

St Abban's Athletic Club News

13th May 2015

Darkness into Light Run

This new experience over the past 5 years has seen a great increase into fund raising for Pieta House. With many areas in the country and several world wide we had a few in the St. Laurence O'Toole organized event. Among those were Sandra & Liam Kelly, Carmel Hughes, Sean Kelly and Dinny Whelan.

Paul Tops

Paul Byrne won his 400m hurdles race in the British League in the colours of Sheffield in a fine time of 52.09 seconds.

Leinster Schools Track & Field

In the Leinster Schools Track & Field Day 1 featuring the minor and junior athletes we had fine performances on Wednesday last in Santry. These included Ciara Harrington, Laura Graham, Cian Kelly, Gerard Kelly, Caragh Maher (Gaelchloiste Carlow) had a fantastic run to claim the silver medal in the 800 meters, while Ruby Millet (Kilkenny College) had a big P.B. when jumping 5.34m to win the long jump.

Round 1 of the JFSports Fit4Life

The 1st stage of the league was held in Luggacurren under the management of James Kilbride and his team. With a perfect evening we got away to a fine start. The two Stephen's, Hunter and Lawler, had a mighty battle over the out & back course with Hunter prevailing over the final 800m. Riobard Miller had a fine run to nail down 3rd place. In the ladies the Grant sisters were locked in battle and came home almost together with Colette English 3rd lady. With the beautiful setting the 151 finishers were reluctant to go home and all enjoyed the chat and the spread on as good an evening as one could hope for. Round 2 is scheduled for Rossmore on the 27th May commencing at 7.30pm, why not bring your friend.

Midlands Inter-County Match

This eagerly looked forward to annual event featuring counties Longford, Offaly, Westmeath and Laois will take place in Tullamore Harriers stadium on Friday 22nd May commencing at 6.30pm. Events for boys and girls U.9, 10, 11, 12, 13 & 14 are on the programme. It would be nice to see a good turnout from Laois.

Leinster Selection for Italy

Athletics Leinster have picked a team of 12 athletes (6 male & 6 female) to participate in the CSIT games in Lignano in Italy from the 7th to 14th June. Many congratulations to Saragh Buggy, Mary Ann O'Sullivan and Cormac Kelly on being selected on the team. Best wishes to all involved and enjoy the experience.