

South Leinster – County Novice and Masters Road Championships and the recent Schools Cross Country

17-01-'07

Laois secondary schools cross country were held in Ballyfin saw several club members represent there school while Knockbeg had some more of them in the DCU invitational in Dublin. Perhaps Stephen Attride's performance in beating Jason Campion was the highlight.

28-01-'07

Leinster indoors were held in Nenagh where quite a number of our members decided not to participate. Never the less those that did performed well. Shauna Daly was 2nd U.17 shot with 9.93, Sarah Kelly 3rd U.18 – 1500 in 6-18.64, Una Shore 4th U.18 H.J. with 1.20 and 3rd in T.J. with 8.65, Cheryl Nolan 1st U.19 1500 in 5-07.2, 1st T.J. with 9.68, and 2nd shot with 8.75, while our ladies team of Sarah Kelly, Una Shore, Shauna Daly and Aishling Kelly won the junior 4 x 200. Francis Egan was 2nd in both the hurdles 9.12 and the H.J. with 1.75 U.17, Paul Byrne won the U.18 hurdles in 9.00 and was 2nd in the H.J. with 1.90, Barry Pender was 3rd in the U.18 H.J. with 1.85. Paul Gillick won the U.19 200 in 24.36 while John Territt won the H.J. with 1.45 and the shot with 10.07 in the over 45 and took 2nd in the L.J. with 4.54. Our junior men's team were 2nd in the 4 x 200 – members being Paul Byrne, Paul Gillick, Niall Bergin and Francis Egan.

28-01-'07

County novice and masters road championships were held in Portarlinton where Hilary Jenkinson in her 1st race for the club won the ladies novice title, what a pity we could not field a team to support her. Colm McEvoy had a superb run in the men's event when finishing 3rd and leading the team to the title with Patrick Marshall 5th, Declan Byrne 7th and Damien Dunne 6th scoring on the 'A' team to take gold while our 2nd string took bronze these included:- Clive Byrne in his 1st outing for the club 9th, Charlie Murphy 14th, Joe Farrell 13th and Colm Graham 15th. Others to compete included Joe Lawlor 22nd and Tom Coady 20th. Thanks to the effort of Colm Graham we had such a good turnout here. Colm Burke took the masters over 40 title while Dinny Whelan was 2nd in the masters over 50.

31-01-'07

South Leinster schools cross country held in JFK Park, Newross saw club members play a big part in representing there school. Stephen Attride was a clear winner of the minor boys representing Knockbeg. Jane Moore after a poor start moved through the field to finish ?? and score on the St. Leo's team that were 3rd. Andrea Burke had a good run for in the junior ladies and scored on the Leo's team that were also 3rd. In the junior boys Knockbeg were 3rd and club members to score on team were In the intermediate ladies Ailish Brennan representing Heywood ran a cracker to come home in front, while Leo's won the team with ?? scoring. In the boys intermediate Brain Kelly ran a gutsy race despite stomach problems to take silver and lead Knockbeg to silver with John Delaney ?? also scoring. In the senior ladies Cheryl Nolan despite her multi colored leg had a good win with Sinead Kelly showing a welcome return to form with an excellent finish to take 2nd and these along with Laura Brennan 6th meant Leo's won the team title easily. In the senior boys Knockbeg scraped into 3rd being led home by Paul Gillick in 18th, with James O'Regan ?? Peter Farrell ?? scoring.

07-02-'07

Kit Kat Leinster schools cross country championships were held in DCU where our performances included:- Stephen Attride giving a magnificent performance when he took the minor title in convincing fashion. Daniel Aylsbury and Robert Loughman scored on the bronze medal Knockbeg team in the junior, with Andrea Burke leading St. Leo's home in while Ailish Brennan was a fine 7th in the intermediate and Brian Kelly came right through the field to finish 9th in the intermediate boys, Cheryl Nolan was 8th and Sinead Kelly 10th in the senior ladies with Laura Brennan 29th for St. Leo's 4th team.