

18th June '14

A hat Trick for David

David McDonald was one of two children that represented Killeshin national school in the Laois primary schools track & field championships., which were held in the Tullamore Harriers stadium. Taking part in the 5th class program of events David came away with the three gold medals on offer winning the 80 meters, the 800 and the long jump impressively. His school mate in 6th class representing the ladies Orla Davis was also in great form and was an easy winner of both the 1000 meters and the high jump.

Darragh Kealy was the sole Arles representative and had a fine run to take silver in the 4th class 600 meters. Well done to the 3 athletes and their parents for traveling to the event, disappointing not to see more involved.

Eigse Crown for James

The Annual Eigse festival of racing took place in glorious conditions on the beautiful grass track in St. Patrick's college, Carlow. The big event of the evening is the 'John HOPPER McGrath' memorial race over 1 mile. Though the field was small in numbers it contained plenty of class. Among those was James Moore St. Abbans settling in near the front he was in a good position throughout and followed all the moves until it came to 600 to go where we had a sharp injection of pace from Carlow's best Brian Kirwan. James responded in brilliant style got back on his shoulder and with 400 to go struck for home. Opening the gap while running through the trees James was never in trouble and came home to take the title following his club mate Brian Kelly's success for the previous two years. It is great to see James come into such form after all his setbacks over the past couple of years. To make it a special evening for the Moore family James's dad Matthew (a Carlow man) was the runner up in the Masters mile.

Leinster title for Conor

Conor Daly made the trip to Lourdes stadium in Drogheda for the Leinster pentathlon combined events and came away with the senior title. His performance included 1.71 in the high jump, 6.07 in the long jump, 8.93 in the shot, 17.09 in the hurdles and 5-39 in the 1500. Accompanying him and finishing 4th in the boys U. 18 was Kevin Wilson who cleared 1.74 in the high, 5.20 in the long, 6.66 in the shot 16.38, in the hurdles ad 3-38 in the 1000.

2nd July for Development events

The club is hosting the Laois development events on Wednesday 2nd July. Geared at those that missed the county championships it has a full program of sprints , middle distance and relays for U.9 through to senior with long jump, high jump and javelin in field events. Program gets under way at 6.30. Please report to Breda for relay selection.

Graded Success

A number of club athletes made the trip to Irishtown for the Dublin graded meet. It was a P.B. for Katie Brennan with 26.84 in the 200 and Cormac Kelly making big strides in the 800 clocking 1-52.08, while Aoife Campion stopped the clock at 58.24 for the 400. Paul Byrne moved down to 200 and recorded a new P.B also with Brian Kelly taking in the 800.

Activity Camp

Application forms for the club's 13th Annual Activity Camp which runs from the 5th to the 8th August are available in the clubhouse. Excellent value at €30 per child or €50 for two children. The camp is open to all Primary school children.

Barbecque on the 3rd August

The club's 3rd annual barbecque will take place on the club grounds on Sunday evening 3rd August with food available from 6 o'clock. More details later.