
24th	Joe Farrell	21:14	21:36	-----	-----	16:42	2006	-----
25th	P.J Dowling	-----	23:10	-----	-----	-----	-----	-----
26th	Killian Whelan	-----	23:59	-----	-----	-----	-----	-----
27th	Dinny Whelan	-----	25:57	-----	-----	14:05	1983	-----

*There is a ceiling of 20 minutes which came into operation in 2014.

Winning Teams:

1st Team B: Brian Kelly 4th, Shane Delaney 10th, Francis Fleming Jnr 13rd & Ollie Farrell 23rd =50

2nd Team D: Colm Burke 6th, Eddie Walsh 9th, T.J Burke 11th & Catriona McDonald 28th=54

3rd Team A: Sean Geoghan 7th, Peter Baldwin 14th, Clare Phelan 17th & Paul McDonald 18th= 56

4th Team C: Stephen Lawlor 1st, Francis Fleming Snr 15th, Tom Buggy 16th & P.J Dowling 25th=57

5th Team H: John Felon 2nd, Conor Barry 8th, Ger Kelly 20th & Dinny Whelan 27th=57

6th Team F: Cormac Kelly 3rd, Eoin McDonald 12th, Joe Farrell 24th & Killian Whelan 26th=65

7th Team J: Cian Kelly 5th, Seamus Brennan 19th, Anthony Brennan 21st & Bernard Graham 22nd=67

Paddy "DOC" Delaney Cup: 1st John Felon 13:50 (56sec), Eddie Walsh 2nd (45sec)16:38 & 3rd Cian Kelly 14:25 (32sec)



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Established 1955



St Stephens Day 2016 Road Race- Women & Juvenile Result							
Place	Name	2015	2016	Improvement	Cup	P.B	Year Achieved
1st	Ailish Brennan	-----	05:46	-----	-----	-----	-----
2nd	Meave Maher	06:11	05:49	00:22	3rd	05:49	2016
3rd	Jack Fenlon	-----	05:53	-----		05:53	2016
4th	Cara Maher	05:58	05:59	(0:01)		05:58	2015
5th	Rebecca Fenlon	06:27	06:15	00:12		06:15	2016
6th	Lauryn Kealy	-----	06:21	-----	-----	-----	-----
7th	Evan English	-----	06:24	-----	-----	-----	-----
8th	Seoighe English	06:22	06:34	(0:12)		06:22	2015
9th	Laura Graham	06:59	06:36	00:23	1st	06:36	2016
10th	Caithlin McDonald	-----	06:39	-----	-----	-----	-----
11th	Sharon Buggy	-----	06:41	-----	-----	-----	-----
12th	Shane Buggy	07:41	06:47	00:53		06:47	2016
13th	Meabh Gallagher		06:51	-----		06:51	2016
14th	Aoibhinn McDonald	07:19	06:56	00:23	1st	06:56	2016
15th	Deirdre Brennan	-----	06:58	-----	-----	-----	-----
16th	Aoife Gallagher	-----	07:05	-----	-----	-----	-----
17th	Fionn O'Sullivan	07:06	07:08	(0:02)		07:06	2015
18th	Cara English	-----	07:19	-----	-----	07:19	2016
19th	Ben Reid	-----	07:23	-----	-----	07:23	2016
20th	Sean O'Sullivan	-----	07:24	-----	-----	07:24	2016
21st	Sarah Graham	07:24	07:45	(0:21)	-----	07:24	2015
22nd	Sarah Baldwin	-----	07:47	-----	-----	-----	-----
23rd	Emma Baldwin	-----	07:47	-----	-----	-----	-----
24th	Adrienne Kelly	-----	07:59	-----	-----	-----	-----
25th	Joyce Macken	08:09	08:11	(0:2)	-----	08:09	2015
26th	James McDonald	-----	08:16	-----	-----	-----	-----
27th	Amanda Brennan	08:17	08:23	(0:05)	-----	08:04	2012
28th	Maura Fleming	08:18	08:27	(0:09)	-----	-----	-----
29th	Pauline Doyle	08:40	08:48	00:08	-----	08:40	2016
30th	Tomothy Farrell	-----	08:50	-----	-----	08:50	2016
31st	Conan Farrell	-----	08:55	-----	-----	08:55	2016
32nd	Collette Brennan	09:27	09:09	00:18	-----	08:52	2014
33rd	Anne Graham	-----	09:26	-----	-----	-----	-----
34th	Marie Behan	-----	09:27	-----	-----	-----	-----
35th	Ellen Graham	-----	10:58	-----	-----	-----	-----
36th	Thomas Graham	-----	11:02	-----	-----	-----	-----
37th	Yvonne Graham	-----	11:02	-----	-----	-----	-----
38th	Carmel Hughes	-----	11:04	-----	-----	-----	-----
39th	Mary Whelan	-----	11:04	-----	-----	-----	-----
40th	Archie McDonald	-----	11:51	-----	-----	11:51	2016

Jack Mealy Cup: Joint 1st Laura Graham 06:36 0:23 sec) & Aoibhinn McDonald 06:56 (0:23 sec), 3rd Meave Maher 05:49 (0:22 sec)