

St Abban's Athletic Club News

8th April 2015

Cheryl off to a Flyer

After her outstanding cross country season, Cheryl Nolan opened her Track & Field season in Houston, Texas with two wonderful performances. In the 800m she went through the opening lap in or around 63 seconds and finished with a P.B. performance of 2 minutes 13 seconds. Buoyed up by this and feeling in good form she decided to have a crack at the 1500m. Settling in to the leading group the pace was honest throughout and she crossed the line in 3rd place in a time of 4 minutes 36.1 seconds just outside her P.B. With these performances tucked under her belt she appears to be setup for a fruitful season ahead.

Dineen Refractories, Wolfhill 30th Annual National schools Table Quiz

The semi-final and final of the Table Quiz provided two good evenings entertainment recently in Killeen Hall. The Killeshin (Downtown Funk) squad of David McDonald, Kyle Rice, Jack Denn and Matthew McCutcheon put on an excellent performance scoring 69 points from a possible 70 to win the Fr. Kennedy Cup. Mayo (Sarah Graham, Brian O'Sullivan, Daniel Kavanagh and Josh Kelly), just piped Moneenroe (Eireann Doyle, Darragh Brennan, Aoife Walsh and Colin Dragoi) in the tie break for 2nd and 3rd. Ballyadams (Eric Byrne, Luke Byre, Ronan Weston and Ian Shanahan) came out on top in the tie-break for 4th with Arles (Darragh Murphy, Graham Maher, Jack Ross and Paddy Rogers in 5th place. Thanks to all the schools that supported the event, the parents, teachers, Hall committee, Pat Whelan and his team for providing some keen competition.

42nd Annual Student Games

It's time for the physical when we invite all local schools to turn out and represent their school/area in the student Games commencing at 1.30pm on Sunday 19th April at the track. With events for U.7 right through to U.17 we look forward to a good turnout. It's an ideal opportunity to get your athletic career launched and to enjoy a days sport. Any queries ask your teacher or visit club website <http://stabbans.itcarlow.ie>

Slack weekend

Last week was a slack one for the club never-the-less we were represented in St. Senans sports Kilmacow, 8K Forest run in Emo, Thomastown road race, Ballyroan /Abbeyleix league, while Paul Byrne travel ed to Torremolinos and Nessa Millet to Greece for warm weather training. Best wishes to those traveling to Belfast next weekend for the Universities championships.