

St Abban's Athletic Club News

26th November 2014

Dundalk IT Hosts Nationals

The Glo Health National cross country championships were held in Dundalk IT last Sunday. Some excellent performances were delivered in great conditions and record numbers participating. Cian Kelly came through the big field in the boys U.16 strongly over the second half to finish a fine 31st. In the junior men's race Danny Lawler was always to the fore and near the leading group. As usual Danny delivered a fine finish to cross the line in 10th place and 7th junior. Danny's younger brother David running in the same race which included the boys U.18 did himself proud and crossed the line in 40th place and 23rd in the U.18 section. This fine performance saw him count on the gold medal Leinster team as 5th scoring member and a fine improvement from the Leinster's. In the senior men Stephen Lawlor was our man and running steady throughout crossed the line in 42nd place and 11th in the U.23 section. The uneven ages and the novice will take place in Santry on the 7th December.

Ann Delighted

After all those years Ann Nicholl/Waugh was a very happy person to wear the National singlet in the Home Countries International Masters championships held in Nottingham. Ann has a great history in the sport and it was fantastic to see her gaining this honor at long last. Enjoy the moment Ann.

Moira Scores in Gowran

Moira Griffith crossed the line in 1st place in the Gowran 5K road race held in conjunction with the Stoop 10 mile on a tough course last Sunday. Other club members who participated in the 10 miles were:- David Bubby 178th in 1-24.50, Sean Ryan 193rd in 1-26.09, Carmel Ryan 203rd in 1-27.16 and Carol Brennan 205th in 1-27.31.

Lynda 3rd

The Laois half marathon took place in Portarlinton and Lynda Fay had a fine performance to take 3rd place in the ladies section in a time of 1-36.40 with Caitriona McDonald crossing the line in 14th place in a time of 1-45.17 and Sharon Buggy 36th with 1-54.09

Party Time

Our annual club party for primary school member's will take place on Tuesday 9th December commencing at 7.00 in The Dome. Anyone interested please fill in your name on the sheet in the clubhouse.