

St Abban's Athletic Club News

24th September 2014

Barge run for Colm

Colm Burke was back in the winners enclosure when the barge run in the beautiful setting of Vicarstown was decided last Saturday evening. Colm came home a clear winner in 12.38 with Riobard Miller 2nd in 12.55 and Dermot Ayres 3rd in 13.02. Dick Mullins also flew the flag finishing 45th.

Autumn League for Danny

Danny Lawlor added the 3rd stage of the Tinryland Autumn League to his list of victories to come home a clear winner in a time of 9.42 (an improvement of just 30 seconds on last years performance). Winning all three stages he was the easy winner overall. Other club members to participate included:- Cian Kelly, Matt Moore and Laura Graham.

Club Championships

The club cross country championship takes place this Sunday on the land of Mr. Diarmuid Graham at the back of Behan's pub commencing at 11.00 This is an ideal blow out before the county championships.

Secondary Schools League

The Laois, Carlow and Kildare 3 county secondary schools cross country league gets underway today (Tuesday) in Knockbeg college at 10.30am, best wishes extended to all club members participating.

Laois Credit Union

Round 1 of the Laois Credit Unions cross country championships are scheduled for Emo/Court on Sunday 5th October commencing at 11.00am. With events for U.10, 12, 14, 16, 18 and Novice male and female it is important that as many as possible club members turnout. Please report to your team manager by 10.40am and bring along club singlet and spikes. Transport can be sorted at training on Tuesday or Friday evening.

Members Draw

Tickets are in circulation at the moment and naturally your support is welcome. The first draw will take place in the Glenside on the 11th October. Anyone interested in helping as a promoter please get in touch with Breda 087-263 5582 a.s.a.p.

Leinster Squad

Many congratulations to the following club members who have been selected on the Athletics Leinster Performance Squad:- Kevin Wilson, Jamie Pender, David Lawlor, Claire Delaney, Maeve Maher, James Moore, Nicole Kehoe/Dowling, Lauryn Kealy, Danny Lawlor, Elizabeth Brophy, Aoife Campion, Aran Murphy and Anna Daly. The first session will take place on Saturday 11th October from 1.00pm to 3.00pm in the Morton Stadium, Santry.