

Woodie's DIY / AAI Track & Field League Final

Tullamore Harriers Stadium, 19th August 2012

100 m - Men Division One

Wind : +2.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	69	Lawler, Marcus	St. L. O'Toole A.C.			10.48
2	68	Irwin, Zak	Sligo County			10.97
3	63	Lynch, Cormac	Clare County			11.14
4	64	Kenny, Ferdia	Sli Cualann A.C.			11.16
5	67	Roussie, Antonie	Donore Harriers A.C.			11.23
6	70	BOWler, Michael	Kilkenny City Hrs A.C.			11.46
7	66	Tsu, Duncan	Bandon A.C.			11.67
	65	O'Callaghan, Mel	Riocht A.C.			DNS

200 m - Men Division One

Wind : +3.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	69	Lawler, Marcus	St. L. O'Toole A.C.			21.67
2	67	Fahey, Eamon	Donore Harriers A.C.			22.15
3	70	Saunders, Jack	Kilkenny City Hrs A.C.			22.68
4	63	Lynch, Cormac	Clare County			22.80
5	64	Kenny, Ferdia	Sli Cualann A.C.			22.92
6	68	Hynes, Gary	Sligo County			23.13
7	66	Tsu, Duncan	Bandon A.C.			23.48
8	65	O'Callaghan, Mel	Riocht A.C.			25.15

400 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	70	Saunders, Jack	Kilkenny City Hrs A.C.			51.49
2	63	Flynn, William	Clare County			51.82
3	68	Gillen, Shane	Sligo County			52.79
4	64	Ward, Cian	Sli Cualann A.C.			52.87
5	69	Curran, Gavin	St. L. O'Toole A.C.			56.48
6	66	Stam, Eric	Bandon A.C.			56.51
	67	English, Henry	Donore Harriers A.C.			DNF

800 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	70	Everard, Eoin	Kilkenny City Hrs A.C.			1.58.59
2	69	Lawler, Danny	St. L. O'Toole A.C.			1.59.55
3	68	Mc Dermott, Dermott	Sligo County			1.59.91
4	67	Travers, John	Donore Harriers A.C.			2.00.74
5	63	Keane, Michael	Clare County			2.02.98
6	64	Cullen, Jamie	Sli Cualann A.C.			2.03.89
7	66	Duggan, Ronan	Bandon A.C.			2.12.75
	65	Doran, James	Riocht A.C.			DNS

1500 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	70	Everard, Eoin	Kilkenny City Hrs A.C.			3.48.92
2	68	Sanchez, Alberto	Sligo County			3.49.33
3	64	Owens, Richard	Sli Cualann A.C.			4.10.35
4	63	Mc Ginley, Brian	Clare County			4.11.87
5	66	O'Sullivan, Mark	Bandon A.C.			4.16.40
6	67	Allen, Sam	Donore Harriers A.C.			4.17.07
7	65	Doran, James	Riocht A.C.			4.26.13
8	69	Power, Graham	St. L. O'Toole A.C.			4.31.80

5000 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	70	Maher, Brian	Kilkenny City Hrs A.C.			14.34.65
2	68	Dunleavy, Emmett	Sligo County			15.00.32
3	63	O'Regan, Jake	Clare County			15.37.24
4	69	Lawler, Kevin	St. L. O'Toole A.C.			15.44.38
5	67	Nugent, Ken	Donore Harriers A.C.			15.51.51
6	65	O'Callaghan, Donal	Riocht A.C.			15.58.05
7	64	Kavanagh, Mikie	Sli Cualann A.C.			16.22.63
8	66	Laffan, Tom	Bandon A.C.			17.35.60

110 m Hurdles - Men Division One

Wind : +1.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	67	Taggart, Simon	Donore Harriers A.C.			14.72
2	70	Power, Eoin	Kilkenny City Hrs A.C.			16.08
3	65	Cremin, Ger	Riocht A.C.			16.62
4	66	Howard, Shane	Bandon A.C.			17.01
5	68	Mc Glynn, Kevin	Sligo County			20.93

400 m Hurdles - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	67	Taggart, Simon	Donore Harriers A.C.			56.04
2	68	Mc Dermott, Dermott	Sligo County			59.02
3	70	Power, Eoin	Kilkenny City Hrs A.C.			59.27
4	69	Noctor, KEith	St. L. O'Toole A.C.			59.71
5	63	Flynn, William	Clare County			59.79
6	65	Cremin, Ger	Riocht A.C.			60.16
7	66	Walsh, Darragh	Bandon A.C.			63.35
8	64	Lennon, Padraig	Sli Cualann A.C.			69.10

3000 m Steeplechase - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	69	Kirwan, Brian	St. L. O'Toole A.C.			9.46.41
2	67	Hill, Colm	Donore Harriers A.C.			10.17.01
3	68	O'Connor, Killian	Sligo County			10.20.40
4	64	Grummell, Tim	Sli Cualann A.C.			10.21.42
5	63	Smithwick, Fergal	Clare County			10.23.53
6	66	O'Sullivan, Mark	Bandon A.C.			10.24.71
7	65	O'Connor, Joe	Riocht A.C.			10.25.93
	70	Fitzpatrick, Johnathan	Kilkenny City Hrs A.C.			DNF

3000 m Walk - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	69	Kidd, David	St. L. O'Toole A.C.			13.24.11
2	63	Conlon, Fergal	Clare County			16.16.96
3	66	O'Neill, Robert	Bandon A.C.			16.23.83
4	64	Gartland, Tony	Sli Cualann A.C.			16.57.61
5	70	Dunphy, Nicholas	Kilkenny City Hrs A.C.			17.12.09
6	68	Harper, David	Sligo County			17.43.59
7	67	Hill, Colm	Donore Harriers A.C.			22.01.26

High Jump - Men Division One

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	0.00
1	67	Roussie, Antonie	Donore Harriers	-	-	O	O	O	O	O	O	X
2	70	Bowler, Michael	Kilkenny City Hrs	-	-	-	-	XO	-	O	XXX	
3	66	Howard, Shane	Bandon A.C.	O	-	O	-	O	XO	XO	XXX	
Place	No	Name	Club	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.75
4	64	Murphy, Lorcan	Sli Cualann A.C.	-	-	-	-	-	O	O	O	XXX
4	69	Murphy, Adam	St. L. O'Toole A.C.	-	-	-	-	O	O	O	O	XXX
6	65	Cremin, Ger	Riocht A.C.	-	-	-	-	O	O	O	XXO	XXX
7	63	Lynch, Cormac	Clare County	-	-	-	-	O	O	XO	XXX	
8	68	Mc Glynn, Kevin	Sligo County	O	O	XO	XO	XO	XXX			

