

26<sup>th</sup> Apr'17

### **Masters and Junior Road Championships**

Portarlinton was the venue for Laois Master and Junior road race championships. The club was well represented and had 11 runners in the ladies 3k and 9 in the men's 6k race. Colette English led our ladies home again this year to take the Masters ladies title in 11.23, and the ladies o/35 team with Margo Dowling in 4<sup>th</sup> and Catriona McDonald in 6<sup>th</sup>. Sharon Buggy finished in 10<sup>th</sup>, Kate Bermingham was 12<sup>th</sup> to lead home the winning o/45 team with Mairead Moore in 13<sup>th</sup> and Ann Nichol in 18<sup>th</sup> completing the team. Deirdre Brennan was 14<sup>th</sup>, Sinead Milton was 24<sup>th</sup>, Colette Brennan was 25<sup>th</sup> and Maura Fleming was 26<sup>th</sup>.

In the mens 6k, John Fenlon led home the o/35 team who took gold, finished in 1<sup>st</sup> place, with Stephen Hunter in 2<sup>nd</sup>, Colm Burke in 4<sup>th</sup> and Colin Coyne in 8<sup>th</sup> place completing the team. Niall English finished in 21<sup>st</sup> place. Liam Byrne in 11<sup>th</sup> led home the o/45 team who also took team gold, with Francis Flemming in 24<sup>th</sup>, Paddy Harding in 28<sup>th</sup> and Dinny Whelan in 9<sup>th</sup> making up the team.

In the Juvenile races James Kovar was 5<sup>th</sup> in the u9 400m, Timmy Byrne 3<sup>rd</sup> in the u11 500m and Audrey Byrne was 6<sup>th</sup> in the u13 100m. Well done to all who raced.

### **Student Games a big hit**

The Student Games attracted large numbers of pupils from local schools for the 44th running of the event with Ardough, Arles, Ballyadams, Ballylinan, Clogh, Killeen, Killeslin, Mayo, Moneenroe, Newtown, The Swan, St. Fiacc's (Graiguecullen), Wolfhill and Ballinabranagh. Killeslin were once again out in force and retained the Social Service Cup. It was a great day of competition and some excellent performances on display. Special thanks to the teachers and parents for supporting the event. Perhaps you might continue to involve your children in the sport by bringing them along to training on Tuesdays and Fridays, all are welcome.

### **Cheryl goes quicker again.**

Stateside Cheryl Nolan knocked a further 2sec off her 1500m PB when she ran 4.25.41 at the John McDonnell invitational in Arkansas over the weekend to finish 5<sup>th</sup> in the race.

### **Dates for the Diary**

Downey County track and field Championships Day 1 takes place Friday the 5<sup>th</sup> May with Day 2 taking place may 12<sup>th</sup>, both days taking place in St Abbans AC, Crettyard. Another upcoming event is the first stage of the 2017 St. Abban's Fit4Life 4k Summer League takes place on Wednesday 10th May in Luggacurren.