

7th June' 17

All Ireland Schools

The all-Ireland school's championships got underway in Tullamore on Saturday last, in mixed conditions, however the rains showers didn't deter the athletes from performing to their best. With the first events getting underway at 9am and the relays bringing the day to a close at 6.40pm, it was a long day. Daena Kealy representing Boris Vocational went in the senior girl's high jump at 9am and jumped 1.65m to take a bronze medal. Ruby Millet representing Kilkenny College took a silver in the intermediate girls long jump with a leap of 5.61m and finished 7th in the high jump. Our young throwers placed highly with Sarah Graham representing St. Leo's finishing 5th in the intermediate girl's discus with a throw of 24.88m, Nicole Kehoe Dowling representing St. Leo's placing 4th in the both the shot with 10.87 and the discus with 32.67m and Eadaoin Coady representing Loreto Kilkenny was 4th in the junior girl's hammer with a throw of 38.94m. On the track, Jamie Pender representing Carlow Vocational has been in great form recently and showed this once again taking a silver medal in 48.4, Oisin Hooney representing Knockbeg College took a bronze medal in the minor boys 800m in a time of 2.09, and Laura Graham representing St. Leos Carlow won a gold medal in the senior girls 4x300m relay for St. Leos. Well done all.

Saragh Buggy competed in Bedford as member of Cardiff AC in the women's British League in the triple jump, leaping out to 12.98m. Her brother Eoghan was back in Belgium where he ran the 400m in 49.47 and the 100m in 11.1.

Leinster Championships.

It as a busy weekend in Tullamore with the Leinster senior and master championships taking place on the Sunday. Some of the highlights of the day included Cian Kellys 800m PB of 1.57.03, John Fenlon win in the 1500m and John Territs triple of gold in the SP, Discus and Hammer. Results of the day: Mary Boylan o40 100mH 2nd, 100m 3rd, 200m 4th 400m 2nd, Sharon Buggy o40 400m 3rd, 800m 3rd, Colette English o40 1500m 1st, Claire Phelan Sen 3k 4th, Peter Baldwin o40 400m 3rd, 1500m 5th, Cian Kelly 800m 1.57.03 2nd, John Fenlon o35 1500m 1st, Stephen Hunter o40 1500m 1st, Patrick Harding o65 3k 2nd, Dick Mullin o70 3k 2nd, Paul Byrne 200m 22.94 3rd, 400m 49.3 1st, Emma Daly Hammer 36.96m 5th, Conor Daly TJ 12.68 2nd, PV 4th and John Territ o55 shot putt 1st, Discus 1st, Hammer 1st. Well done to all involved.

Club Training

Club training Tues & Friday 7.30pm-9pm

Fit4Life Mon & Wed 7.30pm