

St Abban's AC

15th June 2016

Young Crew Visit Tullamore

It was the turn of our younger members to visit Tullamore on the double. The first being the Laois Primary schools for 4th 5th & 6th class. Medals were won by Killeslin, Ballylinan, Arles and Killeen. Thanks to all the schools for supporting the event and well done to all who had a most enjoyable day. The second venture to Tullamore was for the U.9, 10, 11, 12 and 13 pairs and individual Leinster championships. With a great turnout from all the Leinster counties except Dublin (a separate region) and Longford (in Connaught for athletic purposes) the competition was keen to say the least. Well done to all our athletes who did so well. Evan English and Jack Milton teamed up for 17th in the 60 and 10th in the 600, Eabha Kehoe and Katie McGrath were 8th in the turbo javelin, it was 18th team for Katie Baldwin and Katie Brennan in the 600, while Jessica Murray and Eabha Kehoe were 16th in the 300. Aoibhin McDonald was 22nd in her 600 in 2-03.56, while Lee Murray had a fine run for 7th in his 600 running 1-51.77 in his heat. Seoghe English qualified as a faster loser for her 600 where she finished 5th in the final in a splendid time of 1-47.09 Thanks to all the parents for their support.

National League off to a good start

Santry was the venue for both our ladies and gents teams for round 1 in this year's National league. The ladies fielded a strong team and emerged 2nd in our pool in Santry and when all points added up we are in 4th place overall in the premier division and look good to make the final. The opportunity was taken to blood some of our up and coming juvenile members and all delivered and appeared to enjoy the occasion. These included Daena Kealy who cleared 1.65 and was 2nd in the high jump, 4th in the 100 hurdles. Laura Graham took on the 400 hurdles and finished 4th with Maebh Maher 6th in the 1500, Lauryn Kealy was 4th in the 400, Nicole Kehoe/Dowling delivered big points when 1st in the shot and 3rd in the discus, Nessa Millet 4th in the 800, Shauna Daly 3rd in 100 and 4th in 200, Emma Daly went over 40 meters in the hammer and scored valuable points in the javelin. Saragh Buggy as usual gave it everything and won both the long jump (5.62) and the triple jump (12.78)

Both relays did the business and all were happy and look forward to round two where a couple of more events might be tackled. The men were under pressure from the start as we were down six of our big guns. Never the less those that were present gave it everything and when points were added we were 5th in Santry on 85 points and 10th overall. So it is all to play for in round 2. Jamie Pender covered the 100 and 200 (P.B. 22.91), Eoghan Buggy was 3rd in the 400, Cormac Kelly 2nd in the 800, Cian Kelly 5th in the 1500, Stephen Hunter 5th in the 5000, also ran a stormer in the 4 x 400 relay. Eoin Kelly solved the shot problem with Tom Barry in the 56 lbs for distance. Aidan Kelly looked after the hammer and the discus with Tom Donoghue going over 44 meters in the javelin. Conor Daly was 2nd in the pole vault and scored well in the triple jump. Craig Coffey made his debut in the national league and finished 3rd in the 110 hurdles was 3rd in the long jump with a P.B. of 6.00 meters and also had a P.B. when finishing 2nd in the high jump with a 1.90 clearance. It was 3rd for the 4 x 100 and

5th for the 4 x 400. With the right commitment and the return. Thanks to those that gave it everything. It's either Cork or Belfast for round 2.

Club Summer Camp

Entry forms available in the clubhouse. Please collect and return. Celebration evening to mark Paul Byrne and Barry Pender participation in the European senior championships in Amsterdam in July, will take place in the clubhouse on the 26th June @ 7.30 Tickets available from Breda Daly or Bernard Graham. National senior in Santry on the 25th and 26th June. Well done to all those that took part in the Arles/Killeen 5K run on Sunday last.