

St Abban's Athletic Club News

9th October 2013

Amy, Cian, David and Colm take county titles

Day 1 of the Laois Credit Unions county cross country championships were decided on 'The Lawn' in Stradbally on Sunday last. The club had over 80 athletes participating and had four individual winners in the 12 race programme. Amy Brennan won the girls u.12 with Cian Kelly taking the boys U.14, newcomer David Lawlor in his first outing for the club took the boys U.18 crown while Colm Burke as ever was crowned the Masters champion.

Other individual medalists included:- Seoighe English, Daragh Kealy, Dara Kelly, T. J. Burke, Tom Buggy, Cara Maher, Orla Davis, Shane Bolger, Dylan Byrne, Aran Murphy, Breda Mulcahy, Colette English and Colm McEvoy.

In the team event it was gold for the G.U.10 - Amy, Seoighe, Katie Brennan 5th and Aoibheann McDonald 7th with Niamh Graham, Katelyn Kelly and Katie Baldwin providing the support. It was gold also for the B.U.10 with Daragh and Dara, Jonah Kelly 10th and Adam Buggy 12th scoring and supported by Shane Buggy, Peter Grogan, Lee Murray, Tom Hay and Adam Doyle. The G.U.14 were also victorious with Cara, Orla, Ruby Millet 5th and Orla Kelly 7th scoring with Aideen Barry having a fine run also. Cian and Tom led the U.14 boys to victory with Jonathon Crossley 8th and Niall Egan 12th while Gerard Kelly, Daragh McDonald and Ross Bolger wearing the colours. Shane also had the satisfaction of leading his U.16 squad to the gold medals with Luke Attride 4th, Conor Hayden 6th and Oisin Ryan 8th making the scoring quartet supported by Cian Burke, David Baldwin, Adam O'Grady and Keelan Dermody. It was an easy victory for the B.U.18 with David, Dylan and Aran joined by Aaron Barry to complete the team and Alex Crossley and James Moore in 5th and 6th place.

Breda and Colette were joined by Mairead Moore 6th to take gold in the ladies also with Patricia Ramsbottom, Linda Brennan, Margo Dowling and Carmel Hughes to complete a fine haul of SEVEN team titles while silver medals were achieved by the B.U.12 T. J. David McDonald 5th, Sean O'Driscoll 10th and Brian O'Sullivan 18th, along with the G.U.16 Caitlin McDonald 5th, Laura Graham 8th, Maeve Maher 10th and Mikayla Kelly 11th followed by Alannah O'Rourke 12th and Niamh Moore 15th.

The Masters men also had to settle for silver with Colm Burke 1st, Colm McEvoy 5th, Declan Byrne 9th and Mark Murray 14th, while Bernard Graham 19th, Niall English 23rd, Colin Coyne 24th, Joe Harding 30th, Francis Fleming 33rd and Dinny Whelan 39th all showing good form.

The 2nd day of the championships will take place in Emo Court on Sunday 20th October commencing at 11.00am with the U.9 girls followed by the U.9 boys, U.11, 13, 15, 17, 19 and Novice men and women. Looking forward to another good turnout. Many thanks to all the parents and coaches for their excellent support in Stradbally. Congratulations to all the athletes who turned out and performed so well.

Leinster's in Dunboyne and Adamstown

Dunboyne and Adamstown are the venues for the Leinster cross country championships with the even ages, novice and masters fixed for the Meath venue on the 27th October and the uneven ages and intermediate fixed for the Wexford venue in November.