

4<sup>th</sup> May '16

Flemings Unique Double The Leinster masters and road novice championships were decided in Gowran on the Bank Holiday Monday. The club had a fine turnout with 11 ladies and 7 men. Colette English 6<sup>th</sup> led home the ladies with Margo Dowling 18<sup>th</sup>, Catriona McDonald 22<sup>nd</sup>, Josceline Ayres 28<sup>th</sup>, Sharon Buggy 29<sup>th</sup>, Kate Bermingham 31<sup>st</sup>, Mairead Moore 32<sup>nd</sup>, Deirdre Brennan 33<sup>rd</sup>, Carol Brennan 34<sup>th</sup>, Ann Nicholl 35<sup>th</sup> and Marie Fleming 37<sup>th</sup> and 1<sup>st</sup> O.60. Colm Burke was 2<sup>nd</sup> overall and 1<sup>st</sup> O.50, with new signing Stephen Hunter 7<sup>th</sup> overall and 2<sup>nd</sup> O.35, Colin Coyne 11<sup>th</sup> overall and 3<sup>rd</sup> O.35, Diarmuid Ayres 13<sup>th</sup>, Liam Byrne 20<sup>th</sup>, Francis Fleming 46<sup>th</sup> overall and 1<sup>st</sup> O.60 and Dinny Whelaan 46<sup>th</sup>. It was a unique occasion to see Marie and Francis Fleming crowned Leinster champions O.60. Congratulations.

In the Bagenalstown 5K Peter Baldwin was 6<sup>th</sup>, Mary Boylan 27<sup>th</sup> (3<sup>rd</sup> lady), Emma Baldwin 28<sup>th</sup> and Mary Whelan 70<sup>th</sup>. In the Clogh Community Council 5K Breda Mulcahy made her welcome return finishing 4<sup>th</sup> overall and 1<sup>st</sup> lady, with Niall Egan 8<sup>th</sup> and 1<sup>st</sup> U.16 and Ron Rossiter 14<sup>th</sup> with 70 finishers. In the Kilkenny Carers mini marathon another making a welcome return was Teresa Agar 2<sup>nd</sup> lady and Mark Wogan and Lynda Fay also showing well.

In the Memphis Tiger Invitational in the States it was another outstanding performance from Cheryl Nolan finishing 3<sup>rd</sup> in the 5K in a big new P.B. of 16-37.71, while in the graded meet in Greystones it was another comfortable victory for Brian Kelly clocking 1-53.41 for the 800. Day 1 of the South Leinster schools were held in the Regional Sports Centre in Waterford where we had a big turnout on a cold blustry day. Congratulations to all those who have qualified for the Leinster schools and best wishes. Included among these are Coady Tunstead, Laura Graham, Aoife Gallagher, Sarah Graham, David McDonald, T.J. Burke, Ciara McDonald, Susan Oneyini, Ciara Harrington, Caragh Maher, Orla Kelly, Rebecca Fenlon and Ivan Jones. Our 21<sup>st</sup> annual sports once again drew big numbers to Monavea on Monday with athletes from all 4 provinces competing. Fortunate to have a decent day St. Laurence O'Toole retained the shield for the best club. Many thanks to all those that helped in any way in the running of the event and to all our own athletes who featured.

JFSports Fit4Life League gets underway on Wednesday 11<sup>th</sup> May in Luggacurren. Please arrive early for registration which take place from 6.15 in the local hall. Application forms for the Summer Camp which is on early in August are available in the clubhouse. Inter county match for U.9 to U.14 will take place in Tullamore on Friday 20<sup>th</sup> May commencing @ 6.30 please sign sheet in clubhouse if you intend travelling.