

2nd Aug'17

National League

Round 2 of the national league saw the club make the trip to Templemore, Tipperary. It was a big ask for the men's team to secure qualification after a poor first round in Tallaght. The men's team were again short on numbers but those that made the trip were competitive in their events. Jamie Pender, fresh off his European junior experience went in the 200m and finished in 3rd, Proctor Geoghan went in the 1500m and took 4th place, Eoghan Buggy went in the 400m this round and won it comfortably, the same can be said for Cian Kelly who backed up his PB run last weekend with a win in the 800m, Brandon Fennelly was 4th in the Hammer, Mark Dowling stepped in for the shot finishing in 6th, Aidan Kelly was 4th in the Discus and John Territ was 5th in the Javelin. The men's team finished with 49 points in the round.

The Ladies team were in strong position to make the final after the Round 1 and put in great team performance to hit 118 point in Templemore. The ladies recorded 6 wins on the day, 3 coming from Saragh Buggy in the long jump, triple jump and 100m hurdles, 1 by Nessa Millet in the 400m hurdles, another by Cheryl Nolan in the 3k and 1 from Nicole Kehoe Dowling in the Discus. Ness Millet also finished 4th in the high jump and Nicole was 2nd in the shot. Siobhan Nash togged out for the walk and took 2nd place early in the day, Maebh Maher finished in 5th in the 1500m with sister Cara 4th in the 800m, Lauryn Kealy was 4th in 400m and 6th in 200m, Ruby Millet was fresh off the plane from Hungary and made it just in time for the 100m where she took 2nd place, Emma Daly was 4th in the Hammer and the Javelin. The Ladies 4x100 relay was 4th while the 4x400m was 3rd. The Women's team are in with chance of placing high in the final but will face strong opposition from DSD on the 20th August. Well done and thanks to all club member who togged out on the day.

European Masters

Stephen Hunter made the journey to Aarhus, Denmark to compete in the European Master championships. He went in the o35 class in the 1500m where he secured a place in the final with a run of 4.14.12 in the heats before finishing 12th in the final with a run of 4.15.

Well done and good luck to Daena Kealy on her Celtic Games selection for the High jump

Parish 10k

The St. Abban's AC parish 10k takes place the 27th August, registration in the clubhouse from 11.45am. Tech T-shirts for the first 200 entries. There's also the option of a 2x5k relay, u16 2k and u12 1k. Walkers and Joggers are welcome

St. Abban's Sumer Camp

Due to numbers already registered for the camp, no new registrations will be taken on the day of the camp.