

## TRACK

## 100m Hurdles (Wind -0.8)

Place	Num	Athlete	Club	Time
1	1073	Clare McNamara	GUEST	

## 400m Hurdles

Place	Num	Athlete	Club	Time
1	1077	Sarah Woods	Clonliffe Harriers	68.83

## 100m (Wind -1.7)

Place	Num	Athlete	Club	Time
1	1287	Leah Moore	Clonliffe Harriers	12.33
2	1061	Francesca Reville	Menapians	13.37
2	1068	Anna Boyle	GUEST	12.52
3	1045	Eilish Fitzpatrick	GUEST	12.99

## 110m Hurdles (Wind -0.9)

Place	Num	Athlete	Club	Time
1	1063	Ciaran O'Cathain	Raheny Shamrock's	15.60
2	1087	Conor McCrossan	Clonliffe Harriers	16.26
3	1062	Adrian Jackman	Menapians	16.65
4	1106	Colin McHugh	Boyne	18.21
5	1092	Sheriff Adejoke	Dunleer	21.46

## 400m Hurdles

Place	Num	Athlete	Club	Time
1	1275	Barry Upton	Menapians	53.77
2	1278	Jonathan Miller	D.S.D	53.83
3	1108	Paul Byrne	St. Abban's	53.85
4	1097	Andrew Kidd	D.S.D	56.68
5	1274	Damian Walsh	Menapians	63.1
6	1106	Colin McHugh	Boyne	64.15
7	1092	Sheriff Adejoke	Dunleer	69.26
4	1110	James Ruxton	GUEST	54.17
5	1109	Alan Corcoran	GUEST	59.83

## 100m

Place	Num	Athlete	Club	Time
<b>HEAT 1 (Wind: -1.1)</b>				
1	1313	Olawale Egbeyemi	SLOT	11.31
2	1279	John Crowley	D.S.D	11.54
3	1121	Joe Monaghan	Navan	11.54
4	1307	Barry O'Donohoe	Raheny Shamrock's	11.74
5	1082	Cain Ward	Sli Cualann	12.15

## HEAT 2 (Wind: -1.3)

1	1309	David Quillign	GUEST	11.4
2	1117	Eoin Muldowney	Castlecomer	11.5
3	3	Daniel Kavanagh	Clonliffe Harriers	11.61
4	5	Alan Whelan	Tullamore Harriers	11.7
5	1062	Adrian Jackman	Menapians	12.11
6	1111	Ray Delaney	Tullamore Harriers	12.34
7	1114	Ronan Foley	GUEST	12.86

## HEAT 3 (Wind: -1.4)

1	1280	Patrick Phelan	D.S.D	11.03
2	1160	Cian Ahern	GUEST	11.37
3	1276	Conor Coleman	Clonliffe Harriers	11.45
4	1296	Larry O'Reilly	Tullamore Harriers	11.76
5	1120	David Tobin	Trim	11.83

## FINAL (Wind: -0.4)

1	1280	Patrick Phelan	D.S.D	11.01
2	1117	Eoin Muldowney	Castlecomer	11.41
3	1279	John Crowley	D.S.D	11.46
4	1276	Conor Coleman	Clonliffe Harriers	11.47
5	1121	Joe Monaghan	Navan	11.51
6	1307	Barry O'Donohoe	Raheny Shamrock's	11.83
2	1160	Cian Ahern	GUEST	11.29
3	1309	David Quilligan	GUEST	11.4

## Senior Women

Seniors - Tullamore -  
6th June 2010

## Senior Men

## 200m

Place	Num	Athlete	Club	Time
1	1258	Antoinette Stafford	DMP	25.70
2	1288	Zita Murphy	D.S.D	26.37
3	1061	Francesca Reville	Menapians	27.26
4	1238	Susan Giblin	Raheny Shamrock's	27.37
5	1236	Deirdre Duffy	Dunleer	29.85
1	1249	Marian Andrews	GUEST	24.88
3	1045	Eilish Fitzpatrick	GUEST	25.80

## 200m

Place	Num	Athlete	Club	Time
<b>HEAT 1 (Wind: -0.8 )</b>				
1	1320	Gordon Kennedy	Tullamore Harriers	21.90
2	1301	Brian Murphy	GUEST	22.31
3	1309	David Quillign	GUEST	22.47
4	1117	Eoin Muldowney	Castlecomer	22.56
5	1062	Adrian Jackman	Menapians	23.96
6	1318	Shane Gore	Fingallians	24.05
7	1116	Liam O'Brien	GUEST	24.36
8	1096	Mark Garland	Dunleer	25.19

