

St Abban's AC

2nd Dec '15

Colm Reigns in Emo

The last of the Laois cross country championships for 2015 were decided in tough conditions in Emo Court on Sunday last. The development events saw Rachel Ayres take the girls U.10 from her team-mate Katie Baldwin. It was 1st and 2nd in the boys also with Sean O'Sullivan winning from Timmy Byrne. Lee Murray was a convincing winner in the boys U.12 with Sarah Graham having a fine run in the girls U.14 for 3rd place while we were well represented in the boys U.16 with Matthew Rossiter, Gerard Kelly, Niall Egan and Dean Malone.

Our junior ladies saw Caitlin McDonald and Maebh Maher have fine runs for 3rd and 4th respectively. The junior men saw James Moore score a facile victory and Aran Murphy returning to form take the bronze. Our masters ladies were led home by Colette English in 4th, followed by Caitriona McDonald 6th and Kate Bermingham 10th for 2nd team with support coming from Mairead Moore 11th, Deirdre Brennan 15th and Colette Brennan 16th and 2nd O.45. In the masters men Colm Burke once again showed a clean pair of heels to all, winning another county title and leading the team to 2nd. Dermot Ayres was 5th O.35 with Colm McEvoy 5th O.45, Dorel Picovici 6th O.45, Francis Fleming 7th O.45 and Dinny Whelan 11th O.45. Liam Byrne 12th O.35 and Mark Murray 14th O.35.

2016 Membership

Application forms for 2016 membership are currently available in the clubhouse and would make a nice filler for those Christmas stockings hanging around. So why not look after someone special to you.

Cian & Eoin Leinster Stars

The Leinster star recipients saw Cian and Eoin Kelly selected for the Laois award for juvenile boy and senior athlete respectively. Both had excellent performances right through the year featuring in cross country, indoor and outdoor track and field. Presentations will take place at a function in the Seven Oaks, Carlow on Saturday 9th January, unfortunately for Cian this clashes with his International debut in the cross country in Scotland.

Xmas Party

Our annual Christmas party for juveniles attending primary school will take place in the clubhouse on Sunday 20th December. Looking forward to some fun and games.