



St. Stephens Day Club Road Races 2012

WOMEN & JUVENILE RESULTS

Incorporating 'Jack Mealy Cup' – Most improved Female on 2011 Performance

Pl.	Name	2011	2012	Imp.	Cup	P.B.	Year Achieved
1.	*Cheryl Nolan	---	5.34				
2.	*Ailish Brennan	5.49	5.43	0.06	7 th	5.39	2007
3.	*Cian Kelly	6.22	5.45	0.37		5.45	2012
4.	*Breda Mulcahy	6.02	5.52	0.10	6 th		
5.	Maire Griffith	---	5.55			5.55	2012
6.	Mairead Moore	6.29	6.24	0.05	8 th	6.24	2012
7.	Mary Boylan	---	6.29			6.29	2012
8.	Elaine Mullally	---	6.31			6.31	2012
9.	*Tom Buggy	7.08	6.42			6.42	2012
10.	Conor Mulhall	6.36	6.53			6.36	2012
11.	Laura Graham	7.16	6.55	0.21	1 st	6.55	2012
12.	Laura Buggy	---	7.04			7.04	2012
13.	Ger Kelly	7.47	7.21			7.21	2012
14.	Pauline Whelan	---	7.22			7.22	2012
15.	*Josceline Ayres	---	7.24			7.24	2012
16.	Orla Davis	7.41	7.30	0.11	5 th	7.30	2012
17.	Emma Baldwin	---	7.32			7.32	2012
18.	Ann Nicholl/Waugh	---	7.33			7.31	2009
19.	Louise Graham	7.36	7.36	0.00		7.36	2012
20.	Anna Daly	---	7.37			7.37	2012
21.	*Shane Buggy	7.47	7.43			7.43	2012
22.	Laura Brennan	---	7.49			???	
23.	Orla Kelly	---	7.57			7.57	2012
24.	Maura Fleming	7.50	8.01			7.50	2011
25.	Carmel Hughes	8.14	8.02	0.12	4 th	8.02	2012
26.	*Amanda Brennan	---	8.04			8.04	2012
27.	Emma Graham	---	8.07			8.07	2012
28.	Margaret Davis	7.27	8.12			7.27	2011
29.	Clare McCrory	---	8.22			???	
30.	Joyce Macken	8.04	8.27			8.04	2011
31.	Pauline Doyle	8.59	8.45	0.14	3 rd	8.45	2012
32.	Catriona Baldwin	---	9.01			9.01	2012
33.	Cathy Roche	---	9.13			9.31	2012
34.	*Deirdre Delaney	---	9.24			9.24	2012
35.	Mary Whelan	---	9.25			8.39	2007
36.	Marie Behan	---	9.31			8.42	2009
37.	*Yvonne Graham	---	9.35			9.35	2012
38.	Joyce Byrne	---	9.50			9.50	2012
39.	Colette Brennan R/M	---	14.29			???	
40.	Angela Mulhall	14.45	14.29	0.16	2 nd	14.29	2012



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* Prize recipients - top 3 placings and 7 spot prizes.

Improvements show that 9 ladies showed an improvement in their performance from the St Stephen's Day road race in 2011 while a number of the boys U.14 also showed big improvements. Louise Graham same as 2011, Mairead Moore up by 5 seconds, Ailish Brennan up 6 seconds, Breda Mulcahy up 10 seconds, Orla Davis up by 11 seconds, Carmel Hughes up by 12 seconds, Pauline Doyle up by 14 seconds, Angela Mulhall up by 16 seconds and Laura Graham improved by 21 seconds to win the Jack Mealy Cup.

Previous Winners of the Jack Mealy Cup - 2011 – Carmel Hughes, 2010 - Ailish Brennan, 2009- Maria Behan, 2008 – Mary Brennan, 2007 – Avril Murphy and 2006 & 2005 – Claire Phelan.

MEN'S RESULTS

Incorporating Paddy 'DOC' Delaney Cup – Most Improved on 2011 Performance

Pl.	Name	2011	2012	Imp	Cup	P.B.	Year A	ch	Team
1.	*Stephen Lawlor	14.19	14.08	0.11	10 th	14.08	2012	1A	
2.	*John Fenlon	15.11	14.32	0.39	4 th	14.32	2012	1B	
3.	*James Griffin	---	14.39			14.39	2012	1C	
4.	*Chris Finn	---	15.15			15.15	2012	2H	
5.	*Colm Burke	14.23	15.16			13.17	1996	1D	
6.	*Dermot Ayres	---	15.38			???		1H	
7.	Eddie Walsh	16.08	16.12			15.50	2009	2B	
8.	*Noel Coss	---	16.24			16.24	2012	1L	
9.	Declan Byrne	---	16.30			???		2K	
10.	James Delaney	---	16.36			16.36	2012	1F	
11.	*Noel Phelan	---	16.40			16.40	2012	4D	
12.	Colm McEvoy	15.46	16.50			15.31	2004	1E	
13.	Raymond Buggy	16.36	16.53			16.36	2011	2C	
14.	Martin Kelly	17.24	17.00	0.24	7 th	14.08	1992	2F	
15.	Peter Baldwin	---	17.04			???		2E	
16.	Paraic Bolton	---	17.08			???		2D	
17.	Eoghan Buggy	17.10	17.11			17.10	2010	2L	
18.	Sean Kinsella	---	17.14			???		3A	
19.	*Matthew Moore	17.33	17.17	0.16	9 th	17.33	2010	4L	
20.	Mark Murray	16.31	17.32			16.31	2010	1K	
21.	*Francis Fleming (S)	17.41	17.40	0.01	11 th	17.24	1997	3L	
22.	Liam Delaney	---	17.52			???		3K	
23.	Matthew Warren	19.43	18.07	1.36	3 rd	18.07	2012	5K	
24.	John Graham	---	18.12			???		3H	
25.	Dylan Byrne	19.01	18.22	0.39	4 th	18.22	2012	2A	
26.	Martin Rice	---	18.31			18.31	2012	3D	



