

# St Abban's Athletic Club News

7<sup>th</sup> August 2013

## **J.K. Malone Trophy Retained**

Despite a large number of athletes from the club being away on holidays, those present acquitted themselves well, some in new events and when the dust had settled the J.K. Malone trophy was back in the club trophy cabinet for another year. Those who made this happen included:- Amy Brennan, Ruby Millet, Cian Kelly, Oisin Ryan, James Moore, Brandan Fennelly, Conor Daly, Mark Murray, Ciaran Kelly, Bernard Graham, Matt Moore, David Buggy, Orla Kelly, Aoibhinn McDonald, Niall Egan, Eanna Ryan and Colin McEvoy.

Club results:- Ballyfin 7th on 3 pts., Ballyroan/Abbeyleix 6th on 10 pts., Ougaval 5th on 27 pts., Portlaoise 4th on 35 pts., Emo/Rath 3rd on 36 pts., Mountmellick 2nd on 38 pts and St. Abbans 1st on 61 pts.

## **Rock & Roll a big hit**

The new innovation to have live music every mile on the streets of Dublin went down well with over 6,000 athletes who took part in the National Half Marathon on the bank holiday Monday. Club members to venture included:- Carmel Hughes, Louise Graham, Laura Buggy, Orla Jones, Michael Lyons, Lynda Fay, Mark Wogan who made 500th place in 1:34:05 while Teresa Agar had an excellent run for 241st place in 1 hour 26 minutes and 51 seconds. Added to this she had captured the Bagenalstown 10K the previous Sunday. Well done to all.

In the Daingan road race Colm Burke was 2nd and Cormac Kelly 6th while in Shanahoe Dermot Ayres made it on to the podium with a 2nd place finish.

## **National League Final**

The men's team are all set for the National league final in Tullamore on Sunday the 18th August where they will contest the Premier division. Best wishes extended to all.

## **Congrats Robbie**

All in St Abban's club and further a field would like to congratulate Robbie Lyons from the Swan on his bronze medal achievement in the World Transplant Games held in Durban recently.