

St Abban's Athletic Club News

23rd July 2015

Round 2 National League, Santry

Congratulations to our Men's team on qualifying for the National League Final last weekend, after putting in a strong team effort at Round 2 in Santry. The team finished with a total points score of 107 on the day, comfortably qualifying them for the final.

Round 2 results are as follows; 100m Barry Regan 5th 11.62s, 220m Paul Byrne 4th 22.64s, 400m Eoghan Buggy 5th 50.20s (PB), 800m Brian Kelly 2nd 1.57.55s, 1500m Cormac Kelly 1st 4.03.06s, 5000m Stephen Lawlor 5th 15.17.59s, Steeplechase James Nolan 5th 11.22.1s, 3000m Walk James Delaney 3rd 17.36.25s, 4x100m Relay 3rd 44.44s (Barry Regan, Conor Daly, Eoghan Buggy & Eoin Kelly), 4x400m Relay 3rd 3.27.99s (Danny Lawlor, James Moore, Eoghan Buggy & Cormac Kelly), 110mH Eoin Kelly 3rd 15.59s, 400mH Paul Byrne 1st 51.17s, Long Jump Eoin Kelly 3rd 6.45m, High Jump Barry Pender 1st 2.15m, Triple Jump Eoin Kelly 1st 14.20m, Pole Vault Conor Daly 3rd 3.60m, Shot George Brophy 3rd 11.09m, Javelin George Brophy 6th 40.44m, and 56lbs Anthony Pender 4th 4.88m. Guest 800m – Danny Lawlor 1.57.45s, Cian Kelly 2.02.07s, James Tyrell 2.02.84s, and Aran Murphy 2.08.25s. Guest 1500m James Moore 4.10.24s

Unfortunately our Women's team was unable to field a full team for this year's competition, but had a number of athletes compete on the day. 100m Shauna Daly 5th 13.73s, 200m Katie Brennan 7th 30.43s, 800m Nessa Millet 2nd 2.16.35s, Triple Jump Sarah Buggy 1st 12.38m, and Hammer Emma Daly 5th 40.90m.

The League final takes place in Tullamore on Sunday 2nd August, and the club are looking into organizing a bus for supporters. Anyone interested please contact a committee member or refer to details in the clubhouse.

Glohealth National Juvenile 'B' Championships, Tullamore

Well done to all club athlete's who were in action today at the Glohealth National Juvenile 'B' Championships in Tullamore. A very happy Amy Brennan came away with a win in the high jump (1.15m) and 3rd place in the 600m (1.56s), while Emma Dermody (Long Jump), and sisters Maeve (600m) & Aoife (800m) Gallagher have no doubt gained plenty of experience following their day in the Harriers. Well done to all coaches and parents involved!

Killarney Marathon

Congratulations to Lynda Fay whose recent great form continues finishing 3rd lady in the Killarney marathon in a great time of 3hrs 28min.

Church Gate Collection

Thank you to all who supported our recent church gate collection, and to the members who gave up their time throughout the parishes. Your continued support is greatly appreciated.

Summer Activity Camp

Make sure to book your place for the St Abbans AC Summer Activity Camp!! The camp takes place the first week in August (August 4th to 7th), and is suitable for all primary school kids. Application forms available in the clubhouse or on the clubs website.

St. Abban's A.C. Parish 10k

Great to see so many walkers returning to the track in preparation for the Parish 10k which will take place on the 30th August. For anyone else interested the club host meet and train nights on Mondays and Wednesdays at 7.30pm in our club grounds. All are welcome to come along and give it a go!

National Senior Championships

The GloHealth Senior Track and Field Championships is the pinnacle event in the Irish Athletics calendar with over 500 of Ireland's best athletes, competing in 20 disciplines to become a National Champion. There will be a number of club athletes competing in Santry on the 8th & 9th August, so why not get out and support them..... For anyone interested in tickets please contact any committee member.