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27.	Ciaran Kelly	---	19.05	???		5F
28.	*David Buggy	18.37	19.10	???		5H
29.	Pa Brennan	---	19.22	???		4C
30.	*Patsy Baldwin	19.34	19.33	0.01	11 th	5L
31.	Seamus Brennan	24.40	19.52	4.48	1 st	5C
32.	Pat Finn	---	20.19		20.19 2012	3F
33.	Claire Phelan	---	20.22	???		4E
34.	Jimmy Walsh	20.14	20.35		20.14 2011	4K
35.	Dinny Whelan	---	20.50	???		4A
36.	*Michael Lyons	---	21.16	???		5D
37.	Paddy Harding	21.38	21.20	0.18	8 th	3B
38.	Andrew Rice	22.01	21.26	0.35	6 th	3C
39.	Bernard Graham	20.26	21.54		15.42 2007	4F
40.	Michael Walsh	---	22.19		22.19 2012	3E
41.	John Reid	24.40	22.54	1.46	2 nd	5B
42.	*Sean Kelly	---	23.00	???		4H
43.	Ben Brennan	---	23.59	???		5E
44.	Darren Kelly	---	24.14		24.14 2012	4B

*Designates prize winner.

The Paddy 'DOC' Delaney cup is awarded to the most improved performance on the previous year. 11 athletes showed an improvement from the St Stephen's Day road race in 2011 with Patsy Baldwin and Francis Fleming up by 1 second. Stephen Lawlor up by 10 seconds, Matt Moore by 16 seconds, Paddy Harding by 18 seconds, Martin Kelly by 24 seconds, Andrew Rice by 35 seconds, John Fenlon and Dylan Byrne by 39 seconds, Matthew Warren by 1 minute and 36 seconds, John Reid by 1 minute and 46 seconds and to take the cup with a huge improvement of 4 minutes and 48 seconds SEAMUS BRENNAN.

Previous Winners of the Paddy 'DOC' Delaney Cup - 2011 – Martin Kelly, 2010 – Matt Moore, 2009 – James Brennan, 2008 & 2007 – Daniel Aylsbury, 2006 – Colm Graham, 2005 – Michael McLoughlin and 2004, 2003 & 2003 – Colm Burke.

Team Result – 5 to score:-

1 st	D	5, 11, 16, 26 & 36	=	94 pts.	Colm Burke, Noel Phelan, Paraic Bolton, Martin Rice & Michael Lyons.
2 nd	L	8, 17, 19, 21 & 30	=	95 pts.	Noel Coss, Eoghan Buggy, Matthew Moore, Francis Fleming & Patsy Baldwin.
3 rd	H	4, 6, 24, 28 & 42	=	104 pts.	Chris Finn, Dermot Ayres, John Graham, David Buggy & Sean Kelly.
4 th	K	9, 20, 22, 23, & 34	=	108 pts.	Declan Byrne, Mark Murray, Liam Delaney, Matthew Warren & Jimmy Walsh.
5 th	C	3, 13, 29, 31 & 38	=	114 pts.	James Griffin, Ramon Buggy, Pa Brennan, Seamus Brennan & Andrew Rice.
6 th	F	10, 14, 27, 32 & 39	=	122 pts.	James Delaney, Martin Kelly, Ciaran Kelly, Pat Finn & Bernard Graham.
7 th	A	1, 18, 25, 35 & 45	=	124 pts.	Stephen Lawlor, Sean Kinsella, Dylan Byrne, Dimmy Whelan & Pulled Up.
8 th	B	2, 7, 37, 41 & 44	=	131 pts.	John Fenlon, Eddie Walsh, Paddy Harding, John Reid & Darren Kelly.
9 th	E	12, 15, 33, 40 & 43	=	143 pts.	Colm McEvoy, Peter Baldwin, Claire Phelan, Michael Walsh & Ben Brennan.

Thanks to all who turned out today, to our race sponsor Ben Brennan and to John and Marie Behan for the use of their premises.

*Happy New Year to all,
From all in St Abban's AC*