

18<sup>th</sup> October'17

### **Laois even and Intermediate cross country**

The club had a big turnout in Abbeyleix for the county uneven ages and Intermediate cross country championships. The u9 girls got the day underway over 600m with the club taking the first 4 places and the team title with strong runs from Cara English 1<sup>st</sup>, Emma Malone 2<sup>nd</sup>, Tara Dowling 3<sup>rd</sup> and Aibhe Burke 4<sup>th</sup>. The u9 boys went next and also won the team title with Kalem Buggy 3<sup>rd</sup>, Cian O'Sullivan 4<sup>th</sup>, James McGrath 9<sup>th</sup> and Archie McDonald scoring for the team with Daniel Lawlor just missing out on a team place. The girls U11 took 2<sup>nd</sup> team with scorers Rachel Ayres 2<sup>nd</sup>, Jessica Murray 6<sup>th</sup>, Aisling Cawley 7<sup>th</sup> and Caoimhe Brennan 8<sup>th</sup>. Just missing out on a place on the team were Katie McGrath 10<sup>th</sup>, Molloy O'Neill 23<sup>rd</sup>, Caoimhe Brennan 24<sup>th</sup> and Aoibhin Brennan 25<sup>th</sup>. In the u11 boys we had 7 runners, with Timmy Byrne 3<sup>rd</sup>, Tiernan Patterson 8<sup>th</sup>, Fionn O'Sullivan 11<sup>th</sup>, James McDonald 21<sup>st</sup>, James Kehoe 22<sup>nd</sup>, Dylan Keraney 25<sup>th</sup> and Pauric Moran 27<sup>th</sup>. Timmy, Tiernan Fionn and James were scored to take 3<sup>rd</sup> team.

In the u13 boys, the club took both 1<sup>st</sup> and 2<sup>nd</sup> team place with an A and B team. On the A team was Jack Fenlon 1<sup>st</sup>, Lee Murray 3<sup>rd</sup>, Eoin Cawley 4<sup>th</sup> and Adam Buggy 5<sup>th</sup>. The B team was Jack Milton 9<sup>th</sup>, Sean O'Sullivan 10<sup>th</sup>, Harry Gordon 13<sup>th</sup> and Niall Kehoe 18<sup>th</sup>. In the u15 girls 3000m Seoighe English finished in 1<sup>st</sup>, Meabh Gallagher was 3<sup>rd</sup> and Hollie Brennan was 6<sup>th</sup>. Cara Maher took gold in the u17 with Orla Davis taking the bronze, Aoife Gallagher in 5<sup>th</sup> place and Katie Fenlon in 6<sup>th</sup>. TJ Burke took gold in the u17 boys and Darren Foley was 4<sup>th</sup>. Maebh Maher finished 2<sup>nd</sup> in the u19 girls. In the u19 boys Cian Kelly took gold with Declan Roberts taking bronze and William Kelly finishing in 4<sup>th</sup> to combine to take team gold.

Proctor Geoghan took his first county cross title in winning the intermediate Championships and in doing so lead home the team to take gold also. Colin Coyne made the podium too taking a bronze, Gary Cantwell made a return to finish in 5<sup>th</sup>, James Nolan was 10<sup>th</sup> and Quentin Le Calvez was 12<sup>th</sup> to take the final spot on the team. Just missing a spot to score for the team was James Tyrell in 13<sup>th</sup>, Liam Byrne was 15<sup>th</sup>, Conor Barry was 18<sup>th</sup>, Niall English was 19<sup>th</sup> and Geoff Kennedy was 20<sup>th</sup>. The intermediate ladies finished out the day successfully by also taking the intermediate ladies team gold with podium finishes from Mary Doyle in 2<sup>nd</sup> and Sinead Kelly in 3<sup>rd</sup> with Catriona McDonald 6<sup>th</sup> and Mairead Moore 10<sup>th</sup> completing the team. Ann Nichol Waugh just missed out on a team spot in 11<sup>th</sup>, Sharon Buggy was 14<sup>th</sup>, Deirdre Brennan was 16<sup>th</sup>, Colette Brennan was 18<sup>th</sup> and Sinead Milton was 20<sup>th</sup>. congratulations to everyone that turned out and hopefully enjoyed the occasion. Thanks to parents, coaches and athletes for your assistance.

### **Other Results**

Well done to Cheryl Nolan who had a nice season opener in the Surrey League over in the UK finishing 5th for her adopted English Club - Hercules Wimbledon Running Club. Cormac Kelly was also in action in the US for Lamar Cardinals, getting his cross-country season underway.

**Laois Community and Voluntary wards**

Well done to Jimmy Whelan who was honoured with a Laois Community and Voluntary Award recently at an event held in the Midland Hotel. Thank to jimmy for all he does for the club, this was a well-deserved award. The club also received a Community and Voluntary Award. Thanks to everyone involved in club for their efforts and time over the past year.