## HEAT 2 (Wind: -1.4 )

1	1201	Neil Dunne	Star of the Sea	22.66
2	1275	Barry Upton	Menapians	22.86
3	1160	Cian Aherne	GUEST	22.95
4	1319	Ray Lennon	Tullamore Harriers	24.20
5	1082	Cian Ward	Sli Culann	24.51
6	1111	Ray Delaney	Tullamore Harriers	24.90
7	1114	Ronan Foley	GUEST	26.31

## OVERALL 200m

1	1320	Gordon Kennedy	Tullamore Harriers	21.90
2	1117	Eoin Muldowney	Castlecomer	22.56
3	1201	Neil Dunne	Star of the Sea	22.66
2	1301	Brian Murphy	GUEST	22.31
3	1309	David Quillign	GUEST	22.47

## 400m

Place	Num	Athlete	Club	Time
1	1283	Rachael Smith	St. Coca's	1.04.41
2	1236	Deirdre Duffy	Dunleer	1.09.08
1	1317	Mary McLoone	GUEST	56.08

## 400m

Place	Num	Athlete	Club	Time
1	1123	Kieran Kelly	Raheny Shamrock's	48.64
2	1312	Fergus Hannon	Tullamore Harriers	49.14
3	6	Eoin Mulhall	U.C.D	49.98
4	1294	Jamie Davis	Raheny Shamrock's	50.15
5	1	Stephen Kelly	Tullamore Harriers	50.64
6	1199	Paul Opperamn	U.C.D	50.82
7	1278	Jonathan Miller	D.S.D	50.89
8	5	Alan Whelan	Tullamore Harriers	51.23
9	1318	Shane Gore	Fingallian's	52.12
10	1097	Andrew Kidd	D.S.D	52.57
11	1159	Rory Kedney	Menapians	52.74
12	1125	Feilibhe O'Cinneide	Navan	55.48
13	1091	Mark Garland	Dunleer	57.56
14	1237	Paul Kilmartin	Tullamore Harriers	58.94
1	1100	Darra Kevick	GUEST	48.52
3	1126	Craig Lynch	GUEST	49.04

## Senior Women

Seniors - Tullamore -  
6th June 2010

## Senior Men

## 800m

Place	Num	Athlete	Club	Time
1	1239	Eleanor Alexander	Clonliffe Harriers	2.17.25
2	1067	Aisling McGee	Slí Cualann	2.28.42
3	1283	Rachael Smith	St. Coca's	2.30.14

## 800m

Place	Num	Athlete	Club	Time
1	1306	Andrew Connick	Slaney Olympic	1.57.56
2	1128	Stephen Harkin	Clonliffe Harriers	1.58.38
3	1277	Eoin Durkin	Donore Hrs.	1.58.95
4	1281	Ronan Kearns	Cruasaders	1.59.70
5	1302	Christopher Kelly	Donore Hrs.	1.59.72
6	1290	Catch Grennan	Tullamore Hr.s	2.00.96
7	1127	Brian Kirwan	S.L.O.T	2.01.45
8	1311	Carl Fitzmorris	Cruasaders	2.02.53
9	1130	Brian McCabe	Rathfarnham	2.02.64
10	1051	Thomas O'Rielly	St. Brigid's	2.07.92
11	1081	Tony Collins	Slí Cualann	2.07.97
12	1050	Ronan O'Rielly	St. Brigid's	2.09.78
13	1284	James Kelly	Fr. Murphy's	2.12.17

## 1500m

Place	Num	Athlete	Club	Time
1	1239	Eleanor Alexander	Clonliffe Harriers	4.47.85
2	1240	Clare Phelan	St. Abban's	4.49.99
3	1286	Sharon Monaghan	Fr. Murphy's	5.07.69

## 1500m

Place	Num	Athlete	Club	Time
1	1128	Stephen Harkin	Clonliffe Harriers	4.09.75
2	1070	Richard Owens	Slí Cualann	4.10.08
3	1180	Louis McCarthy	Rathfarnham	4.12.75
4	1132	Toss Hayes	K.C.H	4.13.10
5	20	Joe Breen	Sliabh Bui rovers	4.18.16
6	1133	Eoin Brett	Newbridge	4.27.92

## 5000m

Place	Num	Athlete	Club	Time
1	1240	Clare Phelan	St. Abban's	18.22.80

## 5000m

Place	Num	Athlete	Club	Time
1	1105	Barry Minnock	Rathfarnham	15.02.70
2	1135	Cormac Fitzpatrick	North Laois	16.22.71
3	1136	Kevin Mulligan	Metro St. Brigid's	16.26.85
4	2	Adrian Watson	Menapians	16.47.70
2	11131	Gerry Ryan	GUEST	15.08.11
	1301	Brian Murphy	GUEST	17.01.59

