

ST. STEPHENS DAY ROAD RACES 2010 – Held on 27th Dec. – Due to Weather
Senior Women – Juvenile – Fit4life – Jack Mealy Cup

Pl.	Name	2009	2010	Imp.	P.B.	Year Achieved
1.	*Ailish Brennan	---	5.47	---	5.39	2007
2.	* Colette English	---	6.11	---	5.50	1991
3.	*Nessa Millet	---	6.47	---	6.31	2008
4.	*Roisin Lacey	---	6.52	---	P.B.	New
5.	Cian Kelly	6.59	6.54	- 0.05	P.B.	
6.	Mairead Moore	---	7.07	---	P.B.	2008 7.50
7.	*Orla Jones	---	7.24	---	P.B.	New
8.	Deirdre Brennan	---	7.25	---	P.B.	New
9.	Alison O'Reilly	---	7.27	---	P.B.	New
10.	*Laura Graham	---	7.56	---	P.B.	2007 9.11
11.	Louise Graham	---	8.14	---	P.B.	2007 9.11
12.	*Niamh Moore	---	9.10	---	P.B.	New
13.	Carmel Hughes	---	9.20	---	P.B.	New
14.	Anita Gibbons	---	9.29	---	P.B.	New
15.	Maria Behan	8.42	9.32	+ 0.50	8.42	2009
16.	Agnes Kealy	---	9.37	---	P.B.	New

**Indicates received prize i.e. top 3 plus 4 spot prizes. As we had no female that improved on 2009 performance the 'Jack Mealy Cup' was awarded to Ailish Brennan.*

Jack Mealy Cup Winners:-

2010 – Ailish Brennan,
2009 – Maria Behan,
2008 – Mary Brennan,
2007 – Avril Murphy,
2006 – Claire Phelan
2005 – Claire Phelan.

ST. STEPHENS DAY ROAD RACES 2010 – Held on 27th Dec. – Due to Weather
Senior Men – Jack Mealy Cup – Most Improved on 2009 Performance

Pl.	Name	2009	2010	Imp.	P.B.	Year Achieved
1.	*Colm Burke	14.21	14.30	+ 0.09	13.17	1996
2.	*Stephen Lawlor (K)	15.16	14.49	- 0.27	14.49	2010 P.B.
3.	*Brian Kelly	15.31	14.56	- 0.35	14.56	2010 P.B.
4.	*Declan Byrne	----	15.05	----	14.36	1997
5.	John 'Bob' Quinn	16.20	15.36	- 0.44	15.36	2010 P.B.
6.	Conor Barry	16.06	15.43	- 0.23	15.43	2010 P.B.
7.	Colm McEvoy	----	16.31	----	16.30	2000
8.	*James Moore	----	16.41	----	16.41	2010 New
9.	*Francis Fleming (J)	----	16.53	----	??	
10.	*Mark Murray	----	16.57	----	16.57	2010 New
11.	*Claire Phelan	----	17.48	----	16.10	2008
12.	Francis Fleming (S)	17.46	17.52	+0.06	17.24	1997
13.	*Matt Moore	19.46	18.04	-1.42	18.04	2010 P.B.
14.	*Stephen Lawlor (?)	----	18.55	----	18.55	2010 New
15.	Martin Kelly	18.40	19.25	+0.45	14.08	1992
16.	*Bernard Graham	----	19.36	----	15.42	1992
17.	Pascal Lacey	----	19.50	----	19.50	2010 New
18.	Jimmy Walsh	----	20.36	----	20.36	2010 New
19.	Ben Brennan	----	20.55	----	16.12	1993
20.	*Dinny Whelan	----	21.12	----	14.05	1983
21.	*David Leahy	----	22.25	----	22.25	2010 New
22.	Joe Farrell	----	22.36	----	16.42	2006
23.	George Brophy	----	22.40	----	18.43	2004

* Designates prize winners. Nice turnout considering that we had to postpone the event. The Paddy 'DOC' Delaney cup goes to the athlete who improved the most on the previous years performance. We had 5 who showed good improvement. Conor Barry by 23 seconds, Stephen Lawlor by 27 seconds, Brian Kelly by 35 seconds, John 'Bob' Quinn by 44 seconds and Matt Moore by 1 minute and 42 seconds – New holder of the Cup.

Team Result:-

1 st	B	3, 11, 13 & 14	= 51 pts.	(Brian Kelly, Claire Phelan, Matt Moore & Stephen Lawlor)
2 nd	C	2, 8, 10 & 21	= 51 pts.	(Stephen Lawlor, James Moore, Mark Murray & David Leahy)
3 rd	D	1, 9, 16 & 20	= 46 pts.	(Colm Burke, Francis Fleming j, Bernard Graham & Dinny Whelan)
4 th	E	5, 12, 15 & 19	= 51 pts.	(John Quinn, Francis Fleming s, Martin Kelly & Ben Brennan)
5 th	A	4, 6, 18 & 23	= 51 pts.	(Declan Byrne, Conor Barry, Jimmy Walsh & George Brophy)
6 th	F	7, 17, 22 & 24	= 70 pts.	(Colm McEvoy, Pascal Lacey & Joe Farrell)

'DOC' DELANEY CUP WINNERS:-

2010 – Matt Moore,
 2009 – James Brennan (Clonbrock),
 2008 – Daniel Aylsbury,
 2007 – Daniel Aylsbury,
 2006 – Colm Graham,
 2005- Michael McLoughlin,
 2004, 2003, 2002 – Colm Burke