Long Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	67	Fahey, Eamon	Donore Harriers A.C.	7.02	X	X	6.95			7.02
2	68	Bourke, Colm	Sligo County	6.42	6.51	6.50	X			6.51
3	66	Howard, Shane	Bandon A.C.	X	5.99	6.34	X			6.34
4	64	Kenny, Ferdia	Sli Cualann A.C.	5.89	5.85	5.71	-			5.89
5	70	Everard, Cormac	Kilkenny City Hrs A.C.	5.35	5.04	5.75	5.65			5.75
6	69	Curran, Gavin	St. L. O'Toole A.C.	3.82	5.49	5.63	5.52			5.63
7	63	Carraig, Jack	Clare County	X	5.30	X	5.39			5.39

Triple Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	68	Murtagh, Aaron	Sligo County	13.28	13.64	-	-			13.64
				+1.0	+1.9					+1.9
2	67	Roussie, Antonie	Donore Harriers A.C.	12.93	13.01	13.00	13.47			13.47
				+1.8	+4.0	+3.2	+4.6			+4.6
3	66	Shaughnessy, Fintan	Bandon A.C.	12.95	10.55	11.00	12.61			12.95
				+2.2	+1.4	+2.4	+5.1			+2.2

4	63	Griffin, Colm	Clare County	X	12.36	11.50	X						12.36
					+0.5	+2.3							+0.5
5	70	Everard, Cormac	Kilkenny City Hrs A.C.	11.66	12.06	11.81	11.84						12.06
				+3.0	+1.2	+2.7	+1.3						+1.2
6	64	Hanlon, Cormac	Sli Cualann A.C.	10.57	11.04	11.35	10.77						11.35
				+0.6	+0.6	+1.3	+2.3						+1.3
7	69	Byrne, Paul	St. L. O'Toole A.C.	9.70	9.49	10.42	X						10.42
				+2.2	+0.1	+3.0							+3.0

Pole Vault - Men Division One

Place	No	Name	Club	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40	3.60
1	65	O'Callaghan, Mel	Riocht A.C.	-	-	-	-	-	O	O	O	XXX
2	70	Bowler, Michael	Kilkenny City Hrs	-	-	-	-	-	O	XXO	O	XXX
3	69	Byrne, Paul	St. L. O'Toole A.C.	-	-	O	O	O	XXO	XXX		
4	64	Whelan, Eamon	Sli Cualann A.C.	O	O	O	O	XXX				
5	66	Stam, Eric	Bandon A.C.	-	-	O	XO	XXX				

Shot Putt - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	69	Abbey, Francis	St. L. O'Toole A.C.	12.38	X	11.78	12.58			12.58
2	66	Mc Sweeney, Patrick	Bandon A.C.	10.83	11.10	11.33	11.19			11.33
3	63	Cleary, Eamonn	Clare County	9.81	9.67	X	10.11			10.11
4	65	Greaney, Anthony	Riocht A.C.	9.36	X	X	8.62			9.36
5	64	Whelan, Eamon	Sli Cualann A.C.	8.30	X	7.98	7.85			8.30
6	68	O'Boyle, Damien	Sligo County	6.87	6.88	6.62	-			6.88
7	67	Jenkins, Tony	Donore Harriers A.C.	6.26	6.10	5.98	5.38			6.26

Discus - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	64	Kearney, Ronan	Sli Cualann A.C.	33.02	31.29	X	32.55			33.02
2	67	Taggart, Simon	Donore Harriers A.C.	28.61	31.32	27.88	30.08			31.32
3	69	Abbey, Francis	St. L. O'Toole A.C.	31.23	X	X	26.57			31.23
4	63	Cleary, Eamonn	Clare County	27.66	29.50	27.16	28.03			29.50
5	66	Stam, Frank	Bandon A.C.	24.79	25.10	27.41	27.76			27.76
6	65	Hand, Shane	Riocht A.C.	-	-	23.28	X			23.28
7	68	O'Boyle, Damien	Sligo County	17.59	19.10	21.06	-			21.06

Javelin - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	64	Rice, Adam	Sli Cualann A.C.	54.54	51.26	-	-			54.54
2	63	Bullman, Lunga	Clare County	X	45.35	44.76	39.92			45.35
3	69	Garrigan, Michael	St. L. O'Toole A.C.	X	43.87	41.46	44.76			44.76
4	66	Reynolds, David	Bandon A.C.	42.90	40.02	X	42.40			42.90
5	70	Brennan, Dean	Kilkenny City Hrs A.C.	35.38	41.23	41.46				41.46
6	68	Boal, Connell	Sligo County	33.55	35.07	X	X			35.07
7	65	Cahill, Stephen	Riocht A.C.	28.46	29.42	30.08				30.08
8	67	Jenkins, Tony	Donore Harriers A.C.	X	23.16	21.77	23.49			23.49

Hammer - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	66	Mc Sweeney, Patrick	Bandon A.C.	40.81	40.93	42.69	42.47			42.69
2	65	Hand, Shane	Riocht A.C.	32.33	34.77	35.67	35.70			35.70
3	63	Griffin, Colm	Clare County	34.07	35.19	X	31.60			35.19
4	69	Perry, David	St. L. O'Toole A.C.	X	20.53	X	X			20.53
5	64	Kearney, Ronan	Sli Cualann A.C.	19.70	-	-	-			19.70
6	67	Morrison, Ian	Donore Harriers A.C.	X	X	X	10.81			10.81

56lb Distance - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	65	Greaney, Anthony	Riocht A.C.	5.73	5.72	6.15	5.92			6.15
2	63	Griffin, Colm	Clare County	5.55	5.76	5.85	5.85			5.85
3	69	O'Toole, Willie	St. L. O'Toole A.C.	5.25	X	5.69	5.69			5.69
4	66	Reynolds, David	Bandon A.C.	X	5.53	5.47	5.50			5.53
5	70	Brennan, Dean	Kilkenny City Hrs A.C.	X	5.16	X	5.31			5.31
6	64	Owens, Richard	Sli Cualann A.C.	2.65	3.50	3.34	3.87			3.87
7	68	Reynolds, Stephen	Sligo County	X	X	3.05	X			3.05
8	67	Hill, Colm	Donore Harriers A.C.	X			1.71			1.71

