

St Abban's Athletic Club News

12th February 2014

Busy weekend indoors

Club members had a busy time over the weekend with the University Indoor championships and Day 2 of the Leinster junior, senior and masters Indoor championships. Eoin Kelly, in the colours of UCC, was 6th in the Long Jump with a jump of 6.67m and a clear winner of the Triple Jum with a jump of 14.28m. Katie Brennan got her place on the winning DCU relay team. Shauna Daly was 6th in the shot while Emma was 3rd with the weight for distance. Conor Daly was 5th in the Pole Vault and 4th in the Triple Jump with a jump of 13.53m, while Saragh Buggy won the Triple Jump with a jump of 11.82m.

In the Leinster's Aran Murphy cam 11th in 400m in 55.09 second,s a P.B. and 5th in the 800m clocking another P.B. of 2-10.09. Kevin Wilson had P.B.'s in the Triple Jump finishing 2nd with 11.09m and the High Jump clearing 1.70m for 6th place. James Delaney won the Pole Vault clearing 3.40m. Shauna Daly was 3rd in the shot 10.44m. Conor Daly was 3rd in the Long Jump and the Pole Vault winning the Triple Jump. Lauryn Kealy was 4th in both the 400m and 800m clocking 61.83 and 2-31.54 respectively. It was silver for Eoin Kelly in the hurdles, Barry Regan in the 60m with 7.03 and Katie Brennan in the 200m in a new P.B. of 27.21

Dick Mullins decided to visit Athlone and see what the new facility was about where he won the O.65 3000m in a time of 13-52.78. John Territt gave his usual quality performance and took 3 gold in the O.50 section with 10.28m in the shot, 5.88 weight for distance and 1.40m in the high jump.

Leinster Schools

The Leinster schools cross country championships were held in tough conditions in Santry. Cian Kelly led Knockbeg to the bronze medals in the junior boys finishing 7th . It was silver for Knockbeg in the intermediate while James Moore had a fine run finishing 10th in the senior.

Enniscorthy Beckoned

Teresa Agar had a fine run in the Enniscorthy 10K along with Mark Wogan and John Brennan also wearing the club colours.

Dunboyne the Venue

The intermediate and masters men are traveling to Dunboyne for the National cross country championships next Sunday. Best wishes to all concerned.