

St Abban's AC

13th Jan 2016

Barry Soars to Top

2016 is the year with Rio the venue for the Olympics and what a start we got last Sunday when Barry Pender set the Irish jumping fraternity awake and alight with a fantastic performance in the Welsh Open Games in Cardiff. Rumours circulating before Christmas that he was in great shape (he cleared 2.19 off 4 strides in training) were well and truly proven when he cleared a magnificent 2.26 (7'5" in old money) and had two very good efforts at 2.29 which is the National record and the said qualifying standard for Rio. With the 2.26 under his belt he has the qualifying standard for the European seniors in Amsterdam in July. Nice to see someone ranked number 1 in the World, perhaps we might have someone out their willing to support this man in his quest for glory? Best wishes 'Baz'.

Start 2016 with an easy outing

Saturday morning the 23rd January is the starting day for some gentle exercising. Be it walk, crawl, jog run etc. your very welcome to the club grounds for 10.20 with a 10.30 start for action over the 4K course. Try and team up with your friend/neighbour and give it a go. Your welcome to join the Fit4Life group on Mondays and/or Wednesdays @ 7.30 at the club grounds.

The team for 2016

The Chairman Eamon Kelly opened the A.G.M. with a glowing tribute to Barry Pender and all the athletes who contributed so much to the club over the past year. Barry's new height for club and county record of 2.26m in the high jump on the previous day, gave all present and the broader membership and area a major lift and showed what can be done with believe and commitment. The secretaries report covered most of the happenings in the club during the year while the treasurer's report showed the bank balance was in good shape. She thanked the many sponsors and supporters for helping the club. The registrar's report showed membership of 286. The highlights of the year included the 60th anniversary celebrations, the men's team finishing 3rd in the Premier division of the National League, the many championship successes from club to county to regional to senior and to international level. Also the running of so any events such as table quiz, student games (just 1 point separated Killeslin and Mayo/Newtown and Ardough), Stephen Lawlor National novice cross country champion, Club medal winners in national senior both indoors and outdoors (Barry Pender indoor champion in both), Paul Byrne achieving the 'B' standard for the 400 hurdles (moved to 4th place overall on the alltime Irish list) for to qualify for the Europeans in Amsterdam), Fit4Life league etc. The following were elected for the coming year:-

President – Fr. Murphy PP.

Vice Presidents:- Fr. Jimmy O'Reilly, Fr. Eamon Purcell, Rev Peter Tarleton, John O'Sullivan, Eddie Baldwin, Mildred Neale, Willie Wallace, George Nolan, John Brophy, Gillie Walsh/Kemmis, Anthony Pender, Noeleen Condron, John Burke and John Behan.

Trustees:- Brendan Reilly, Paddy Brennan and Bernard Graham.

Chairman:- Eamon Kelly,

Vice Do:- Bernard Graham,

Secretary:- James Nolan,

Asst. Sec:- Patsy Baldwin,

Treasurer:- Breda Daly,

Registrar:- Michael Daly

P.R.O's:- Liam Kelly, Dick Mullins and Patrick Kelly.

Website:- Mary Whelan and Liam Kelly.

Child Officer's:- Breda Daly, Gillian Buggy, Liam & Michael Kelly.

Club Captains:- Women – Mairead Moore, Emma Daly & Saragh Buggy,

Men – Colm Burke, Stephen Lawlor & Brian Kelly.

Fit4life:- Jimmy Walsh, Bernard Graham and Mark Murray.

Committee:- Jimmy Whelan, Pat Whelan, James Kilbride, Kevin Murphy, Joe Brennan, Mark Murray, Rev Peter Tarleton, Deirdre Brennan, Colin Byrne, Ciaran Kelly, Liz Burke, Seamus Lawlor and John Fenlon.

All were wished the very best for the coming year and keep driving things forward.

Table Quiz

Behan's is the venue for our Annual table quiz on Thursday 21st January. Your support welcome.