4 x 100 m - Men Division One

Place	Club	Team	Time
1	Donore Harriers A.C.	Fahey, Eamon Roussie, Antonie Taggart, Simon Wilson, Luke	43.69
2	St. L. O'Toole A.C.	Costigan, Ian	44.40

		Lawler, Marcus Murphy, Adam Noctor, Keith	
3	Kilkenny City Hrs A.C.		45.47
		Everard, Eoin Hayes, Thomas Power, Eoin Saunders, Jack	
4	Clare County		45.99
		Carraig, Jack Ellis, Conor Lynch, Cormac Lynch, Darragh	
5	Bandon A.C.		46.03
		Okafor, Great Okafor, Mighty Smith, Bobby	
6	Sli Cualann A.C.		47.42
		Hanlon, Cormac Murphy, Lorcan Nutt, David Whelan, Eamon	

100 m - Women Division One

Wind : +4.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	81	Armstrong, Ciara	City of Derry			12.58
2	1	Bednoz, Ania	Sligo County			12.49
3	80	Hurley, Aileen	Youghal A.C.			13.21
4	140	Brennan, Katie	St. Abbans A.C.			13.32
5	79	Cloke Rochford, Niamh	Wexford County			13.34
6	135	Lematy, Zoe	Sli Cualann A.C.			13.93
7	2	Lacey, Ciara	Athletics Louth			14.41
8	82	Norris, Kaylee	West Waterford A.C.			14.82

200 m - Women Division One

Wind : +4.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	140	Millet, Nessa	St. Abbans A.C.			25.32
2	81	Armstrong, Ciara	City of Derry			26.38
3	79	Moloney, Sinead	Wexford County			26.95
4	1	Bednoz, Ania	Sligo County			27.02
5	2	Carr, Rebecca	Athletics Louth			27.17
6	80	Cronin, Deirdre	Youghal A.C.			27.88
7	135	Basquille, Caoimhe	Sli Cualann A.C.			28.13
8	82	Norris, Kaylee	West Waterford A.C.			31.33

400 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	81	Barr, Anna	City of Derry			61.41
2	2	Carr, Rebecca	Athletics Louth			63.78
3	140	O'Gorman, Sinead	St. Abbans A.C.			64.17
4	135	Earls, Claire	Sli Cualann A.C.			64.73
5	1	Burns, Emily	Sligo County			67.62
6	79	Bates, Taylor	Wexford County			68.71
7	80	Savage, Nikita	Youghal A.C.			70.11
8	82	Scanlon, Emer	West Waterford A.C.			73.07

800 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	79	Kehoe, Fiona	Wexford County			2.16.30
2	81	Jackson, Amy	City of Derry			2.20.20
3	140	Brennan, Ailish	St. Abbans A.C.			2.28.51
4	1	Kilgallen, Rachael	Sligo County			2.29.53
5	82	O'Brien, Lucy	West Waterford A.C.			2.34.89
6	2	Haak, Sarah	Athletics Louth			2.55.68
7	80	Curtin, Patricia	Youghal A.C.			3.11.35
	135	Howard, Amy	Sli Cualann A.C.			DNS

1500 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	79	Kehoe, Fiona	Wexford County			4.51.55
2	1	Kilgallen, Rachael	Sligo County			4.56.58
3	81	Mc Daid, Amy	City of Derry			5.00.58
4	140	Brennan, Ailish	St. Abbans A.C.			5.12.38
5	135	Howard, Amy	Sli Cualann A.C.			5.29.31
6	2	Mc Donnell, Sinead	Athletics Louth			5.38.84
7	82	Collins, Claire	West Waterford A.C.			6.10.61
	80	Devereaux, Richella	Youghal A.C.			DNS

3000 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	81	Campbell, Marina	City of Derry			10.52.87
2	1	Hodgins, Sharon	Sligo County			11.03.27
3	135	Hartnett, Ellie	Sli Cualann A.C.			11.10.40
4	79	Wilson, Ciara	Wexford County			11.32.72
5	2	Haak, Sarah	Athletics Louth			11.41.78
6	140	Mulcahy, Breda	St. Abbans A.C.			11.55.81

100 m Hurdles - Women Division One

Wind : +2.00

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	79	Furney, Orla	Wexford County			15.35
2	140	Buggy, Saragh	St. Abbans A.C.			15.59
3	2	Fussey, Niamh	Athletics Louth			16.17
4	81	Mc Cay, Emma	City of Derry			16.55
5	80	Hurley, Aileen	Youghal A.C.			16.66
6	82	Houlihan, LIsa	West Waterford A.C.			16.94
7	135	Earls, Linda	Sli Cualann A.C.			17.00
8	1	Mulvanney, Louise	Sligo County			19.23

400 m Hurdles - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	140	Millet, Nessa	St. Abbans A.C.			63.50
2	79	Furney, Orla	Wexford County			67.52
3	81	Mc Cay, Emma	City of Derry			71.03
4	2	Fussey, Niamh	Athletics Louth			71.80
5	135	Conroy, Aoife	Sli Cualann A.C.			71.93
6	1	Mulvanney, Louise	Sligo County			75.11
7	80	Curtin, Patricia	Youghal A.C.			83.32
	82	Scanlon, Emer	West Waterford A.C.			DNS

1500 m Walk - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	140	Nash, Siobhan	St. Abbans A.C.			7.44.91
2	1	Conlon, Rachael	Sligo County			8.13.53
3	79	O'Gorman, Patrice	Wexford County			8.37.56
4	2	Cheshire, Helen	Athletics Louth			9.59.80
	80	Ryan, Sandra	Youghal A.C.			DQ

High Jump - Women Division One

Place	No	Name	Club	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70
1	2	Rogers, Emily	Athletics Louth	-	-	-	-	O	XO	XO	O	XXX
2	135	Rogan, Pippa	Sli Cualann A.C.	-	-	-	-	O	O	XXX		
3	82	Collins, Claire	West Waterford A.C.	-	-	-	O	XO	XO	XXX		
4	81	Morgan, Naomi	City of Derry	-	XO	O	O	O	XXX			
5	140	Quinn, Niamh	St. Abbans A.C.	-	-	O	O	XO	XXX			
Place	No	Name	Club	1.10	1.20	1.25	1.30	1.35	1.40			
6	80	Cronin, Deirdre	Youghal A.C.	O	O	O	O	XO	XXX			

