

St Abban's Athletic Club News

25th June 2015

European Team Championships Crete, Greece.

Well done to both Saragh Buggy and Barry Pender who were part of the Irish Senior Team which finished 6th place overall at the European Team Championships in Crete, Greece. Barry finished 7th in the high jump clearing 2.15m, with Saragh Buggy finishing 11th in the triple jump with another jump over 12mts. Well done to both on a fantastic achievement representing their country.

Tailteann Interprovincial Games

Well done to Nicole Kehoe Dowling and Daena Kealy who competed in the Tailteann Interprovincial Games today in Santry representing Leinster. Daena jumping 1.60m in the high jump for 4th place, with Nicole throwing 11.67m in shot and 28.90m in the discus, also finishing 4th in both.

Leinster Juvenile T&F Tullamore

Our club athletes had a very successful weekend in Tullamore on both Saturday and Sunday at the Leinster Juvenile track and field championships, bringing home a total of 17 medals (4 gold, 10 silver and 3 bronze). Results are as follows: Cara Maher 5th 1500m (5.11.58s) and 1st 800m (2.24.64s), Maeve Maher 4th 400m (67.03s) and 2nd Triple Jump (9.53m), Ivan Jones 4th Discus (25.57m), Matthew Rossiter 4th Pole Vault (2.20m), David Baldwin 3rd Triple Jump, Cian Kelly 3rd 800m (2.05.08) and 1st 1500m (??), Jamie Pender 3rd 100m (11.53s) and 2nd 200m (23.17s), Tom Buggy 2nd 800m (2.13.52s), Nicole Kehoe Dowling 2nd Shot (11.30m) and 2nd Discus (28.29m), Daena Kealy 2nd High Jump (1.60m), Kevin Wilson 2nd High Jump (1.70m), Ruby Millet 2nd 80m Hurdles (12.74s), 2nd 100m (13.14s) and 1st Long Jump (5.15m), and finally David Lawlor 1st 3000m (9.28.62s). Well done to all.

Stephen leads the way yet again

Round 4 of the JFSportsFit4Life League saw Stephen Lawlor lead the way home yet again, with Colette English first lady across the line. With 127 completing the course on a lovely sunny evening in the picturesque setting. Round 5 takes place in Moneenroe on Wednesday 8th July

British U.23 Championships

We had two athletes competing in Bedford at the British U.23 Championships. Well done to Nessa Millet on her 5th place finish in the 400mH final running 60.9s (hand time), while Eoghan Buggy ran a seasons best time of 50.67s in his 400m heat.

Valence, South of France

Well done to Paul Byrne who finished 3rd in the 400mH (51.33s) in Valence, South of France.

Cheryl Breaks New Ground

Congratulations to Cheryl Nolan on running a new PB for the mile (4.57s) over in the US at the Go Mile in Little Rock.

Arles Killeen 5km

Well done to all club athletes who took part in the Arles Killen 5km recently, with Stephen Lawlor taking first place in the men's and Colette English first in the ladies, while Amy Brennan was first juvenile female across the line.

Kildare Half Marathon

Congratulations to Lynda Fay who was first lady home in the Kildare half marathon in a time of 1hr35min39secs, with James Townsend completing the 10k in 58min36sec.

Relay for Life

Well done to everyone who took part in the Relay for Life over the weekend.

St Abbans AC Activity Camp

Reminder to all primary school kids that application forms for this year's St Abbans AC Activity Camp are now available in the clubhouse or on the clubs website.