

SAINT ABBANS A.C.

In the *Lucozade Sport Athletics Leinster U.13 - U.19 Track and Field Championships* in Tullamore club athletes turned in several outstanding performances.

Barry Pender once again putting in the star performance when he extended his club and county record to 2.05 meters in the High Jump. Alas, this performance was only good enough for the silver medal as the new sensation in Irish athletics - *Kouros Foroughi* - from the *Star of the Sea Club* in Meath had a massive first time clearance with the bar set at 2.11 meters. These performances enthralled the large crowd of athletes and spectators on the Sunday afternoon when the conditions were excellent with no wind and a nice temperature.

Paul Byrne on the other hand went for quantity rather than quality and took 3 gold in the 110 hurdles, long jump and pole vault with silver in the 400 hurdles for good measure.

Club performances included:

- *Shannon Whelan* 4th U.13 in both the 80 meters with and the high jump with 1.25
- *Oliver Burke* 6th in the shot U.13 with 8.43
- *Saragh Buggy* 1st in the long jump U.14 with 4.49, 5th in the 200 with 29.90 and 6th in the 80 with
- *Denis Brophy* 5th in the 80 U.14 with and 5th in the long jump with 4.49
- *Dominic Redmond* 7th in the 80 U.14 with 11.62
- *Megan Dunne* 4th in the high jump U.14 with 1.20
- *Nessa Millet* 6th in the long jump U.14 with 4.25 and 8th in the 75 hurdles with 15.82
- *Conor Daly* 1st in the high jump U.14 with 1.49, 2nd 75 hurdles with 13.24 and 2nd in the 200 with 27.10
- *Joe Tomlin* 2nd in the hammer U.14 with 24.60, 4th in the shot with 9.57 and 5th in the discus with 19.87
- *Stephen Attride* 2nd in the 800 U.15 with 2-12.92
- *Emma Daly* 2nd in the shot U.15 with 10.09, 3rd in the hammer with 29.31 and 3rd in the javelin with 23.70
- *Daniel Aylsbury* 2nd in the triple jump U.16 with 9.61
- *Ailish Brennan* 1st 800 U.17 in 2-22.96 and 2nd in the 1500 with 5-05.22
- *Brian Kelly* 1st 800 U.17 in 2-07.00 and 2nd in the 1500 with 4-27.52
- *Francis Egan* 1st in the long jump U.17 with 6.14, 1st in the triple jump with 12.82, 2nd in the high jump with 1.80 and 2nd in the 100 hurdles with 14.80

- **Shauna Daly** 1st in the triple jump U.17 with 9.27 and 1st in the discus with 27.51
- **Clare McCrory** 4th in the 1500 U.18
- **Peter Farrell** 1st in the 3000 U.18 in 10-38.4
- **James Nolan** 2nd in the 3000 U.18 in 10-52.6
- **Paul Byrne** 1st in the 110 hurdles U.18 in 17.50, 1st in the long jump with 5.99, 1st in the pole vault with 2.80 and 2nd in the 400 hurdles in 59.78
- **Barry Pender** 2nd in the high jump with 2.05 (*A new club and county record*)
- **Sinead Kelly** 1st in the 200 U.19 in 26.94 and 1st in the 400 with 60.46
- **Cheryl Nolan** 1st in the 800 U.19 with 2-30.58, 1st in the 1500 with 5-27.30, 1st in the triple jump with 9.90 and 2nd in the shot with 8.77
- **Paul Gillick** 1st in the 400 U.19 in 54.48, 2nd in the long jump with 5.40 and 3rd in the 200 in 24.60