Long Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	81	Devlin, Mary	City of Derry	X	5.53	X	5.52			5.53
					+2.2		+2.4			+2.2
2	140	Buggy, Saragh	St. Abbans A.C.	5.09	5.38	5.45	X			5.45
				+2.2	+1.3	+2.7				+2.7
3	79	Moloney, Sinead	Wexford County	5.03	5.24	5.06	5.06			5.24
				+2.5	+2.7	+3.6	+1.5			+2.7
4	2	Carr, Rebecca	Athletics Louth	X	X	4.79	4.55			4.79

5	80	Cronin, Deirdre	Youghal A.C.	X	4.59	4.48	4.67	+3.7	+2.7	+3.7
					+1.2	+5.0	+3.0			4.67
6	1	Burns, Emily	Sligo County	4.43	-	-	-			+3.0
				+3.5						4.43
7	135	Basquille, Caoimhe	Sli Cualann A.C.	4.36	-	-	-			+3.5
				+2.2						4.36
8	82	Norris, Kaylee	West Waterford A.C.	3.52	X	3.52	-			+2.2
				+2.4		+3.1				3.52
										+2.4

Triple Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	140	Buggy, Saragh	St. Abbans A.C.	11.76	11.56	12.09	10.29			12.09
				+2.4	+0.3	+2.1	+0.9			+2.1
2	1	Bednoz, Ania	Sligo County	11.42	11.56	11.51	11.28			11.56
				+0.9	+0.7	+1.8	+2.2			+0.7
3	81	Devlin, Mary	City of Derry	10.96	11.37	11.39	11.30			11.39
				+1.3	+1.0	+3.3	+3.0			+3.3
4	135	Kavangh, Laura	Sli Cualann A.C.	10.06	9.88	10.35	X			10.35
				+2.8	+1.3	+3.1	+1.1			+3.1
5	82	Houlihan, Lisa	West Waterford A.C.	9.61	9.57	-	-			9.61
				+2.2	+1.4					+2.2
6	80	Curtin, Patricia	Youghal A.C.	8.63	8.62	8.73	-			8.73
				+1.5	-0.1	+1.2				+1.2
7	2	Haak, Sarah	Athletics Louth	X	6.83	-	-			6.83
				+2.4						+2.4

Shot Putt - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	140	Daly, Shauna	St. Abbans A.C.	9.52	10.10	9.83	10.32			10.32
2	80	Hallahan, Aileen	Youghal A.C.	10.06	9.69	9.92	9.38			10.06
3	82	Scanlon, Zoe	West Waterford A.C.	8.76	9.20	9.42	X			9.42
4	2	Rogers, Frances	Athletics Louth	-	9.10	8.72	8.50			9.10
5	79	Owen, Emma	Wexford County	8.34	8.32	8.32	8.27			8.34
6	1	Mc Hugh, Rhianna	Sligo County	-	7.20	7.24	7.42			7.42
7	135	O'Shea, Denise	Sli Cualann A.C.	-	6.92	7.12	-			7.12
8	81	Herron, Danae	City of Derry	6.71	6.63	6.91	6.89			6.91

Discus - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	82	Scanlon, Zoe	West Waterford A.C.	34.34	34.35	X	33.59			34.35
2	79	Owen, Emma	Wexford County	31.07	28.24	32.27	30.62			32.27
3	140	Daly, Shauna	St. Abbans A.C.	26.41	27.75	29.62	26.62			29.62
4	80	Hallahan, Aileen	Youghal A.C.	27.00	29.39	27.10	26.48			29.39
5	135	Kavangh, Laura	Sli Cualann A.C.	23.24	25.28	21.71	23.51			25.28
6	81	Ketelaar, Caitlin	City of Derry	19.63	21.89	X	20.11			21.89
7	2	Rogers, Frances	Athletics Louth	18.39	18.40	17.37	21.72			21.72
8	1	Hodgins, Sharon	Sligo County	X	11.99	11.83	-			11.99

Javelin - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Mc Donnell, Olivia	Athletics Louth	34.85	33.36	37.06	34.94			37.06
2	140	Daly, Emma	St. Abbans A.C.	30.74	30.45	32.08	34.17			34.17
3	135	O'Shea, Denise	Sli Cualann A.C.	24.18	24.61	27.49	25.09			27.49
4	79	Cloke Rochford, Niamh	Wexford County	25.50	25.99	26.26	27.10			27.10
5	81	Ketelaar, Caitlin	City of Derry	25.65	X	26.77	24.53			26.77
6	80	Savage, Nikita	Youghal A.C.	21.33	-	-	-			21.33
7	1	Mc Hugh, Rhianna	Sligo County	14.15	12.56	16.15	13.32			16.15
8	82	Scanlon, Ciara	West Waterford A.C.	13.73	-	-	-			13.73

Hammer - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	79	Furlong, Christine	Wexford County	41.47	34.82	40.85	X			41.47
2	140	Daly, Emma	St. Abbans A.C.	37.13	34.82	39.25	X			39.25
3	82	Scanlon, Ciara	West Waterford A.C.	36.07	32.81	X	X			36.07
4	80	Curtin, Geraldine	Youghal A.C.	X	12.52	X	-			12.52

100 m - Men Premier Div.

Wind : +2.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	62	Colvert, Steven	Crusaders A.C.			10.49
2	61	Gregan, Brian	Clonliffe Hrs A.C.			10.54
3	50	Davis, Jamie	Raheny Shamrock A.C.			10.82
4	56	O'Halloran, Edmond	Leevale A.C.			11.14
5	60	Hunter Graham, Callum	North Down			11.16
6	55	Cooney, Ben	Galway City Harriers A.C.			11.20
7	58	Regan, Barry	St. Abbans A.C.			11.27
8	59	Kavanagh, Mark	DSD			11.76

200 m - Men Premier Div.

