

St Abban's AC

14th December 2016

Ruby Helps Ireland to silver

As part of the Irish schools Anniversary celebrations they had the honour of hosting the schools indoor combined events International in Athlone. A fixture normally held in Scotland the English schools were again the dominant country taking all 4 team titles i.e. U.16 and O.16 boys and girls. Ireland landed two silver G.O.16 and B.U.16. Ruby Millet representing her school Kilkenny College had a fine performance finishing 7th overall and 2nd Irish scorer on the silver medal team. Ruby's first event was her weakest the shot where she got 8.60, next up it was the hurdles where she scored a P.B. clocking 8.82 for 4th place, Proceeding to the long jump she was unlucky to foul her first attempt by the narrowest of margins, while she got out to 5.44 on her second attempt. Jumping nicely she cleared 1.63 in the high jump and ran 2-35.28 for the final event the 800 giving her an overall points of 3,468 and a fine contribution to the Irish team. Well done Ruby who is still eligible for this event next year.

Members Draw Concludes

Thanks to everyone that made our annual members development draw such a success. The 3rd and final draw took place in Behan's on Sunday with Mary Daly Ballylinan, taking the top prize of €1200, Mick Shea Ballickmoyler €500 and the following each receiving €100 Eoin Delaney Hollypark, Marcella, Morgan & Sabrina C/O Wynne's Athy, Ruby & Joe Sixsmith Crettyard, John Territt Luggacurren, Matt Wall Castledermot, Joe Farrell Graiguecullen and Mary Delaney Dromagh. Promoters prize Jimmy Whelan.

Mens & Ladies Score on the Double The club was well represented in the Ballyroan/Abbeyleix 5K and 10 mile road races last weekend. Ladies team were presented with the 'Dalton Car Sales Cup' while the men received the 'Dunne Design Trophy' In the 5K Dinny Whelan and George Brophy ran together to finish 27th & 28th in 27-08, Carol Brennan 22nd in 25-04, Paddy Harding 19th in 24-52 and Bernard Graham 14th in 22-53. The 10 mile trip saw Carmel Hughes, Pauline Doyle and Noeleen Condrón run together for 1-53, Ann Nicholl was 164th in 1-30.22, Sharon Buggy 119th in 1-21, Mark Wogan 104th in 1-18.55, Margo Dowling 82nd in 1-15.17, Sinead Kelly 81st in 1-15.02, Caitriona McDonald 65th in 1-12.50, Paul McDonald 55th in 1-10.58, Colette English 46th in 1-9.12, Dermot Ayres 9th in 57.03, Colin Coyne 8th in 56.26, Colm Burke 7th in 56.16 (1st O.50), Stephen Hunter 4th in 54.34 and Stephen Lawler 3rd in 54.00. Margo, Sinead, Caitriona and Colette were the scoring members for the ladies team while Colin, Colm and the two Stephen's made up the men's team.

Happy Christmas

It's that time of year to wish all our members, friends and supporters the very best at this festive time. Thanks to all our athletes for ensuring the club had another good year. Enjoy the Christmas and all the best for 2017. Club annual St. Stephen's day races will commence with the ladies at 12.00 and the men 12.15. Report to Behan's for 11.30 The club A.G.M. will take place on Monday 9th January in the clubhouse @ 8 o'clock. All members, parents and supporters are welcome to attend. Membership forms for 2017 are in circulation, it would be much appreciated if you could attend to same a.s.a.p.