

St Abban's Athletic Club News

25th March 2015

Cian Romps to Victory

The 1st weekend of the GLO Health National juvenile championships were decided in the Athlone International Arena. The cream of our young athletes were vying for National recognition and titles. With just 4 qualifiers on this weekend they all performed brilliantly on the day with each coming home having climbed the rostrum. Daena Kealy cleared 1.60m for silver in the high jump and was unlucky with a couple of her attempts at 1.65m. For Nicole Kehoe/Dowling it was bronze in the shot with a putt of 11.28m just 2 centimeters behind 2nd. Ruby Millet secured bronze as well with a leap of 5.06 meters in the long jump. Our 4th representative was Cian Kelly in the 1500m where he turned in an excellent performance to come clear from the rest of the field to take the gold in 4 minutes and 17 seconds. This marked a big improvement for Cian and his first National title. Best wishes to those that are competing in the final indoor session of the year this weekend.

Student Games

All local schools are invited to participate in the 42nd Annual Student games. The event will take place in the club grounds on the 19th April commencing at 1.30pm Presently the programme is being circulated to the schools and a copy is available in the clubhouse.

5K & 10K

The club was well represented in the Knockbeg 5K road race last Saturday while a good number made it to the Castlecomer Discovery Park 5K and 10K event on Sunday. With excellent conditions both events enjoyed a sociable and enjoyable function with much needed funds being generated for the local schools.

Track & Field Season Kicks Off

The indoor season concludes this weekend and it's into the outdoor's straight away. Easter bank holiday Monday sees the Annual sports in Crookestown and St. Senans Kilmacow. Anyone interested in getting involved in track & field is very welcome to come along at 7.30pm any Tuesday or Friday evenings to the track – why not bring your friend along and enjoy the experience.