

24th Feb '16

Fine Turnout The club was well represented in Vicarstown when the county road novice championships were decided last Sunday. In the juvenile events held in conjunction with the championships we were to the fore with many fine performances. The G.U.10 saw a mighty battle between club mates and best friends Eabha Kehoe and Jessica Murray with them finishing 1st & 2nd. In 4th place was Cara English. Caoimhe Brennan 9th and Aoibhin Brennan 10th. In the G.U.13 Seighe English was a convincing winner with Audrey Byrne 3rd and Aoibhin McDonald 6th. The B.U.13 it was 1st and 2nd also with Jack Fenlon and Adam Buggy having the battle. Evan English was 4th, Shane Buggy 5th and Lee Murray 6th. Tom Buggy took the bronze U.16 with Cian Kelly a clear winner U.19.

Novice ladies we had 10 representatives with Caitriona McDonald leading them home in 5th place in 12.49, Margo Dowling was 7th in 12.59, Sharon Buggy was 10th in 13.18 and newcomer Elaine Connolly completed the 'A' squad in 16th and 13.48 to take the bronze medal for the team. Mary Boylan was 17th in 13.52, Kate Bermingham 19th in 14.18, Carol Brennan 20th in 14.21, Deirdre Brennan 24th in 14.47, Carmel Hughes 36th in 17.48

In the men's event we had 14 out alas we collected no medals. Colin Coyne made a welcome return being our first finisher in 8th place in 21.24 for the 6K trip. James Nolan was 14th in 22.19, with Liam Byrne having a fine run 15th in 22.32, newcomer Peadar Owens was 16th in 22.40, with Geoffrey Kennedy 18th in 23.05, Niall English 20th in 23.13 and Peter Baldwin 21st in 23.22 Fergal Doyle in his first outing for the club was 22nd in 23.27 just ahead of another newcomer John Sourke 23rd in 23.36. Francis Fleming was 25th in 23.58, Michael O'Connor 26th clocking 24.12, Paul McDonald 28th in 24.29 and Dinny Whelan 37th in 31.08. Unfortunately we lost the services of James Moore who was fighting for 2nd place just after 4K with a stomach problem. We finished 4th, 6th and 7th team. Best wishes to everyone in Kilcavan next Sunday.

Saturday Morning Outing The 3rd in the Fit4Life series of walk, jog, talk etc will take place at the club grounds on Saturday 5th March in the company of Mark Murray and Bernard Graham. Enjoy the 4K trip – all are welcome.

Introductory Coaching Course An introductory coaching course is scheduled for the club house on Saturday 12th March. Anyone interested please get in touch with James Nolan a.s.a.p. We urgently need coaches to get involved in looking after our members. With the T & F season fast approaching and the evenings getting longer your involvement would be much appreciated. So why not sign up and get involved.