Wind : +2.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	62	Colvert, Steven	Crusaders A.C.			21.08
2	50	Davis, Jamie	Raheny Shamrock A.C.			22.16
3	59	Kavanagh, Mark	DSD			22.65
4	61	Whelan, Paul	Clonliffe Hrs A.C.			22.80
5	60	Hunter Graham, Callum	North Down			23.01
6	58	Regan, Barry	St. Abbans A.C.			23.22
7	55	Cooney, Ben	Galway City Harriers A.C.			23.53
8	56	Ahern, Dan	Leevale A.C.			23.75

400 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	61	Gregan, Brian	Clonliffe Hrs A.C.			47.55
2	62	Murphy, Brian	Crusaders A.C.			47.91
3	56	O'Sullivan, Thomas	Leevale A.C.			49.45
4	50	Kelly, Kieran	Raheny Shamrock A.C.			49.59
5	60	Mc Comb, Adam	North Down			50.44
6	59	Lynch, Kevin	DSD			51.72
7	58	Buggy, Eoghan	St. Abbans A.C.			52.26
8	55	Hebron, Anthony	Galway City Harriers A.C.			54.13

800 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	58	Kelly, Brian	St. Abbans A.C.			1.57.50
2	61	Vaulters, Kris	Clonliffe Hrs A.C.			1.58.07
3	50	Kelly, Feidhlim	Raheny Shamrock A.C.			1.59.00
4	59	Conway, Mark	DSD			2.00.84
5	62	Sexton, Kevin	Crusaders A.C.			2.01.45
6	55	Costello, Eddie	Galway City Harriers A.C.			2.02.78
7	56	Shine, John	Leevale A.C.			2.04.99
	60	Mc Conville, Brendan	North Down			DNS

1500 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	50	Birmingham, Daire	Raheny Shamrock A.C.			3.55.35
2	62	Hynes, Ray	Crusaders A.C.			3.59.80
3	61	Hanlon, Aaron	Clonliffe Hrs A.C.			4.01.22
4	59	Serjoeins, D	DSD			4.05.24
5	58	Kelly, Brian	St. Abbans A.C.			4.08.59
6	55	Fallon, Keith	Galway City Harriers A.C.			4.13.01
7	56	Shine, John	Leevale A.C.			4.17.46
	60	Budde, James	North Down			DNS

5000 m - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	56	Hanrahan, Mark	Leevale A.C.			14.39.96
2	55	Thornton, Gary	Galway City Harriers A.C.			14.44.47
3	61	Fitzmaurice, David	Clonliffe Hrs A.C.			14.55.74
4	50	Ryan, Simon	Raheny Shamrock A.C.			15.08.10
5	59	Corbally, Robert	DSD			15.29.94
6	60	Marsh, Frances	North Down			15.43.55
7	62	Cross, Rob	Crusaders A.C.			15.45.42
8	58	Lawlor, Stephen	St. Abbans A.C.			16.18.34

110 m Hurdles - Men Premier Div.

Wind : +2.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	61	Field, Matt	Clonliffe Hrs A.C.			14.33
2	56	O'Halloran, Edmond	Leevale A.C.			15.34
3	50	Shallow, Peter	Raheny Shamrock A.C.			15.85
4	60	Mc Conville, Brendan	North Down			15.85
5	58	Byrne, Paul	St. Abbans A.C.			16.13
6	55	Hebron, Anthony	Galway City Harriers A.C.			17.63
7	62	Dunne, Gareth	Crusaders A.C.			24.69
	59	Byrne, Kevin	DSD			DNS

400 m Hurdles - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	62	Harvey, Jason	Crusaders A.C.			54.77
2	58	Byrne, Paul	St. Abbans A.C.			55.26
3	61	Fagan, John	Clonliffe Hrs A.C.			55.65
4	59	Miller, Jonathan	DSD			55.79
5	55	Maguire, Evan	Galway City Harriers A.C.			57.87
6	50	Kelly, Feidhlim	Raheny Shamrock A.C.			60.03
7	60	Lynas, Gareth	North Down			65.57
8	56	Casey, Ryan	Leevale A.C.			70.13

3000 m Steeplechase - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	59	Jennings, Emmett	DSD			9.39.46
2	62	Hynes, Ray	Crusaders A.C.			9.39.89
3	61	Rossiter, Jayme	Clonliffe Hrs A.C.			9.45.52
4	58	Griffin, James	St. Abbans A.C.			10.05.64
5	60	Budde, James	North Down			10.06.21
6	56	Crowley, Philip	Leevale A.C.			10.24.54
	50	Foley, Donal	Raheny Shamrock A.C.			DNS
	55	Kelly, Alan	Galway City Harriers A.C.			DNS

3000 m Walk - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	56	Hickey, Luke	Leevale A.C.			13.44.12
2	61	Cleary, Ryan	Clonliffe Hrs A.C.			14.04.10
3	50	Mahon, Jmaes	Raheny Shamrock A.C.			15.49.85
4	55	Mannion, Peter	Galway City Harriers A.C.			15.58.75
5	58	Delaney, James	St. Abbans A.C.			17.19.79
6	62	Dunne, Gareth	Crusaders A.C.			20.22.16

High Jump - Men Premier Div.

Place	No	Name	Club	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
1	58	Daly, Conor	St. Abbans A.C.	-	-	-	-	O	O	O	O	O
2	62	O'Briain, Ruairi	Crusaders A.C.	-	-	O	-	-	O	O	O	XXX
3	61	Heaney, Andrew	Clonliffe Hrs A.C.	-	-	O	O	XO	O	XXO	XO	XXX
4	50	Buckley, James	Raheny Shamrock A.C.	-	O	O	O	XO	XXX			
4	55	Muntean, Igor	Galway City Harriers A.C.	O	O	O	O	XO	XXX			
6	56	Brownlow, Philip	Leevale A.C.	O	O	O	O	XXX				
Place	No	Name	Club	1.30	1.50	1.55	1.60	1.65				
7	59	Byrne, Kevin	DSD	-	O	O	XXO	XXX				
	60	Lynas, Gareth	North Down	XXX								

Long Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	62	Mc Mullan, Adam	Crusaders A.C.	7.09	7.35	7.54	7.35			7.54
2	56	Quilligan, David	Leevale A.C.	6.60	6.70	6.58	X			6.70
3	58	Byrne, Paul	St. Abbans A.C.	6.17	X	6.02	5.92			6.17
4	61	Doran, Daniel	Clonliffe Hrs A.C.	6.04	5.79	X	X			6.04
5	60	Hunter Graham, Callum	North Down	5.78	5.83	5.82	5.81			5.83
6	59	Wyatt, George	DSD	5.26	5.11	5.08	5.26			5.26
7	50	Doyle, Brendan	Raheny Shamrock A.C.	5.02	5.10	-	-			5.10
8	55	Griffin, Henry	Galway City Harriers A.C.	5.07	X	4.90	5.07			5.07

