

St Abban's AC

4th January 2017

Ailish & Stephen shine on Stephens day

The excellent conditions ensured some fast times were recorded in the Annual St. Stephens day road race. In the men's event Stephen Lawlor was at the head of affairs from the gun and came home in 13-31 for a new P.B. 9 seconds of an improvement on 2015 time. John Fenlon turned on the after burners big time to finish 2nd across the line and improve his P.B. by a whopping 56 seconds, with Cormac Kelly (Texas bound on an athletic scholarship in 2017) 3rd across the line in 14-04. Brian Kelly 4th led his team to victory with Shane Delaney 10th, Francis Fleming (Jnr) 13th and Ollie Farrell 23rd scoring. Colm Burke's team finished 2nd with Colm 6th, Eddie Walsh 9th, T.J. Burke 11th and Caitriona McDonald 28th doing the business. The Paddy 'Doc' Delaney cup going to the most improved athlete on their 2015 performance went to John Fenlon improving by 56 seconds from Eddie Walsh 45 seconds and Cian Kelly 32 seconds.

In the ladies and boys U.14 over 1 lap of the Turra circuit it was good to see Ailish Brennan back and crossing the line first 5-46 from a much improved Meabh Maher 5.49 with Jack Fenlon the 1st of the boys in 5-53 from Evan English 6-24. Caragh Maher was 4th across the line just 1 second slower than last year with Rebecca Fenlon next in 6-15 an improvement of 12 seconds on 2015 time. The Jack Mealy cup which goes to the most improved lady on the previous year's performance was a very close affair, giving us joint winners with Aoibhin McDonald and Laura Graham improving by 23 seconds on 2015 time and Meabh Maher just losing out by 1 second improving by 22 seconds. Thanks to John and Marie Behan for facilitating us once again and to all that ensured things ran off smoothly, signing out the OLD year in style.

Table Quiz

Our Annual Table quiz organised by Pat Whelan and his team takes place in Behan's on Thursday 19th January. Why not line up your friends and enjoy an evening out supporting the club. Your attendance is much appreciated. Teams of 4 with refreshments served.

Membership Due

It's a new year and why not get it off on the right foot by looking after your membership fees. Forms can be down loaded or are available in the clubhouse. Over 60 registered to date. Those that wish to compete over the next few weeks need to look after things immediately.

Big Stir at Wellie Race

Trump was the dominant float in the Annual Castlecomer New Year's Day Annual Wellie race. Club Members to make the prize's included Breda Mulcahy with an impressive performance for 2nd lady, with Sharon Buggy and Proctor Geoghegan also scoring. Several juvenile members featured.

Ruby & Cian Leinster Stars

The recently announced Leinster star Award recipients for Laois are club mates Ruby Millet and Cian Kelly. Both had outstanding years claiming medals at club, county, National and International level. The Presentation of the awards will take place in the Sevan Oaks, Carlow on Saturday 21st January, while the club will be presented with the Leinster senior club of the year award for the first time. Tickets available from club.