

# St Abban's AC

12<sup>th</sup> October 2016

## Fantastic Turnout in Abbeyleix

The club had a total of 83 athletes in Abbeyleix for the Downey's Auto Laois even age groups and Intermediate cross country championships. On an excellent course the G.U.9 got the show on the road with Cara English taking bronze and leading the team to victory, with Ciara Milton, Freya Jones, Caoimhe Brennan (B/A), Emma Malone, Holly Hughes, Aoibhin Brennan, Kerry McGuire and April Lawlor. Calum Buggy collected silver when leading his B.U.9 to the team title getting good support from Kyle Hancock, Ben Reid, Cian O'Sullivan, Fionn Gallagher and James McGrath. Maya Brennan ran a brilliant race to take the G.U.11 crown from a game Ciara Malone in her first competitive run nailing down the silver medal. With great support we took both gold and silver medals in the team with Jessica Murray, Katie Delaney, Caoimhe Byrne, Katie McGrath, Annie Hancock, Eabha Kehoe, Aisling Cawley, Lauren Rowan, Holly Byrne and Ava Delaney putting on a great show. The B.U.11 almost repeated the story taking gold and bronze in the team after Evan English (silver) and Harry Gordan (bronze) in the individual contest. The support coming from Timmy Byrne, Cameron Delaney, Jack Milton, Fionn O'Sullivan, Sean O'Sullivan, Scott Delaney and Luke Kehoe. The G.U.13 repeated the fine showing taking gold and bronze in the team event. Seoghe English looked majestic on the hills taking the title while Amy Brennan showed a welcome return to form taking the bronze. The teams were completed by Meabh Gallagher, Audrey Byrne, Aoibhin McDonald, Hollie Brennan, Zoe Hancock and Emma Brennan doing the business.

The B.U.13 were in excellent form alas we only had 7 turning out and so missed out on a second set of medals. In one of the tightest finishes of the day we had three green, white and gold singlets sprinting to the line with Jack Fenlon getting the verdict from Lee Murray and Eoin Cawley. Support came from Adam Buggy, Shane Buggy and Ryan Harrington. The G.U.15 had to settle for silver team medals with individual bronze medallist Rebecca Fenlon leading them home, with Aoife Gallagher, Ciara Harrington, Sarah Graham and Eadaoin Coady doing the job. T.J. Burke was our sole representative in the B.U.15 and ran a fine race to take silver. Caragh Maher took the G.U.17 title in fine style, again with no team support. Cian Kelly added the U.17 title to his array of county championships and led the team to victory with Jack Lacey, Tom Buggy, Gerard Kelly and Niall Egan providing the vital support. Maebh Maher was 4<sup>th</sup> and Laura Graham 5<sup>th</sup> in the G.U.19, while in the boys equivalent Declan Roberts was 3<sup>rd</sup> and Killian Mulhall 4<sup>th</sup>. The intermediate ladies had a major battle with Portlaoise for the team title. Despite Portlaoise having first and second we packed superbly and had a point victory when the placings were added up. Mary Ellen Doyle took the bronze medal and led the team to victory with Sinead Kelly, Josceline Ayres, Marie Murray, Mairead Moore, Sharon Buggy and Deirdre Brennan providing plenty of support. The intermediate men had to settle for team silver against a strong Portlaoise outfit. Colin Coyne led them home in 4<sup>th</sup> with Sean Geoghan 6<sup>th</sup>, James Nolan, James Tyrerell, Niall English, Liam Byrne and Francis Fleming (Junior & Senior) completing our fine showing on a beautiful day. We had 17 individual medals with 5 gold, 5 silver and 7 bronze, while it was 8 sets of gold in the team, 3 silver and 2 bronze. Many

congratulations to everyone that turned out and hopefully enjoyed the occasion. Thanks to parents, coaches and athletes for your assistance.

*Leinster's on Saturday*

With the Dublin City Marathon moved from the Bank Holiday Monday to Sunday the Leinster even ages have been brought to Saturday 29<sup>th</sup> October commencing at 11.40 In Tyrrellpass in Westmeath. Get in touch with James re-entries. The club hosted county board meeting last Thursday where entries for the forthcoming Leinsters were discussed.