

St Abban's Athletic Club News

1st April 2015

Silver on the double

The curtain came down on the indoor season with the completion of day 3 of the GLO Health National juvenile championships in AIT arena last Saturday. Caragh Maher ran a steady race throughout and came through the field to clock 2-29.05 and 6th place for her 800 meters. Aoife Campion, not back to her best yet, led her 800m race until the bell rang. The burn up down the back straight saw her run out of gas and she had to settle for 4th in 2-25.90. Daena Kealy had a fine run for 5th in her 60m hurdles in a time of 9.72 seconds. Ruby Millet added another All-Ireland medal to her collection taking silver in a time of 9.16 seconds. Cian Kelly also added to his collection taking silver in an excellent time of 2-00.46, just failing to break the 2 minute barrier for the 800m – nice going for a 15 year old. Many congratulations to everyone who took part in the indoors and best wishes for the outdoor season ahead.

Another Double the Verdict

The club hosted the Laois Credit Union's senior road championships over the Turra triangle on Sunday last. With both fields rather small and a very strong wind it was a steady affair from the gun. Colette English, undermined the good form she is currently in, settling in to 2nd place from an early stage and coming home in 15-16 for the 4K trip and the silver medal. With Moira Griffith 4th in 16-01, Ailish Brennan 6th in 16.19 and Caitriona McDonald 8th in 16-33 the team title was secured. Mairead Moore 11th in 17-25, Kate Bermingham 14th in 18-18, Sharon Buggy 15th in 19-37 and Deirdre Brennan 20-09 our 'B' squad secured 4th team.

The men's race over 8K started at a sedate pace with no one really eager to take it out with a big group of 12 at the front for the first 2 laps. Stephen Hunter became impatient and upped the tempo and in no time it was down to three at the front. The Kelly cousins Cormac and Brian bided their time for another lap before moving away from Hunter. Cormac crossed the line in 26-43 seven seconds ahead of Brian with Colm Burke 4th in 27-33 and with Colm McEvoy 11th in 28-10 another team title was added to the trophy cabinet. Sean Brennan was 18th in 35-11 and John Hogan 20th in 37.03 At this stage it is time for the county board to run these championships in conjunction with one or two of the large number of road races currently being run in the county. Well done to all the ladies and men who have turned out in all the cross country and road championship's during the past season. The masters is the final road championship for this year in Portarlinton on the 26th April.

Student Games

Raffle cards are currently in circulation for the Student Games draw. Your support would be much appreciated. If you have no card contact Breda urgently or call to the track any evening. The draw takes place during the student games on the 19th April. Looking forward to a good turnout from all the schools.