

St Abban's AC

18th Nov'15

Cormac Leads DCU to Victory

It was a slack week on the athletic front with the main focus being the annual University road relays held on the picturesque grounds of Maynooth. Mary Mulhare marked her return to the sport after injury finishing strongly for DCU in the ladies.

In the men's event, run over 1 lap, 2 laps, 3 laps, 2 laps and 1 lap, Aran Murphy and James Moore ran the 2nd leg over 2 laps for IT Carlow and Waterford IT respectively. Aran ran 11:30 and Carlow finished 27th, while James ran 10:48 and Waterford finished 7th overall. Cormac Kelly ran the last leg for DCU and brought them home in great style helping them to retain the title and running the fastest time of the day clocking 4:40 for the 1 lap.

Emo/Court

The county junior and masters men and women cross country will be run over the Emo/Court course on Sunday 29th November along with the county development events for those that didn't feature in the top 3 individuals in the 'A' championships and those that didn't score on gold medal teams for U.10, 12, 14, & 16 boys and girls. Please report by 10.40am and bring a change of gear.

Party Time

The adults Christmas party will take place in the Talbot on the 18th December – names and deposit to Colette immediately.

The Juvenile Christmas party (those attending Primary school) will take place in the clubhouse on Sunday 20th December from 4 pm to 7 pm – please give your name to Deirdre immediately.

Those attending secondary school head off to visit 'Dundrum on Ice' on the 30th December – names to Liam a.s.a.p.