

15th Feb'17

IUAA Indoors

At the IUAA indoors several of our athletes competed for their University's in Athlone. Paul Byrne had a busy day for UL, he won the 60m in 8.37, was 4th in the 400m final in a PB of 48.96 and was on the UL relay team who took gold. Aran Murphy ran again ran a PB in the 400m of 54.73 and then ran on the IT Carlow's 4x200m relay team who finished 4th. Eoghan Buggy anchored the DCU 4x200m team who finished 2nd. Craig Coffey representing Carlow IT jumped 1.80m in the HJ finishing 9th and 5.84m in the LJ placing 6th. Saragh Buggy again furthered her indoor PB and set a new IUAA indoor and AIT stadium record with 13.05m in the TJ.

Saragh then made the trip to Sheffield, GBR to compete in the British senior Indoor Trials where she finished 2nd, again furthering her indoor best to 13.08m.

Leinster Juvenile indoors

At Day 1 and 2 of the Leinster indoors, we had several of our juvenile members out competing in Athlone. Seoige English finished 5th in the HJ with a jump of 1.35m and 7th in the 800m, Shane Buggy finished 3rd in the u14 Shot putt and Maebh Maher was 5th in the u19 800m. Josh mc Donald won the u15 60m sprint and Ruby Millet won the u17 LJ with an Indoor PB of 5.68 and the 60m with 8.89s.

Masters and Juvenile B Cross

At the juvenile 'B' cross country championships, the boys U13 team were unlucky and finished just outside the medals in 4th after great runs from the four boys. The team comprised of Jack Fenlon (13th), Eoin Cawley (15th), Adam Buggy (31st) and Lee Murray (45th). At the National masters cross country Championships in Waterford Dick Mullins finished 3rd in the O70's while In the O60's Francis Fleming finished 11th.

Leinster Schools Cross

The Leinster schools Cross Country was held in Santry again this year. Several club athletes were out representing their schools with the aim of qualifying for the All Ireland school's cross country to be held on the 11th of March in Belfast. Rebecca Fenlon ran in the junior girls for Colaiste Losagain and finished 37th after a tough race, while in the junior boys for Knockbeg T.J Burke was 36th. Maebh Maher representing Gaelcolaiste Ceatharlach finished 22nd in the senior girls, while in the senior boys Cian Kelly was 7th, securing qualification for the All Irelands, Declan Roberts placed 7th and Cialann Mulhall was 66th for Knockbeg college. Cian and Declan both finished within the first four Knockbeg boys securing a bronze for the school team.