

At Nenagh Olympic Indoor Track

On SATURDAY 19th January - COMMENCING AT 1.00pm SHARP

Track Event Order	Category	Event	Age Eligibility	Field Event Order	Category	Age Eligibility	Event
TRACK EVENTS				LONG JUMP			
T1	Master Women	1,000M	O\35 & O\45	LJ 1	Girls U\12	2008/2009	Long Jump
T2	Master Men	1,000M	O\35; O\45 & O\55	LJ 2	Boys U\12	2008/2009	Long Jump
T3	Girls U\18	200M	2002/2003	LJ 3	Girls & Boys U\18	2002/2003	Long Jump
T4	Boys U\18	200M	2002/2003	LJ4	Girls U\10	2010/2011	Long Jump
T5	Senior Women	200M	O/16 on 31st Dec. 2019	LJ5	Boys U\10	2010/2011	Long Jump
T6	Senior Men	200M	O/16 on 31st Dec. 2019	LJ6	Senior Men & Women	O/16 on 31st Dec. 2019	Long Jump
T7	Girls U\15	60H	2005/2006	HIGH JUMP			
T8	Boys U\15	60H	2005/2006	HJ 1	Girls U\15	2005/2006	High Jump
T9	Girls U\17	60H	2003/2004	HJ 2	Boys U\15	2005/2006	High Jump
T10	Boys U\17	60H	2003/2004	HJ 3	Girls U\17	2003/2004	High Jump
T11	Girls U\19	800M	2001/2002	HJ 4	Boys U\17	2003/2004	High Jump
T12	Boys U\19	800M	2001/2002	HJ 5	Girls U\19	2001/2002	High Jump
T13	Girls U\10	60M	2010/2011	HJ 6	Boys U\19	2001/2002	High Jump
T14	Boys U\10	60M	2010/2011	SHOT PUTT			
T15	Girls U\12	60M	2008/2009	SP 1	Boys U\16	2004/2005	Shot Putt
T16	Boys U\12	60M	2008/2009	SP 2	Girls U\16	2004/2005	Shot Putt
T17	Girls U\14	60M	2006/2007	SP 3	Boys U\14	2006/2007	Shot Putt
T18	Boys U\14	60M	2006/2007	SP 4	Girls U\14	2006/2007	Shot Putt
T19	Girls U\16	60M	2004/2005	SP 5	Senior Men	O/16 on 31st Dec. 2018	Shot Putt
T20	Boys U\16	60M	2004/2005	SP 6	Senior Women	O/16 on 31st Dec. 2018	Shot Putt
DISTANCE (Senior)				SP 7	Girls U\18	2002/2003	Shot Putt
T21	Senior Women	1500M	O/16 on 31st Dec. 2018	SP 8	Boys U\18	2002/2003	Shot Putt
T22	Senior Men	1500M	O/16 on 31st Dec. 2018	RELAYS			
Finals of Sprints - Where Required				T31	Girls U\11	2009/2010	4 x 100M
DISTANCE (Juvenile)				T32	Boys U\11	2009/2010	4 x 100M
T23	Girls U\11	350M	2009/2010	T33	Girls U\13	2007/2008	4 x 100M
T24	Boys U\11	350M	2009/2010	T34	Boys U13	2007/2008	4 x 100M
T25	Girls U\13	600M	2007/2008	T35	Girls U\15	2005/2006	4 x 200M
T26	Boys U\13	600M	2007/2008	T36	Boys U\15	2005/2006	4 x 200M
T27	Girls U\15	800M	2005/2006	T37	Girls U\17 - U\19		4 x 200M
T28	Boys U\15	800M	2005/2006	T38	Boys U\17 - U\19		4 x 200M
T29	Girls U\17	800M	2003/2004				
T30	Boys U\17	800M	2003/2004				

WARM UP AREA - The Warm Up Area will be available from 1.00pm for athletes to warm up.

Athletes are permitted to wear spikes, which should be 5mm maximum length

RELAYS - U\17 - U\19 relay to comprise of 2 x U\17 athletes & 2 x U\19 athletes; or 3 x U\17 & 1 x U\19 athletes

Only Officials & Athletes Are Allowed on the Track

ADMISSION THREE EURO PER INDIVIDUAL - PAYMENT ON ENTRY TO THE STADIUM