## 3000m Walk

Place	Num	Athlete	Club	Time
1	1071	Emma Farrell	Slaney Olympic	16.45.19
2	1088	Ann Gormley	Donore Harriers	17.55.96

## 5000m Walk

Place	Num	Athlete	Club	Time
1	1104	David Kidd	S.L.O.T	21.37.05
	1065	John Egan	Bree	DSQ

## SteepleChase

Place	Num	Athlete	Club	Time
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## 3000m SteepleChase

Place	Num	Athlete	Club	Time
1	1127	Brian Kirwan	S.L.O.T	10.12.15

## 4 \* 100m Relay

Place	Club	Time
1	Dunleer	48.70

## Senior Women

Seniors - Tullamore -  
6th June 2010

## Senior Men

## FIELD

## Long Jump

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	1258	Antoinette Stafford	DMP	5.76
2	1068	Anna Boyle	GUEST	5.52
3	1073	Clare McNamara	GUEST	4.93

## Triple Jump

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
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## Javelin

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	1246	Emma Daly	St. Abban's	25.42

## High Jump

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>
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## Long Jump

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	1099	Eoin Hannon	Tullamore Harriers	7.20
2	1120	David Tobin	Trim	6.34
3	1295	Michael Davis	Raheny Shamrock's	5.19
1	1093	Joe Barry	GUEST	5.79

## Triple Jump (Wind nwi)

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	1138	Eoin Kelly	St. Abban's	14.84
2	1140	Ciaran Cronin	D.S.D	12.10
3	1295	Michael Davis	Raheny Shamrock's	11.42
4	1107	Austin Lee	St. Joseph's	10.39
1	1299	Denis Finnegan	GUEST	14.95

## Javelin

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	1235	Darren Aires	N.Westmeath	45.52
2	1139	Barry Pender	St. Abban's	35.19

## High Jump

<i>Place</i>	<i>Num</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>
1	1139	Barry Pender	St. Abban's	1.90
2	1107	Austin Lee	St. Joseph's	1.50

## Senior Women

Seniors - Tullamore -  
6th June 2010

## Senior Men

## Shot

Place	Num	Athlete	Club	Distance
1	1095	Aoife Hoey	Cruasaders	11.50
2	1245	Shauna Daly	St. Abban's	10.65
3	1236	Deirdre Duffy	Dunleer	7.54
4	1058	Michelle Pilkington	Dunboyne	7.17

## Shot

Place	Num	Athlete	Club	Distance
1	1049	Thomas Rauktys	Clonliffe Harriers	14.61
2	1148	Conor O'Reilly	Slí Cualann	10.60
3	1114	Aidan Kelly	St. Abban's	10.33
4	1139	Barry Pender	St. Abban's	9.85
5	1146	Oisin Hoey	St. Michael's	9.62
6	1107	Austin Lee	St. Joseph's	9.13
1	1145	Sean Breathnach	GUEST	16.16

## Discus

Place	Num	Athlete	Club	Distance
1	1046	Philipa Conway	Cruasaders	33.88
2	1095	Aoife Hoey	Cruasaders	29.30
3	1246	Emma Daly	St. Abban's	28.72
4	1245	Shauna Daly	St. Abban's	28.07

## Discus

Place	Num	Athlete	Club	Distance
1	1049	Thomas Rauktys	Clonliffe Harriers	48.43
2	1090	E. Hannon	Tullamore Harriers	39.37
3	1147	Justin Collins	N.Westmeath	38.62
4	1114	Aidan Kelly	St. Abban's	34.61
2	1145	Sean Breathnach	GUEST	42.64

## Hammer

Place	Num	Athlete	Club	Distance
1	1247	Aoife Hickey	K.C.H	54.10
2	1054	Grainne Miggin	Fr. Murphy's	39.57
3	1046	Philipa Conway	Cruasaders	29.44
4	1058	Michelle Pilkington	Dunboyne	27.07

## Hammer

Place	Num	Athlete	Club	Distance
1	1055	Martin Hunt	Clonliffe Harriers	50.96
2	1047	Ciaran Donnelly	Cruasaders	46.38
3	1144	Aidan Kelly	St. Abban's	36.97

## Pole Vault

Place	Num	Athlete	Club	Height
1	1242	Claire Wilkinson	GUEST	3.55
2	1243	Sarah Ryan	GUEST	2.75

## Pole Vault

Place	Num	Athlete	Club	Height
1	1141	Stuart Green	Raheny Shamrock's	4.25
	1057	Ian Rogers	Clonliffe Harriers	n/a

## Weight

Place	Num	Athlete	Club	Height
1	1058	Michelle Pilkington	Dunboyne	4.46

## Weight

Place	Num	Athlete	Club	Height
1	1144	Aidan Kelly	St. Abban's	5.21