Triple Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	56	Finnegan, Denis	Leevale A.C.	14.39	14.55	14.36	14.30			14.55
				+0.5	+4.4	+2.8	+3.1			+4.4
2	58	Daly, Conor	St. Abbans A.C.	12.79	13.18	X	13.34			13.34
				+0.5	+2.8		+3.4			+3.4
3	61	Dorina, Tomas	Clonliffe Hrs A.C.	12.48	12.79	13.02	X			13.02
				+2.7	+1.1	+2.2				+2.2
4	62	Mulhall, Eoin	Crusaders A.C.	12.05	12.34	12.64	12.50			12.64
				+2.7	+1.3	+3.8	+5.5			+3.8
5	59	Whyte, Killian	DSD	11.87	11.74	12.41	11.94			12.41
				+0.7	+0.9	+2.9	+2.0			+2.9
6	55	Muntean, Igor	Galway City Harriers A.C.	10.53	10.39	X	9.99			10.53
				+1.5	+2.4		+0.9			+1.5
7	50	O'Donoghue, Barry	Raheny Shamrock A.C.	9.45	9.69	-	-			9.69
				+3.2	+1.2					+1.2

Pole Vault - Men Premier Div.

Place	No	Name	Club	3.20	3.40	3.60	4.20	4.40	4.50	4.60	4.70
1	61	Donegan, Dave	Clonliffe Hrs A.C.	-	-	-	O	XO	O	O	XXX
2	50	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	O	XO	O	XO	XXX
3	60	Mc Conville, Brendan	North Down	-	-	-	O	XO	O	XXX	
	62	O'Briain, Ruairi	Crusaders A.C.	-	-	-	XXX				

Place	No	Name	Club	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.40
4	58	Delaney, James	St. Abbans A.C.	-	-	-	-	-	O	O	
5	59	Byrne, Kevin	DSD	-	-	O	XXO	O	XO	X	
6	56	Nagle, Robert	Leevale A.C.	O	O	O	XXX				

Shot Putt - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	55	Mitkus, Linas	Galway City Harriers A.C.	13.63	14.21	X	-			14.21
2	56	Tierney, Dave	Leevale A.C.	12.96	13.27	12.40	12.70			13.27
3	62	Moylan, Eoin	Crusaders A.C.	11.84	12.01	X	X			12.01
4	61	Klinzon, Marcin	Clonliffe Hrs A.C.	10.40	11.16	X	11.19			11.19
5	60	Elliot, Kenny	North Down	9.69	9.94	9.07	9.47			9.94
6	58	Graham, Bernard	St. Abbans A.C.	7.94	9.56	8.93	9.68			9.68
7	59	Kidd, Andy	DSD	7.53	6.63	8.10	7.26			8.10
8	50	Fanning, Eoin	Raheny Shamrock A.C.	7.41	7.65	7.24	7.51			7.65

Discus - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	61	Rauktys, Tomas	Clonliffe Hrs A.C.	47.75	X	48.07	51.46			51.46
2	55	Mitkus, Linas	Galway City Harriers A.C.	44.07	43.41	X	X			44.07
3	56	Hazler, Paul	Leevale A.C.	43.29	40.28	42.04	42.67			43.29
4	62	Moylan, Eoin	Crusaders A.C.	33.19	X	X	34.29			34.29
5	60	Mc Conville, Brendan	North Down	32.35	32.80	31.49	32.15			32.80
6	58	Kelly, Aidan	St. Abbans A.C.	29.13	30.03	28.89	X			30.03
7	59	Mc Dermott, Brian	DSD	25.90	26.88	-	-			26.88
8	50	Buckley, James	Raheny Shamrock A.C.	23.09	23.20	X	23.02			23.20

Javelin - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	60	Stockton, Matt	North Down	50.24	52.02	49.58	51.20			52.02
2	59	Mc Dermott, Brian	DSD	48.68	46.50	49.45	45.59			49.45
3	61	Whelan, Ryan	Clonliffe Hrs A.C.	48.30	48.71	48.80	49.21			49.21
4	55	Breathnach, Sean	Galway City Harriers A.C.	46.87	44.88	X	X			46.87
5	62	Harvey, Jason	Crusaders A.C.	41.22	40.48	45.29	X			45.29
6	56	Hayes, Brian	Leevale A.C.	39.41	44.88	36.57	38.57			44.88
7	50	O'Sullivan, Tony	Raheny Shamrock A.C.	40.12	38.74	39.05	35.95			40.12
8	58	O'Donoghue, Tom	St. Abbans A.C.	38.89	36.33	37.54	38.14			38.89

Hammer - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	62	Barry, Killian	Crusaders A.C.	51.01	X	X	55.15			55.15
2	61	Hunt, Martin	Clonliffe Hrs A.C.	48.79	45.29	47.31	47.31			48.79
3	56	Hazler, Paul	Leevale A.C.	X	45.09	X	44.58			45.09
4	58	Kelly, Aidan	St. Abbans A.C.	34.44	34.71	37.01	X			37.01
5	55	Farragher, Tommy	Galway City Harriers A.C.	30.70	30.45	X	32.00			32.00
6	50	Fanning, Eoin	Raheny Shamrock A.C.	30.16	X	26.82	31.65			31.65
7	59	Kidd, Andy	DSD	X	24.37	23.20	26.63			26.63
8	60	Mc Grattan, Paddy	North Down	24.85	26.00	25.78	24.89			26.00

56lb Distance - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	61	Rauktys, Tomas	Clonliffe Hrs A.C.	8.26	8.16	X	7.97			8.26
2	56	Tierney, Dave	Leevale A.C.	7.46	7.60	7.71	7.56			7.71
3	55	Breathnach, Sean	Galway City Harriers A.C.	6.92	7.41	X	X			7.41
4	62	Kennedy, Austin	Crusaders A.C.	6.89	X	7.16	6.58			7.16
5	58	Graham, Bernard	St. Abbans A.C.	5.97	6.06	5.92	6.07			6.07
6	60	Mc Grattan, Paddy	North Down	4.61	4.77	4.62	4.67			4.77
7	59	Byrne, Peter	DSD	3.73	4.34	X	X			4.34

4 x 100m - Men Premier Div.

