

St Abban's AC

25th May 2016

Best wishes Craig

The good news filtering around this week is that Craig Coffey Carlow IT has been selected on the Irish Universities for the International match V's Scotland Universities in Kilmarnock in the high jump. Nice to be back and best wishes extended to Paul.

Medalists in Inter County

Our numbers were scarce for the 4 county juvenile match in Tullamore last Friday evening. Our medalists included Eabha Kehoe, Aoibhin McDonald, Audrey Byrne and Seoighe English.

Trip to Greystones

The Leinster junior championships were held in Greystones last Saturday. Our performances included Cian Burke 9th in the 200 and 4th in the L.J., Lauryn Kealy 5th in the 400, Maeve Maher 4th in the 800, Stefano Slompo 4th in the T.J., Laura Graham 6th 400 hurdles and 3rd in the T.J. with 9.23 meters, David Baldwin 3rd in T.J. with 11.67 and Daena Kealy 1st in the H.J. with a 1.60 clearance. In the Leinster U.15 combined events held in Enniscorthy Ciara Harrington was 6th with a points total of 2,526 Sarah Graham 7th with 2,346 and Aoife Gallagher 8th with a score of 1,950 points.

Cullahill 5K

In the Ballyroan/Abbeyleix 5K held in Cullahill our participation included Anna Duggan 26th, Kate Bermingham 29th, Dinny Whelan 43rd, Paddy Harding 48th, Sean Kelly 55th and George Brophy 58th. In the Virgin Media Night Run through the centre of Dublin we had Carmel Hughes 4,204th, Eoin Barry 3,789th, Sinead O'Gorman 875th and Lynda Fay 557th for a rather unique experience and close to 6,000 finishers. In the Laois secondary schools held at the track numbers were down due to a clash of events. Our representatives in the Knockbeg colours and medallists on the day included:- Ivan Jones, Jack Lacey, T.J. Burke, Shane Buggy, Liam Seery, Josh Lacey, Cormac O'Brien and Craig Doyle.

Presentation to Paul & Barry

All are invited to our annual Barbecque and presentation to our two European qualifiers Paul Byrne and Barry Pender which will take place in the clubhouse on the 26th June after the National seniors in Santry commencing around 7.30 Tickets are available from Breda Daly or Bernard Graham.

Round 2 of the JFSports/Fit4Life League was held in ideal conditions over 4k in Rossmore on Wednesday evening last. Stephen Hunter just home after his European exploits made it two wins out of two while Colette English went one better than her performance in Luggacurren. Round 3 is in Newtown on the 8th June.