

St Abban's AC

14th Sept'16

Luggacurren 25th 10K a major success Record numbers entered the Luggacurren 10K last Sunday with 94 finishers and a massive turn out of walkers. The club retained both the ladies and men's team title's. Performance's included :- Stephen Hunter 2nd in 34-13, Colm Burke 3rd in 35-35, Colin Coyne 7th in 36-13, Niall English 10th in 40-04, Sean Geoghegan 16th in 41-17, Paul McDonald 17th in 41-58, Josh Lacey 18th in 42-00, Francis Fleming 19th in 42-24, Colette English 22nd in 43-11, Mark Wogan 25th in 43-28, Matthew Warren 33rd in 44-58, Francis Fleming 34th in 45-00, Claire Phelan 37th in 45-09, Caitriona McDonald 38th in 46-11, Sinead Kelly 42nd in 47-35, Sadie Wheatley 44th in 48-23, Orla Jones 49th in 50-49, Anthony Brennan 50th in 50-49, Sharon Buggy 53rd in 51-52, Eoin Barry 60th in 54-42, Deirdre Brennan 61st in 55-06, Paddy Harding 62nd in 55-12, Joyce Macken 67th in 57-56, Patsy Baldwin 68th in 58-05, Ann Nicholl 69th in 58-05, Ciara Langton 71st in 60-00, Amanda Brennan 72nd in 60-30, Dinny Whelan 75th in 61-42, Maura Fleming 80th in 62-31 and Martin Whelan. Colette, Claire and Caitriona were the scoring members on the ladies team, while Stephen, Colm, Colin and Niall made up the men's team. Thanks to James Kilbride and his crew for an excellent event as usual and to all the locals for supporting the event.

Athlone Half Marathon We had 3 members make the trip to Athlone for the 'Flatline Half Marathon' on Saturday with each achieving fine performances in good conditions. With 762 finishers there was no lack of competition. Mairead Moore finished 322nd in 1-48.40, with Mark Wogan in 225th in a time of 1-41.47 and Matt Moore finishing 202nd in 1-40.20

Day 1 County Cross Country Sunday 25th September sees the start of the cross country season when the even age groups and novice men and women Downey's Laois championships will be decided in Kilcavan/Rosenallis. With 4 to score for team purposes it is important to have as many as possible out exercising themselves. Please bring a change of clothing and footwear and support your colleagues. Tickets for our Annual members draw are in circulation at the moment. Interested in becoming a promoter – if so get in touch with Breda a.s.a.p. Thanks for your support.