

St Abban's Athletic Club News

25th June 2014

Men & Women Make League Final

Having recorded a good score on the opening day of the National league the pressure was off for round 2 to qualify for the final. Never the less with a good representation and most events covered both teams had a comfortable passage to the League final which is scheduled for Tullamore on the 3rd August.

In the ladies Katie Brennan was 3rd in the 100m and 2nd in the 200m. Ailish Brennan made a welcome return to finish 3rd in the 800m while Maire Griffith was 2nd in both the 1500m and 3000m. Saragh Buggy was a comfortable winner of the 100m hurdles and the triple jump and finished 2nd in the long jump as well as helping the 4 x 100m to 2nd place. The Daly sisters as usual scored big points in the throwing events with Shauna winning the shot and finishing 2nd in the discus while team captain Emma was victorious in the javelin and the hammer. This gave an overall score of 98 points and joint 1st with Gneeveguilla from Kerry.

The men's squad saw Barry Regan 5th in the 100m, Paul Byrne run a new P.B. of 22.48 for 3rd in the 200m as well as recording victory in his speciality the 400m hurdles. It was P.B. territory for Eoghan Buggy of 50.43 when finishing 2nd in the 400m while Brian Kelly recorded another victory in the 800m with youngster James Moore registering 5th place in the 1500m. Another one of the younger brigade saw Kevin Wilson 4th in the high jump and Aran Murphy 5th in the javelin. James Delaney was a fine 2nd in the pole vault while Aidan Kelly was 5th in both the hammer and the discus. Conor Daly covered the shot taking 5th spot and was 6th in the 56lb for distance, with Stephen Lawlor 4th in the 5000m. Eoin Kelly as usual delivered the full package with a fine win in the 110m hurdles and the triple jump as well as 2nd place in the long jump. The day concluded with a fine victory and a new club record of 3-21.95 in the 4 x 400m relay with the team comprising of Paul Byrne, Eoghan Buggy, Danny Lawler and Brian Kelly. With 102 points scored we were just behind the Dublin duo of Raheny and DSD and safely through to the final, with several younger members getting the feel for competition in the National league. Looking forward to the 3rd August and everyone giving it there best.

Aoife takes silver

The Tailteann games schools inter provincial match took place in Santry where the club had 4 representatives on the Leinster team. Nicole Kehoe/Dowling was 9th in the shot and 5th in the discus with a throw of 28.46m. Claire Delaney was 7th in the pole vault, with Daena Kealy in a tie for 3rd place in the high jump. Aoife Campion emerged with the silver medal when recording 41.34 seconds for 2nd place in the 300 metres.

Church Gate collections

Just a reminder that the club church gate collections will be held at all local churches over the next couple of weeks. Your support would be much appreciated. Anyone interested in helping out please give Breda a shout.

JFSportsFit4Life League visits Wolfhill

A heavy muggy evening saw quite a few P.B's set in round 4 of the League in Wolfhill over a tough 4K course. 145 finishers with some very young and a few over the 65 mark meant we had plenty of banter and slagging. Round 5 is on the 9th July in Moneenroe commencing at 7.30 registration from 6.30 in the local hall.