

St Abban's AC

25th Nov'15

Cian Delivers

The GloHealth National cross country championships were decided over the Santry Demesne Park on Sunday last for the even ages along with the senior interclub from which the teams for the European championships in a couple of week's time. Cheryl Nolan made the trip home from the States and acquitted herself well in the sticky conditions a big difference from the firm underfoot she is used to. Starting strongly she was in the top 10 up to halfway in the 8K trip. From here on the going got tough and she finished in 20th place in her first National seniors. James Tyrell had a fine run in the junior men while Caitlin McDonald also having her first outing at this level was 49th in the girls U.18 Cian Kelly in the boys U.16 had a fantastic race always in the top 20 and with an excellent last lap came right through the field to finish in 6th place and claim his place on the Irish team for the Celtic International in Scotland in 3 week's time. This was a great achievement in rough conditions.

Members Draw a great success

Thanks to all our supporters for making the annual members draw the success it was. The 3rd draw took place in Behan's last Sunday night (thanks to John & Marie) with the following winners:- €1,200 Matt Wall c/o Diarmuid Graham, €600 Jim & Rose Byrne London c/o Joe Byrne. €100 to each of the following:- Thomas Neale Killgorey, Eddie Whelan Keelogue, Willie Farrell Bilboa, Coonan Family Dromagh, Dan Brennan Coolnariska, Michael Murphy Monavea and English Family Coolnariska with Jimmy Whelan securing the promoters prize.

Maire delivers on the Stoop

The Gowran 10 mile had 346 finishers over the tough course in favourable conditions last Sunday. We had 5 members participating with the following results:- Carmel Hughes 328th in 1-44.56, Ann Nicholl/Waugh 283rd in 1-34.27, Carmel Ryan 204th in 1-25.37, David Buggy 196th in 1-25.04 and Maire Griffith 56th and first lady with a fine run clocking 1 hour 10 minutes and 42 seconds. This was a very welcome return to form for Maire and all enjoyed the hospitality provided by the organisers.

January 11th for A.G.M.

The club A.G.M. will take place on the 11th January in the clubhouse. All those interested in the happenings of the club are welcome to come along and make a contribution.

Ginger Bread Run

Caitriona McDonald and Nigel Brennan had big P.B's running in the Ginger Bread charity race in Portarlinton on Sunday in a large field.