

St Abban's Athletic Club News

27th Aug 2014

Double Silver

The highlight on the athletic front for several children is the participation in the Community Games finals which were held in Mosney for years, but are now held in the centre of Ireland in Athlone. Club representation this year showed we had 4 participants.

Susan Ogeniyi representing Graiguecullen in the U.12 100 meters finished 4th in her heat qualifying for her semi-final where she was 6th and enjoyed the experience. Cian Kelly running in the U.16 1500 qualified for the final easily when finishing 3rd in his heat. Running heavy legged in the final he never got into his stride and was disappointed with final placing.

Nicole Kehoe/Dowling had targeted this event from early in the season and duly delivered to take the silver medal in a new P.B. It was also silver for Daena Kealy in the U.16 high jump to complete a successful season for her.

League a Major success

The curtain came down on the JFSportsFit4Life 2014 league with the final stage run from the clubhouse taking in the Turra circuit and finishing on the track saw Stephen Lawlor burn up the road with an outstanding performance to clock 12 minutes and 1 second for the 4K trip. In the ladies Teresa Agar lost her unbeaten record to Paula Grant. We had 148 finishers. Spot prizes on the evening went to:- Dermot Ayres, Derek Coogan, Niall English, Fergal Doyle, Francis Fleming, Eamon Baldwin, Lynda Fay, Orla Davis, Jack Fenlon, Kate Birmingham, Evan English, Dolores McEvoy, Mick Fogarty, Rachel Fenlon, Gerard Kelly, Shauna Hurley, Geraldine Waldron, Sandra Buggy, Caitriona Baldwin, Dylan McGrath, Tony Carr, Breda Murphy and Martina Nolan.

Overall Teresa came out on top with 6 points from the Grant sisters with Paula on 12 points and Sharon on 19th points. Colette English was 4th on 23 points and Maire Griffith 5th on 25 points. Colm Burke took the men's overall title on 11 points from John Fenlon on 15 points with Tommy Payne 3rd on 25 points from Stephen Hunter on 26 points and Larry Murphy 5th on 30 points. Many thanks to everyone who supported the 2014 league, to all the areas that hosted a stage, and to Jason Farrell sports for his sponsorship.

3 County School Dates

The dates have just been finalized for the annual 3 county (Kildare, Laois & Carlow) secondary schools cross country and are as follows:- Round 1 on the 22nd September with round 2 on the 15th October and round 3 on the 11th November.

Congrats Robbie

Many congratulations to Robbie Lyons on his fine performances in the European Transplant and Dialysis Championships, held in Krackow. Robbie took silver in the 400 and long jump and bronze in the 100. Well done man.

James back on the podium

James Tyrrell returning after injury made it a winning start when supporting the jockeys series of races on the Curragh winning the 5K event.