

St Abban's Athletic Club News

18th March 2015

Friday the 13th

The Laois Credit Unions county indoor championships were scheduled for Athlone IT last Friday 13th and setting off in good time everything was rosy until we reached the top square in Portlaoise, where the bus broke down and brought the town to a standstill for a little over an hour before we got a replacement. This meant things were underway when we reached Athlone, fortunately it didn't affect our athletes and they turned in some excellent performances. Alas we ran out of time to hold the relays as the lights had to go off at 10.30pm, just as well as it was getting late for the younger members present. Many thanks to all the parents that came along and supported one and all. Congratulations to all the athletes.

Our medalists included:- Amy Brennan, Seoighe English, Katie Brennan, Ruby Millet, Sarah Graham, Daena Kealy, Lauryn Kealy, Aoife Campion, Ciara Harrington, Aoife Gallagher, Nicole Kehoe/Dowling, John Territt, Bernard Graham, Evan English, David McDonald, Shane Buggy, Tom Buggy, Adam Buggy, James Moore, Aran Murphy Kevin Wilson, Matthew Rossiter, Ivan Jones, Jamie Pender, Niamh Moore, Laura Graham and Sean O'Driscoll.

O'Tooles 5k and 10K

The club was well represented in the St Laurence O'Tooles road races with Michelle McLoughlin, Claire Walsh, Maebh Maher 6th junior in 25-28, her sister Caragh 2nd junior in 23-20, Mark Wogan 32nd in 42-44, Bernard Graham 27th in 41-56, Caitriona McDonald 38th in 43-58, Maire Griffith 2nd lady in 20-01 and Colette English 15th in 19-36 and 1st in the O.40 category.

Streets of Portlaoise 5K

St. Patricks morning was ideal for running and with three juvenile races the streets were warm before the big one got under way, in Portlaoise. With almost 560 finishers club singlets were very much to the fore from the off. Brian Kelly came out of the pack to nail down 3rd place in 16-07, with Colm Burke 6th and 1st O.45 in 16-33. David Lawler had a brilliant run for 10th and 1st junior in 16-52, followed by Colm McEvoy 14th and 2nd O.45 in 17-10. Mary Ann O'Sullivan in her first race in the club color's finished 19th across the line and 1st lady in a fine time of 17-39 taking the scalp off none other than Olympian Pauline Curley from Tullamore Harriers. James Nolan was 28th in 18.02, with the youthful T. J. Burke 54th in 19.40 and Paul McDonald 60th in 19-54 and Caitriona McDonald completing her 2nd run of the weekend 88th in 21-10. Mairead Moore was

124th in 22-17 and Sharon Buggy 197th in 24-11 and Liz Burke making a welcome return.

John Territt

The National Masters indoors were held in Athlone IT and our sole representative was John Territt who featured in the shot, long jump and high jump.

Killeshin Turn Up the Heat

The finals of the DINEEN REFRACTORIES primary schools table quiz was held in Killeen Hall last Thursday with all the local schools participating. Killeshin underlined the quality they had when they scored a magnificent 69 points from a possible 70 to win the cup easily. Mayo were 2nd just getting the better of Moneenroe with Ballyadams 4th. Thanks to parents teachers, sponsors and Pat Whelan and his team for a most enjoyable evening.