

30th Aug'17

Parish 10k

Well done to everyone that took part in our Parish 10K. The beautiful sunny day made it tough for participants but added to the wonderful sense of community that is always evident in Monavea. Congratulations to: Male prize winners Brian Kirwan, Tom Lupton and Colm Burke. Female prize winners Clare Phelan, Amy Geoghegan and Mairead Moore. Relay team Cian McDonald and Tom Dunne. See all results below. Special thank you to this year's sponsors Clonmore Meats, all our volunteers and all the organisers of the lovely BBQ that followed. More photos are also available on Jimmy Macs page. Event T-Shirts on sale in the club house L, XL and XXL are available to buy in the clubhouse for €5.

Paul Byrne makes Semi Final.

Over in Taipei at World University Games, Paul Byrne made it through the heats of the 400m to get lane 1 in his semi-final when he finished in 7th place with a time of 51.31. Well done Paul!

Coaching Course

Well done to all who took part in the Athletics Ireland coaching assistant course over the weekend at St. Abbans. Lots was learned during the enjoyable and informative day. Looking forward to seeing some of the new coaches in action over the winter months. Thanks to Colin Byrne, RDO for athletics Ireland for putting on the course.