

St Abban's AC

17th Aug 2016

Congratulations

Many congratulations to all those that performed so well in their Leaving Certificate and best wishes for the future.

Celbridge 5K

A number of club members made it to Celbridge for their annual 5K road race included among those were Agnes Kealy, Noeleen Condrón and Carmel Hughes. Elaine Connolly was among the large field that took on the Dublin Iron Man and she had a fine performance coming home in 6 hours 54 minutes and 6 seconds.

Primary Schools

Our local Primary schools cross country has been fixed for the 14th September. Details will be sent to all the schools in the near future.

Cian Included in squad

The National endurance distance squad are scheduled to get under way in September, Cian Kelly is wished all the best after his selection on the squad.

JFSports Fit 4 Life League

The JF Sports Fit 4 Life league concluded this weekend with round 8 on the local Turra circuit. Many thanks to all those that supported the event. Hope you enjoyed the league and any recommendations you might have to improve the event are welcome. Special thanks to Breda Daly for ensuring everything went to plan. Don't forget Luggacurren 10 K road run is celebrating their 25th Anniversary and it would be nice to see good local support for this event.

Currently things are getting under way for the cross country season. Among things taking place is a session in Stradbally wood on Saturday evenings, meet at 14.20pm with session getting under way @ 14.30 All over 14 are welcome.