

St Abban's AC

19th October 2016

2nd to Donore

The senior men made another successful trip to the capitol when they participated in the CastleKnock cross country event and came away with 2nd place after a fine duel with Donore. Stephen Lawlor led them home in 3rd place with Cormac Kelly finishing strong for 5th and John Fenlon 8th and the 3rd scorer.

Abbotstown the new venue

The AAI staged its first event on the new cross country course in Abbotstown with the Autumn 6K and 8K for junior, senior and masters, with many favourable comments being made about the new facility which has a new indoor arena in the process of being built adjacent to the cross country course. The headquarters for Irish athletics has a brand new home. Stephen Hunter led our squad home finishing 41st with Colin Coyne 89th, Colm Burke 92nd and 5th O.50, Francis Fleming 160th and 7th O.60 while Mary Ann O'Sullivan opened her cross country season finishing 26th in the ladies and Ann Nicholl 104th and 10th O.50

Members Draw

The first of this year's members draws takes place in the clubhouse on Friday 28th October at 9 p.m. Tickets available from any committee member or in the clubhouse any evening. Thanks for your continued support.

Indoors off to a good start

The Leinster schools indoor combined events were held in Athlone where we were well represented. Amy Brennan (Castlecomer) competed admirably in the minor girls, with Ciara Harrington (Presentation college Carlow) displaying her talent over the 5 events in the junior ladies and Ruby Millet (Kilkenny College) taking the intermediate title in style. In the boys it was Matthew Rossiter (Castlecomer) and David McDonald (Knockbeg) that carried the day. Also in the (Knockbeg) colours Canice Whearty (Oughaval) had a fine performance finishing 4th and qualifying for the All-Ireland schools.

Fit4Life

Things are going nicely on Mondays and Wednesdays for anyone interested in joining up the sessions.