Place	Club	Team	Time
1	Crusaders A.C.		42.29
2	Raheny Shamrock A.C.		43.08
3	Leevale A.C.		43.93
4	DSD		44.29

5	Galway City Harriers A.C.	45.76
6	North Down	46.10

100 m - Women Premier Div.

Wind : +3.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	77	Mc Sweeney, Ailis	Leevale A.C.			11.80
2	72	Whelan, Niamh	Ferrybank A.C.			11.82
3	75	Bergin, Claire	DSD			11.87
4	73	Healy, Phil	Bandon A.C.			12.01
5	74	Juhasz, Fanns	Raheny Shamrock A.C.			12.76
6	78	Mc Manus, Aoibhin	City of Lisburn			13.50
7	71	Lynch, Laura	Kerry Athletics			13.91
8	76	Moore, Leah	Clonliffe Hrs A.C.			15.37

200 m - Women Premier Div.

Wind : +1.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	72	Whelan, Niamh	Ferrybank A.C.			24.26
2	73	Healy, Phil	Bandon A.C.			25.25
3	75	Leahy, Jade	DSD			25.49
4	76	Bechtina, Snezana	Clonliffe Hrs A.C.			26.49
5	74	Drumgoole, Aisling	Raheny Shamrock A.C.			27.04
6	78	Quinn, Erin	City of Lisburn			27.26
7	77	Sheehan, Jessica	Leevale A.C.			27.54
	71	Lynch, Laura	Kerry Athletics			DNS

400 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	75	Bergin, Claire	DSD			55.48
2	72	Barr, Jessie	Ferrybank A.C.			57.06
3	73	Moynihan, Grainne	Bandon A.C.			57.58
4	74	O'Donnell, Issuelt	Raheny Shamrock A.C.			58.56
5	77	Nevill, Christine	Leevale A.C.			59.59
6	78	Rodgers, Michelle	City of Lisburn			61.17
7	76	Byrne, Denise	Clonliffe Hrs A.C.			64.31
8	71	Crowe, Laura	Kerry Athletics			68.71

800 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	77	Mc Sweeney, Clare	Leevale A.C.			2.12.83
2	75	Denny, Sinead	DSD			2.14.11
3	74	Eviston, Siobhan	Raheny Shamrock A.C.			2.19.57
4	76	Begley, Lorna	Clonliffe Hrs A.C.			2.22.35
5	71	McCarthy, Maria	Kerry Athletics			2.31.61
6	73	Everard, Aisling	Bandon A.C.			2.40.48
7	72	Whelan, Niamh	Ferrybank A.C.			3.04.31
	78	Neely, Kelly	City of Lisburn			DNF

1500 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	71	Crowe, Laura	Kerry Athletics			4.30.23
2	76	Alexander, Eleanor	Clonliffe Hrs A.C.			4.35.58
3	77	Lee, Liz	Leevale A.C.			4.39.75
4	75	Devlin, Niamh	DSD			4.45.60
5	74	Eviston, Siobhan	Raheny Shamrock A.C.			4.47.42
6	78	Lowry, Judith	City of Lisburn			4.54.32
7	73	Crowley, Carmel	Bandon A.C.			5.14.71
	72	Rowe, Nicole	Ferrybank A.C.			DNS

3000 m - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	77	Lee, Liz	Leevale A.C.			10.18.88
2	75	Clinton, Fiona	DSD			10.24.17
3	74	Manning, Lorraine	Raheny Shamrock A.C.			10.26.07
4	76	Woods, Becky	Clonliffe Hrs A.C.			10.27.27
5	78	Lowry, Judith	City of Lisburn			10.31.92
6	71	Costello, Ann-Marie	Kerry Athletics			10.39.92
7	73	Crowley, Carmel	Bandon A.C.			10.40.58
	72	Rowe, Nicole	Ferrybank A.C.			DNS

100 m Hurdles - Women Premier Div.

Wind : +1.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	77	O'Rourke, Derval	Leevale A.C.			13.37
2	74	Juhasz, Fanns	Raheny Shamrock A.C.			14.13
3	72	Murphy, Mairead	Ferrybank A.C.			14.72
4	75	Peters, Emma	DSD			15.38
5	73	Howard, Roisin	Bandon A.C.			15.53
6	78	Rose, Libby	City of Lisburn			15.67
7	76	Begley, Elaine	Clonliffe Hrs A.C.			16.21
	71	Courtney, Ailbhe	Kerry Athletics			DNS

400 m Hurdles - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	72	Barr, Jessie	Ferrybank A.C.			61.23
2	75	Peters, Emma	DSD			61.76
3	77	Neville, Jessica	Leevale A.C.			65.72
4	73	Finn, orla	Bandon A.C.			66.76
5	78	Rose, Libby	City of Lisburn			67.29
6	76	Begley, Elaine	Clonliffe Hrs A.C.			67.69
7	74	Scanlon, Susan	Raheny Shamrock A.C.			74.13
8	71	Prendeville, Emma	Kerry Athletics			76.65

1500 m Walk - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	71	Prendeville, Emma	Kerry Athletics			7.20.78
2	75	Prendeville, SORCHA	DSD			7.24.98
3	73	O'Sullivan, Priscilla	Bandon A.C.			9.11.73
4	74	Bernard, Louise	Raheny Shamrock A.C.			9.52.24
5	77	Buckley, Una	Leevale A.C.			9.52.34
6	78	Rose, Annie	City of Lisburn			10.53.91
	72	O'Leary, Heather	Ferrybank A.C.			DNS

High Jump - Women Premier Div.

