

St Abban's Athletic Club News

4th March 2015

Congrats to Barry

Barry Regan was a happy camper this week when the Institute of Technology, Carlow announced their academic and sports scholarships. Barry secured a sport's scholarship based on his performances in the sprints over 60m, 100m and 200 meters along with the 4 x 100m and 4 x 200m relays. Congratulations Barry and all the best for the outdoor season.

Nessa scores on relay squad

Nessa Millet had a fine run in the British University championships when her University, Loughborough won the 4 x 200m relay. As this was her sole indoor event for this season she is looking forward with confidence to the outdoor championships and what it brings.

League Dates

Just some dates for your diary with the JFSports Fit44Life league about to be rolled out. Round 1 Luggacurren 13th May, Round 2 Rossmore 27th May, Round 3 Newtown 10th June, Round 4 Wolfhill 24th June, Round 5 Moneenroe 8th July, Round 6 Ballylinan 22nd July, Round 7 Graiguecullen 5th August and Round 8 Monavea 21st August. With just over 2 months to go to round 1 now is the time to get out and do that bit of walking or jogging.

County Indoors

The Laois athletic's board fixed the county indoor championships, kindly sponsored by the Laois Credit Unions for the International Arena in Athlone on Friday 13th March commencing at 6.30pm. Looking forward to a good turnout from the club.

Dineen Refractories to the fore

Our Annual primary schools table quiz, kindly sponsored by Dineen Refractories, has taken place over the past couple of weeks. Thanks to all the schools and parents for their support. Results to follow.

Sportshall a success

All the vibes are positive and it looks like it was a great success when most of the local schools took part in the Laois Sports Partnership over the past few weeks. Thanks to all concerned.

Laois Senior Road Championships

The Laois Senior road championships has been fixed for the local Turra circuit on the 29th March for men and women.