

St Abban's Athletic Club News

12th November 2014

Boys U.19 Leinster Champions

Adamstown in Wexford was the venue for the uneven ages and the intermediate Leinster cross country last weekend. In the girls U.9 Katie Brennan got the show underway with a fine performance to finish 12th. In the corresponding boys Evan English despite a fall finished 17th and Timmy Byrne 33rd. Cody Corrigan 58th and Adam Buggy 91st in the U.11, while Amy Brennan had an excellent run to finish a brilliant 8th and qualify for the All-Irelands with Seoighe English a fine 27th and Audrey Byrne 151st in a massive field in the girls U.11.

T.J. Burke U.13 performed brilliantly for 16th place while Cara Maher displayed a return to form when finishing 20th U.15. Cian Kelly had his best cross country race to date taking the silver medal in the U.15 boys. To the fore throughout he finished very impressively and was supported by Niall Egan 76th, Eanna Ryan 77th and Gerard Kelly 78th for 8th club team In the girls U.17 Laois were 3rd county and Caitlin McDonald had a great run for 12th to qualify for the Nationals while Laura Graham continued to show her improvement finishing 25th and scoring on the Laois team while Maeve Maher enjoyed the trip with a fine run in 38th place. The boys U.19 were always going to be in with a shout but with all the boys doing the business it was a fine all round performance from all that secured the gold medals for St. Abbans. James Moore despite the after effects of his fine run in Stradbally came across the line in 6th place with the county junior champion of the previous Sunday having an excellent race and 7th place for David Lawler. James Tyrrell relished the longer distance and finished 12th with Aran Murphy in 14th spot and Leinster champions. With Shane Bolger 22nd and Fionn Maher 23rd it was silver for Laois in the county section

Our intermediate ladies were 5th club with Maire Griffieth 11th, Colette English 17th, Margo Dowling 35th, Caitriona McDonald 37th and Ann Nicholl 50th. Laois were 3rd county in the intermediate men and we had Kevin Brennan 15th and Conor Barry 41st making the scoring team and with Niall English 55th and Jeff Kennedy 70th it was 9th club.

Best Wishes

Dundalk IT is the venue for the National even ages and inter counties on Sunday next 23rd November. Best wishes to everyone making the trip.

Final Draw

The last of our member's draws takes place in Behan's by kind permission on Sunday 23rd November. Thanks for your support and best wishes to everyone.

Hurling Club at a Fast Pace

The 3rd stage of the three county cross country league for secondary schools in Laois, Carlow and Kildare were decided over the playing pitches of Carlow town hurling club which ensured some fast running was on show. Congratulations to all the club athletes that turned out to represent their school. For anyone taking part in the sport for the first time your very welcome to come along with your school friend to the track any evening and get involved.

Going to Barrowhouse

The Laois development cross country events and the county masters for men and women will take place on Sunday 30th November at 11.00 in Barrowhouse. It's a long time since we visited these green pastures and looking forward to a good turnout.

Club Mass

Will take place in the clubhouse for deceased and living members and friends on Friday 5th December at 9.00 p.m. Some light refreshments afterwards.