Place	No	Name	Club	1.40	1.45	1.50	1.55	1.60	1.65	1.70
1	75	Ryan, Deirdre	DSD	-	-	-	-	-	XO	XO
2	72	Murphy, Sorcha	Ferrybank A.C.	-	-	O	O	O	O	XXX
3	74	Buckley, Helen	Raheny Shamrock A.C.	-	-	O	O	XO	XXX	
4	73	Howard, Roisin	Bandon A.C.	O	O	O	XO	XXX		
Place	No	Name	Club	1.20	1.25	1.30	1.35	1.40	1.45	
5	71	Prendeville, Emma	Kerry Athletics	-	-	O	O	O		
6	76	Mc Ginley, Orna	Clonliffe Hrs A.C.	O	O	O	XXX			
7	77	Bickerdike, Andrea	Leevale A.C.	-	O	XO	XXX			
8	78	Quinn, Erin	City of Lisburn	O	O	X-				

Long Jump - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	78	Herron, Linzi	City of Lisburn	5.79	5.80	5.78	5.89			5.89
				+3.7	+3.2	+3.1	+4.7			+4.7
2	74	Juhasz, Fanns	Raheny Shamrock A.C.	5.34	5.54	5.54	5.34			5.54
				+2.2	+3.2	+3.1	+4.0			+3.1
3	77	Sheehan, Jessica	Leevale A.C.	5.30	5.03	5.26	5.35			5.35
				+2.7	+2.2	+2.8	+2.7			+2.7
4	73	Howard, Roisin	Bandon A.C.	4.83	5.09	4.88	-			5.09
				+2.5	+1.9	+2.4				+1.9
5	75	Moggan, Grainne	DSD	4.84	4.95	5.07	4.90			5.07
				+0.4	+1.0	+3.0	+4.0			+3.0
6	71	O'Connnor, Sinead	Kerry Athletics	4.80	4.83	4.84	5.01			5.01
				+1.3	+2.2	+2.0	+2.8			+2.8
7	72	Byrne, Leona	Ferrybank A.C.	X	X	4.84	4.00			4.84
						+2.4	+2.3			+2.4
8	76	Byrne, Denise	Clonliffe Hrs A.C.	3.99	3.73	3.94	4.20			4.20
				+3.1	+2.4	+2.9	+2.4			+2.4

Triple Jump - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	77	Sheehan, Jessica	Leevale A.C.	10.71	10.71	11.02	11.08			11.08
				-0.2	+2.0	+3.7	+1.5			+1.5
2	71	O'Connnor, Sinead	Kerry Athletics	10.84	10.48	10.42	10.29			10.84
				+1.9	+0.6	+3.0	+1.0			+1.9
3	75	Moggan, Grainne	DSD	10.24	10.42	10.31	10.07			10.42
				+1.9	+2.4	+2.2	+0.5			+2.4
4	78	Johnston, Hollie	City of Lisburn	10.10	10.25	9.75	10.20			10.25

				+1.4	+2.0	+2.2	+1.0			+2.0
5	76	Bechtina, Snezana	Clonliffe Hrs A.C.	8.88	9.91	10.09	9.28			10.09
				+4.4	+2.6	+3.3	+1.1			+3.3
6	74	Sheehan, Maeve	Raheny Shamrock A.C.	9.80	9.49	9.97	9.95			9.97
				+1.3	+2.4	+3.5	+1.5			+3.5
7	72	Whelan, Siobhan	Ferrybank A.C.	9.47	9.71	9.57	9.46			9.71
				+0.7	+2.8	+3.0	+1.1			+2.8
8	73	Bradfield, Tracy	Bandon A.C.	8.27	8.55	8.69	8.92			8.92
				+1.1	+1.9	+0.9	+2.3			+2.3

Shot Putt - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	73	Mc Sweeney, Laura	Bandon A.C.	11.08	10.80	11.00	10.64			11.08
2	72	Murphy, Mairead	Ferrybank A.C.	-	9.05	8.94	9.70			9.70
3	77	Moynihán, Megan	Leevale A.C.	9.60	X	8.45	9.08			9.60
4	74	Brown, Zoe	Raheny Shamrock A.C.	9.46	9.16	9.51	9.39			9.51
5	71	Boyd, Kate	Kerry Athletics	8.91	8.44	8.45	8.87			8.91
6	75	Mc Glynn, Claire	DSD	8.32	8.50	7.17	8.14			8.50
7	78	Rose, Libby	City of Lisburn	8.41	8.19	8.23	-			8.41
8	76	Farley, Ruth	Clonliffe Hrs A.C.	-	6.10	6.38	6.32			6.38

Discus - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	72	Hickey, Kate	Ferrybank A.C.	38.08	X	X	36.24			38.08
2	76	Morris, Caoimhe	Clonliffe Hrs A.C.	30.75	28.45	-	32.69			32.69
3	71	Boyd, Kate	Kerry Athletics	24.16	31.89	28.63	31.32			31.89
4	73	Duggan, Fiona	Bandon A.C.	27.85	22.77	X	25.61			27.85
5	74	Kiernan, Mieke	Raheny Shamrock A.C.	14.77	22.65	19.10	21.39			22.65
6	78	Mitchell, Amanda	City of Lisburn	20.56	22.01	X	21.98			22.01
7	77	Byrd, Katy	Leevale A.C.	16.45	15.86	19.52	15.90			19.52
8	75	Casey, Hilary	DSD	18.05	17.90	19.01	18.87			19.01

Javelin - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	75	White Fitzgibbon, Anita	DSD	52.21	49.29	47.25	49.29			52.21
2	76	Byrne, Denise	Clonliffe Hrs A.C.	35.17	36.11	34.90	34.84			36.11
3	74	Buckley, Helen	Raheny Shamrock A.C.	28.98	28.82	30.82	30.61			30.82
4	71	Casey, Rita	Kerry Athletics	30.82	26.75	30.43	28.86			30.82
5	73	Roche, Rachel	Bandon A.C.	30.09	29.26	28.12	30.15			30.15
6	72	Murphy, Mairead	Ferrybank A.C.	29.28	X	26.75	25.15			29.28
7	78	Johnston, Hollie	City of Lisburn	20.41	-	22.27	X			22.27
8	77	Bickerdike, Andrea	Leevale A.C.	-	15.51	17.65	16.09			17.65

Hammer - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	71	O'Neill, Mairead	Kerry Athletics	42.98	45.35	46.38	43.98			46.38
2	73	Mc Sweeney, Laura	Bandon A.C.	42.89	40.73	40.75	40.75			42.89
3	77	Moynihán, Megan	Leevale A.C.	39.74	X	40.58	X			40.58
4	74	Kiernan, Mieke	Raheny Shamrock A.C.	30.57	34.16	36.13	35.69			36.13
5	76	Morris, Caoimhe	Clonliffe Hrs A.C.	35.39	X	33.87	34.79			35.39
6	78	Wallace, Kathryn	City of Lisburn	29.01	30.60	31.01	29.46			31.01
7	72	Hickey, Kate	Ferrybank A.C.	24.04	X	30.13	X			30.13
8	75	Mc Glynn, Claire	DSD	X	18.64	-	-			18.64